

THOMAS R. LYNCH, PH.D.
Curriculum Vitae

Name: **Thomas R. Lynch, Ph.D.**
 Primary academic appointment: **Professor of Clinical Psychology**
 Primary academic department: **School of Psychology,
 University of Exeter, United Kingdom**

<u>Education:</u>	<u>Institution</u>	<u>Date</u>	<u>Degree</u>
University	University of Illinois, USA	1975-1976	----
University	Arizona State University, USA	1979-1982	B.S.
Graduate School	Arizona State University, USA	1986-1988	M.S.
Graduate School	Kent State University, USA	1991-1993	M.A.
Graduate School	Kent State University, USA	1993-1996	Ph.D.
Postdoctoral	Duke University Medical Center USA	1996-1997	----

Scholarly societies:

Society for Research in Psychopathology
 American Psychological Association
 Association for the Advancement of Behavior Therapy
 Gerontological Society of America
 International Society for the Improvement and Teaching of Dialectical Behavior Therapy.
 American Association of Geriatric Psychiatry
 Academy of Cognitive Therapy
 American Association of Suicidology

Professional training and academic career:

<u>Institution</u>	<u>Position/Title</u>	<u>Dates</u>
University of Exeter	Professor	Present
University of Exeter	Associate Professor	2007-2008
University of Exeter	Director, Biobehavioural and Virtual Reality Laboratory, Mood Disorders Centre, School of Psychology	Present
University of Exeter	Academic Head, Health Sciences Peninsula Medical School	Present
Duke University Medical Center	Associate Professor (tenure track) Department of Psychiatry	2006-2007
Duke University	Associate Professor Department of Psychology and	2006-2007

	Neurosciences (core faculty)	
Duke University Medical Center	Director, Cognitive Behavioral Research and Treatment Program	2001-2007
Duke University Medical Center	Assistant Professor, Department of Psychiatry (tenure track)	2001-2006
Duke University	Assistant Professor, Department of Psychology and Neurosciences (core faculty)	2001-2006
Duke University Medical Center	Assistant Director, Behavior Research and Therapy Program	1998-2001
Duke University Medical Center	Assistant Clinical Professor, Department of Psychiatry	1997-2001
Duke University Medical Center	Postdoctoral fellow	1996-1997
Duke University Medical Center	Medical Psychology Intern	1995-1996

Professional awards and special recognitions:

1998	<u>National Institute of Mental Health (NIMH), Summer Research Institute Invited Participant</u>
1998	<u>Senior Fellow, Center for Aging and Human Development, Duke University</u>
1999	<u>Young Investigator Award, National Alliance for Research on Schizophrenia and Depression (NARSAD)</u>
2000	<u>Research Advancement Award, The International Society for the Improvement and Teaching of Dialectical Behavior Therapy</u>
2001	<u>Scholars' Program, American Association of Geriatric Psychiatry, 2001</u>
2001	<u>Beck Institute Scholar, Beck Institute for Cognitive Therapy and Research.</u>
2001	<u>Invited Participant, NIMH-sponsored <u>New Directions in Borderline Personality Disorder - I Conference, Rockefeller University, New York, New York.</u></u>
2001	<u>Research Committee, American Association of Geriatric Psychiatry.</u>
2002	<u>Invited Participant, NIMH-sponsored <u>New Directions in Borderline Personality Disorder - II Conference</u></u>
2002	<u>Grandfathered Fellow, Academy of Cognitive Therapy.</u>
2002	<u>Research Service Award, The International Society for the Improvement and Teaching of Dialectical Behavior Therapy.</u>
2003	<u>John M. Rhoads Psychotherapy Research Endowment.</u>
2003	<u>National Institute of Mental Health, ZMH1 SRV-C (06) Special Emphasis Panel; Invited member, 2003</u>
2003	<u>Mentored Student Award, Christine Vitt, Ph.D. 2003 BSS Student Research Dissertation Award: <i>Mentor: Thomas R. Lynch, Ph.D.</i> Behavioral and Social Sciences Section of The Gerontological Society of America.</u>

- 2003 Invited Participant, APA (American Psychological Association) Psychotherapy Integration Task Force, Chaired by Larry Beutler and Louis Constanza, Sacramento California.
- 2004 Research by Dr. Lynch recognized in the Science and Advances Section of National Institute of Health FY 2005 Congressional Justification Report. The Science Advance section presents findings from NIMH funded research of particular merit and significance that have been reported in recent papers in scientific journals.
- 2004 Invited Presenter: National Institute of Mental Health (NIMH) International Think Tank on New Treatments for Borderline Personality Disorder.
- 2004 Co-Chair: National Institute of Mental Health (NIMH) International Think Tank on New Treatments for Borderline Personality Disorder: Mechanisms of Change (Chairs: Dr. Kenneth Levy & Dr. Thomas Lynch).
- 2004 Co-Chair: International Strategic Planning Meeting for Dialectical Behavior Therapy (Chairs: Dr. Marsha Linehan & Dr. Thomas Lynch).
- 2004 Participant GlaxoSmithKline Novel Endpoints for Treatment of Depression Advisory Board.
- 2004 Interviewed for “O” magazine (*Oprah* magazine)
- 2005 Invited Member: Duke University Center for AIDS Research
- 2005 Chair: Subcommittee on Designing the Clinical Trial; National Institute of Mental Health (NIMH) International Think Tank on New Treatments for Borderline Personality Disorder.
- 2005 Co-Chair: International Strategic Planning Meeting for Dialectical Behavior Therapy (Chairs: Dr. Marsha Linehan, Dr. Martin Bohus, & Dr. Thomas Lynch).
- 2006 Program Chair: International Society for the Instruction and Teaching of Dialectical Behavior Therapy (2006-2008).
- 2006 Co-Chair: International Strategic Planning Meeting for Dialectical Behavior Therapy (Chairs: Dr. Marsha Linehan, Dr. Martin Bohus, & Dr. Thomas Lynch).
- 2006 Research featured in *Newsweek* Jan. 23rd
- 2006 Standing Member ITSP National Institute of Mental Health (NIMH) Standing Committee: Interventions Committee for Schizophrenia Spectrum Disorders, Personality Disorders, and Disorders of Late Life, (2 years)
- 2006 Advisor: NIMH Workgroup/Conference: Current Issues in Psychosocial Intervention Research in Late-Life Mental Disorders, Washington, DC. Goal of this group was to advise NIH of funding priorities
- 2006 Program Committee member, APA Division 12
- 2006 Research featured in the American Psychological Association *Monitor on Psychology*, December Issue
- 2007 Lynch lab interviewed for “*Good Morning America*” (ABC television)
- 2008 Invited to present “*Master Clinician Workshop*” on DBT for Emotionally Constricted Personality Disorders, Association of Behavioral and Cognitive Therapies, Orlando, FL.

External Research Support:

ACTIVE**R01 DA017372** (P.I.:Lynch) 09/30/2003-06/30/2008

National Institute of Drug Addiction

NIDA

\$2,293,705*Evaluation of Dialectical Behavior Therapy (DBT)*

This study examines the effectiveness of dialectical behavior therapy in treating borderline personality disorder with opiate dependence. (effort donated from K23 for first 2 years)

*Role: Principal Investigator***R01 DA018311** (P.I.Lynch) 09/15/2004-07/31/2008

National Institute of Drug Addiction

NIDA

\$1,530,000*Developing Computer Based Treatments for Addiction.*

The aims of this proposal are to develop and manualize a cue-exposure based cocaine treatment using virtual reality based cue exposure/extinction software and computerized extinction reminder technology for use in high risk situations outside of treatment.

*Role: Principal Investigator***R01 DA017372-03S1** (P.I. Lynch) 09/30/2003 - 06/30/2008

National Institute of Drug Addiction

NIDA

\$229,500*Changes in Brain Activation with DBT or I/GDC**Role: Principal Investigator*

The aims of this proposal are to obtain feasibility data and to begin a preliminary examination of the neural substrates associated with treatment response in DBT for BPD with opiate dependence.

R01 DA17372-02S2 P (P.I. Lynch) 07/01/2004 - 06/30/2005

National Institute of Drug Addiction

NIDA

\$71,755

Second supplement for "Evaluation of Dialectical Behavior Therapy" designed to examine mechanisms of change.

*Role: Principal Investigator***UNDER REVIEW/PENDING/REVISING FOR RESUBMISSION****Wellcome Trust** (Co-PI: Lynch) Under Review**£1,200,000**

Wellcome Trust Capital Fund Preliminary Application

Role: Co-Principal Investigator

This is a collaborative capital fund application submitted by the Mood Disorders Centre (MDC), School of Psychology, University of Exeter. This grant is designed to provide the infrastructure to the MDC collaborative research team (Kuyken, Watkins, Lynch, Wright, & O'Mahen) in order to test, develop, and integrate translational research findings.

NIMH (P.I. Lynch)

Under Review

\$2,362,932

A Flexible VR System for Neurobehavioral and fMRI Studies

Role: Principal Investigator

This is an SBIR in collaboration with Psychology Software Tools, Inc. (Steve Baumann, Ph.D.) that is designed to develop a virtual reality, psychophysiological, and neurobiological template for testing emotional sensitivity and related constructs for mood and personality disorders (BPD).

R34 MH079127-01 (PI: Lynch)

Revising for Resubmission

NIMH

\$688,500

TMD: Modified DBT for Older Adults with Comorbid Depression and Personality Disorder

Role: Principal Investigator

The overall goal of this study is to test the newly developed DBT manual for all personality disorders (Lynch et al., in press) and obtain effect sizes for a later definitive multi-site efficacy study.

CIHR (PI: Chapman)

Revising for Resubmission

Canadian Institute of Health Research

\$425,000

Impulsivity and Emotion Dysregulation in Borderline Personality Disorder.

Role: Co-Investigator

This proposal continues behavioral laboratory investigations of impulsivity and emotion dysregulation in BPD.

R01 AA015960-01 (PI: Lynch)

Revising for Resubmission

NIAAA

\$2,273,094

Developing computer based treatments for alcohol abuse

Role: Principal Investigator

The goal of this study is to examine novel approaches to improving behavioral exposure treatments for addiction.

PRIOR FUNDING**K23MH01614** (Lynch)

08/01/99-07/30/05

National Institute of Mental Health

NIMH

\$1,080,322*Treatment of Elderly Depression with Axis II Comorbidity.*

This is a career development award designed to develop Dr. Lynch's career in becoming an expert in treating personality disorder problems and difficult to treat depression.

*Role: Principal Investigator***R01 DA017372-02S1** (Lynch)

07/01/2004 - 06/30/2006

National Institute of Drug Addiction

NIDA

\$257,958

Supplement applications for "Evaluation of Dialectical Behavior Therapy: Supplement for Minority Training"

Role: Principal Investigator

P50 MH60451-01A2 (Krishnan) 09/01/01-06/30/06

National Institute of Mental Health

NIMH

\$2,367,956

Conte Centers for the Neuroscience of Depression

This study examines learning and neural substrate associated with emotion regulation among depressed patients.

Role: Co-Investigator

GlaxoSmithKline (Lynch) 08/01/03-07/30/05

\$80,000

The Effects of Paxil-CR Augmentation of a Mindfulness Intervention for Co-Morbid Depression in Lung Cancer Patients: A Pilot Study

This study is examining treatment of depressed lung cancer patients using medication and mindfulness interventions. (effort donated from K23)

Role: Principal Investigator

American Foundation for 08/01/01-12/01/04

Suicide Prevention (Lynch)

\$70,000

Distraction versus Suppression of Suicidal Urges: Effects of Associational Learning

This study examines the effects of emotion suppression on classical conditioning in suicidal patients. (effort donated from K23)

Role: Principal Investigator

Duke Cancer Prevention, Detection and Control Research Program (Lynch)

2001-2002

\$30,000

A Mindfulness Intervention for Treatment of Co-Morbid Depression in Lung Cancer Patients: A Pilot Study

Role: Principal Investigator

National Alliance for Research on Schizophrenia and Depression (Lynch)

1997-2000.1.1.1

\$60,000

Using Magnetic Resonance Imaging to examine Conditioning Salience and Habituation to Emotional Stimuli in Depression.

Role: Principal Investigator

John A. Hartford Foundation (Lynch)

1997-2000.1

\$10,000

Treatment of Old-Age Depression with Axis II Comorbidity.

Role: Principal Investigator

Arthritis Foundation (Keefe)

1997-2000

\$625,901

Clinician-Assisted Emotional Disclosure: Effects on Rheumatoid Arthritis

Role: Co-Investigator

R03 MH057799-01 (Lynch)

National Institute of Mental Health

NIMH 1998-1999

\$38,250

Dialectical Behavior Therapy for Depressed Older Adults.

Role: Principal Investigator

Walker Inman Memorial, Duke University Medical Center (Lynch)

1997-2000.1

\$7,500

Comparison between cognitive and neurobiological models of suicidal behavior among depressed elderly.

Role: Principal Investigator

Walker Inman Memorial, Duke University Medical Center (Lynch)

1998-2000

\$7,500

A comparison between Dialectical Behavior skills training and Pharmacotherapy in the treatment of depression in older adults.

Role: Principal Investigator

Publications:

Refereed Journals (* denotes senior author in non-first authored manuscripts)

1. *Smoski, M.J., **Lynch, T.R.**, Rosenthal, M.Z., Cheavens, J.S., Chapman, A., & Krishnan, R.R. (in press). Decision-making and risk aversion among depressive adults. *Journal of Behavior Therapy and Experimental Psychiatry.*
2. Wang, L., LaBar, K.S., Smoski, M., Rosenthal, M.Z., Dolcos, F., **Lynch, T.R.**, Krishnan, R.R., McCarthy, G. (in press). Prefrontal mechanisms for executive control over emotional distraction are altered in major depression. *Psychiatry Research: Neuroimaging.*
3. **Lynch, T.R.**, Rosenthal, M.Z., & Smoski, M.J. (in press). Dialectical behavior therapy: Evidence for efficacy, proposed mechanisms, and practical application. *Psychiatric Times.*
4. *Gupta, S., Rosenthal, M. Z., Mancini, A. D., Cheavens, J. S., & **Lynch, T. R.** (in press). Emotion regulation skills mediate the effects of shame on eating disorder symptoms in women. *Eating Disorders: The Journal of Treatment and Prevention.*
5. Cheavens, J. S., Rosenthal, M. Z., Banawan, S. F. & **Lynch, T. R.** (in press). Differences in emotional experience and emotion regulation as a function of age and psychiatric condition. *Aging and Mental Health.*
6. **Lynch, T. R.**, & Cheavens, J.S. (2008). Dialectical behavior therapy for co-morbid personality disorders. *Journal of Clinical Psychology, 64*, 1- 14.

7. *Cukrowicz, K.C., Franzese, A.T., Thorp, S.R., Cheavens, J.S., **Lynch, T.R.** (in press). Personality traits and perceived social support among depressed older adults. *Aging and Mental Health*.
8. *Cukrowicz, K. C., Ekblad, A., Cheavens, J.S., Rosenthal, M. Z., & **Lynch, T. R.** (in press). Coping and thought suppression as predictors of suicidal ideation in depressed older adults with personality disorders. *Aging & Mental Health*.
9. Bornovalova, M. A., Gratz, K. L., Daughters, S. B., Nick, B., Delaney-Brumsey, A., **Lynch, T. R.**, Kosson, D., & Lejuez, C. W. (in press). A multimodal assessment of the relationship between emotion dysregulation and borderline personality disorder among inner-city substance users in residential treatment. *Journal of Psychiatric Research*.
10. *Cheavens, J.S., **Lynch, T. R.**, Smoski, M.J. (2007). Response to the van Alphen, Tummens, and Derksen "Reaction to 'Treatment of older adults with co-morbid personality disorder and depression: A dialectical behavior therapy approach. *International Journal of Geriatric Psychiatry*, 22, 701-702.
11. Chapman, A.L., Leung, D., & **Lynch, T. R.** (in press). Impulsivity and emotion dysregulation in borderline personality disorder. *Journal of Personality Disorders*.
12. Rosenthal, M. Z., Gratz, K. L., Kosson, D. S., Cheavens, J. S., Lejuez, C. W., & **Lynch, T. R.** (2008). Borderline personality disorder and emotional responding: A review of the research literature. *Clinical Psychology Review*, 28, 75 - 91.
13. **Lynch, T.R.**, Trost, W.T., Salsman, N., Linehan, M.M. (2007). Dialectical behavior therapy for borderline personality disorder. *Annual Review of Clinical Psychology*, 3, 181-205.
14. Rosenthal, M. Z., Cheavens, J. S., **Lynch, T. R.**, & Follette, V. M. (2006). Thought suppression mediates the relationship between negative mood and PTSD symptom severity in sexually assaulted women. *Journal of Traumatic Stress*, 19, 741-745.
15. **Lynch, T. R.**, Rosenthal, M. Z., Kosson, D., Cheavens, J. S., Lejuez, C. W., & Blair, R. J. R. (2006). Heightened sensitivity to facial expressions of emotion in borderline personality disorder. *Emotion*, 6, 647-655.
16. **Lynch, T. R.**, Chapman, A. L., Rosenthal, M. Z, Kuo, J. R., & Linehan, M. M. (2006). Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*, 62, 459-480.
17. Chapman, A., **Lynch, T.R.**, Rosenthal, M.Z., Cheavens, J.S., Smoski, M.J., & Krishnan, K.R.R. (2007). Risk aversion among depressed older adults with obsessive compulsive personality disorder. *Cognitive Therapy and Research*, 31, 161-174.

18. **Lynch, T. R.**, Schneider, K.G., Rosenthal, M.Z., & Cheavens, J.S. (2007). A mediational model of trait negative affectivity, dispositional thought suppression, and intrusive thoughts following laboratory stressors. *Behaviour Research and Therapy*, 45(4), 749-761.
19. **Lynch, T. R.**, Cheavens, J. S., Cukrowicz, K. C., Thorp. S., Bronner, L., & Beyer, J. (2007). Treatment of older adults with co-morbid personality disorder and depression: A Dialectical Behavior Therapy approach. *International Journal of Geriatric Psychiatry*, 22, 131-143.
20. Rosenthal, M. Z., Cukrowicz, K. C., Cheavens, J. S., & **Lynch, T. R.** (2006). Self-punishment as a regulation strategy in borderline personality disorder. *Journal of Personality Disorders*, 20, 232-246.
21. Harned, M., Banawan, S., **Lynch, T. R.** (2006). Dialectical Behavior Therapy: An Emotion-Based Treatment for Borderline Personality Disorder. *Journal of Contemporary Psychotherapy*, 36, 67-75.
22. Carson, J. W., Keefe, F. J., **Lynch, T. R.**, Carson, K. M., Goli, V., Fras, A. M., & Thorp, S. R. (2005). Loving-kindness meditation for chronic low back pain: Results from a pilot trial. *Journal of Holistic Nursing*, 23, 287-304.
23. Vujanovic, A. A., Zvolensky, M. J., Gibson, L. E., **Lynch, T. R.**, Leen-Feldner, E. W., Feldner, M. T., & Bernstein, A. (2006). Affect intensity: Association with anxious and fearful responding to bodily sensations. *Journal of Anxiety Disorders*, 20, 192-206.
24. Bornovalova, M.A., Lejuez, C.W., Daughters, S.B., Rosenthal, M.Z., & **Lynch, T.R.**, & (2005). Impulsivity as a Common Process across borderline personality and substance use disorders. *Clinical Psychology Review*, 25, 790-812.
25. Carson, J. W., Keefe, F. J., Goli, V., Fras, A. M., **Lynch, T. R.**, Thorp, S. R., & Buechler, J. L. (2005). Forgiveness and chronic low back pain: A preliminary study examining the relationship of forgiveness to pain, anger, and psychological distress. *Journal of Pain*, 6, 84-91.
26. *Rosenthal, M. Z., Cheavens, J. S., Compton, J. S., Thorp, S. R., & **Lynch, T. R.** (2005). Thought suppression and treatment outcome in late-life depression. *Aging and Mental Health*, 9, 35-39.
27. *Rosenthal, M. Z., Cheavens, J. S., Lejuez, C. W., & **Lynch, T. R.** (2005). Thought suppression mediates the relationship between negative affect and borderline personality disorder symptoms. *Behaviour Research and Therapy*, 43, 1173-1185.
28. Davidson, J.R.T., Foa, E.B., Huppert, J., Keefe, F.J., Franklin, M.E., Compton, J.S., Ning, Z., Connor, K.M., **Lynch, T.R.**, Gadde, K.M. (2004). Fluoxetine, Comprehensive

- Cognitive Behavioral Therapy (CCBT) and placebo in generalized social phobia. *Archives of General Psychiatry*, 61, 1003-1013.
29. Cheavens, J. S., Rosenthal, M. Z., Daughters, S. D., Novak, J., Kosson, D., **Lynch, T. R.**, & Lejeuz, C. (2005). Understanding the relationships among perceived parental criticism, negative affect, and borderline personality disorder symptoms: The role of thought suppression. *Behaviour Research and Therapy*, 43, 257-268.
 30. **Lynch, T.R.**, Robins, C.J., & Morse, J.Q. (2003). Couple functioning in depression: The roles of sociotropy and autonomy: Special Issue Coping (Part 2—Measurement). *Journal of Clinical Psychology*, 59, 1349-1359.
 31. Lejuez, C. W., Nowak, J. A., Daughters, S. B., **Lynch, T. R.**, Rosenthal, M. Z., & Kosson, D. (2003). Examining the Inventory of Personal Problems as a tool for conducting analogue studies of mechanisms underlying borderline personality disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 34, 313-324.
 32. **Lynch, T. R.**, Cheavens, J. S., Morse, J. Q., & Rosenthal, M. Z. (2004). A model predicting suicidal ideation and hopelessness in depressed older adults: The impact of emotion inhibition and affect intensity. *Aging and Mental Health*, 8, 1-12.
 33. *Morse, J.Q., & **Lynch, T. R.** (2004). A preliminary investigation of self-reported personality disorders in late life: Prevalence, predictors of depressive severity, and clinical correlates. *Aging and Mental Health*, 8, 307-315.
 34. *Thorp, S.R., Krause, E.D., Cukrowicz, K., & **Lynch, T.R.** (2004). A mediational model relating maternal stress, role dissatisfaction and demand-withdraw communication. *Psychology of Women Quarterly* 28, 362-369.
 35. **Lynch, T.R.**, Morse, J.Q., Mendelson, T., & Robins, C.J. (2003). Dialectical Behavior Therapy for depressed older adults: A randomized pilot study. *The American Journal of Geriatric Psychiatry*, 11, 1-13.
 36. **Lynch, T.R.**, Morse, J.Q., & Vitt, C.M. (2002). Dialectical Behavior Therapy for Depressed Older Adults. *the Behavior Therapist*, 25, 7-10.
 37. **Lynch, T.R.**, Robins, C.J., Morse, J.Q., & Krause, E.D. (2001). A mediational model relating affect intensity, emotion inhibition, and psychological distress. *Behavior Therapy*, 32, 519-536.
 38. **Lynch, T.R.**, Robins, C.J., & Morse, J.Q. (2001). Couple functioning in depression: The roles of sociotropy and autonomy. *Journal of Clinical Psychology*, 57,93-103.
 39. **Lynch, T.R.**, Mendelson, T., Robins, C.J., George, L.K., Krishnan, K.R.R., Johnson, C.S., & Blazer, D.G. (1999). Perceived social support among depressed elderly, middle-aged, and young-adult samples: Cross-sectional and longitudinal analyses. *Journal of Affective Disorders*, 55, 159-170.

40. *Morse, J.Q., & **Lynch, T.R.** (2000). Personality disorders in the elderly. *Current Psychiatry Reports*, 2, 24-31.
41. **Lynch, T.R.**, & Aspnes, A., (2001). Personality disorders in older adults: Diagnostic and theoretical issues. *Clinical Geriatrics*, 9, 64-70.
42. **Lynch, T.R.**, Johnson, C. S., Mendelson, T., Robins, C.J., Krishnan, K.R.R., & Blazer, D.G. (1999). Correlates of suicidal ideation among an elderly depressed sample. *Journal of Affective Disorders*, 56, 9-15.
43. **Lynch, T.R.**, Johnson, C., Mendelson, T., Robins, C.J., Krishnan, K.R.R., & Blazer, D.G. (1999). New onset and remission of suicidal ideation among a depressed adult sample. *Journal of Affective Disorders*, 56, 49-54.
44. **Lynch, T. R.**, Compton, J.S., Mendelson, T., Robins, C.J., & Krishnan, K.R.K. (2000). Anxious depression among the elderly: Clinical and phenomenological correlates. *Ageing and Mental Health*, 4, 268-274.
45. **Lynch, T. R.** (2000). Treatment of elderly depression with personality disorder comorbidity using dialectical behavior therapy. *Cognitive and Behavioral Practice*, 7, 468-477.
46. *Krause, E.D., Mendelson, T., & **Lynch, T.R.** (2003). Childhood emotion invalidation and adult psychological distress: The mediating role of emotion inhibition. *Child Abuse & Neglect: The International Journal*, 27, 199-213.
47. Keefe, F.J., McKee, D., & **Lynch, T.** (2002). The Role of Depression Screening in Lumbar Disc Herniations and Spinal Stenosis: A Comment on Levy, Hanscom, & Boden. *Spine*, 27: 1237.
48. Keefe, F.J., Lumley, M., Anderson, T., **Lynch, T.R.**, & Carson, K.L. (2001). Pain and emotion: New research directions. *Journal of Clinical Psychology*. 57, 587-607.
49. *Krause, E. D., Robins, C.J., & **Lynch, T.R.** (2000). A mediational model relating sociotropy, ambivalence over emotional expression and eating disorder symptoms. *Psychology of Women Quarterly*, 24, 328-335.
50. Koons, C.R., Robins, C.J., Tweed, J.L., **Lynch, T.R.**, Gonzalez, A.M., Morse, J.Q., Bishop, G. K., Butterfield, M.I., Bastian, L.A. (2001). Efficacy of dialectical behavior therapy in women veterans with borderline personality disorder. *Behavior Therapy*, 32, 371-390.
51. Robins, C.J., Bagby, M.R., Rector, N.A., **Lynch, T.R.** & Kennedy, S.M. (1997). Comparing dimensional and categorical approaches to the relations of sociotropy and autonomy to symptoms in patients with major depression. *Cognitive Therapy and Research*, 21, 43-58.

52. **Lynch, T.R.**, Wildman, B.G., & Smucker, W.D. (1997). Parental disclosure of child psychosocial concerns: Relationship to physician identification and management. *The Journal of Family Practice*, 44, 273-280.
53. Smucker, W.D., Wildman, B.G., **Lynch, T.R.**, Revelinsky, M. C. (1995). The relationship between the family APGAR and behavioral problems in children. *Archives of Family Medicine*, 4, 535-539.
54. Keefe, F. J., Lumley, M., Anderson, T., **Lynch, T.**, Studts, J. L., Carson, K. L. (2001). Erratum: Pain and emotion: New research directions. *Journal of Clinical Psychology*, 57(12), 1597

Peer Reviewed Chapters

55. Linehan, M.M., Bohus, M., **Lynch, T. R.** (2007) Dialectical Behavior Therapy for Pervasive Emotion Dysregulation: Theoretical and Practical Underpinnings. In Gross, J. (Ed) *Handbook of Emotion Regulation*. Guilford Press, NY.

Chapters in Books:

56. *Smoski, M.J. & **Lynch, T.R.** (in press). Overview of the practice of psychotherapy. In W. Jiang, R.R. Krishnan, & J.P. Gagliardi (Eds.) *The Duke Manual of Psychiatric Care in Adult Primary Care and Non-Psychiatric Settings*. New York: Oxford University Press.
57. **Lynch, T.R.**, & Smoski, M. (in press). Individual and Group Psychotherapy. In D. Steffens & D.Blazer (Eds.) *American Psychiatric Publishing Textbook of Geriatric Psychiatry, Fourth Edition*. American Psychiatric Publishing, Inc., Washington, D.C.
58. **Lynch, T. R.** , & Cozza, C. (in press). Non-Suicidal Self Injury: Behavioral Perspectives. In Nock, M. K. (Editor), *Understanding non-suicidal self-injury: Current science and practice*. Washington, DC: American Psychological Association.
59. *Ekblad, A., Chapman, A.L., & **Lynch, T.R.** (in press). Borderline personality disorder and co-occurring substance use disorders: Conceptualization & treatment. In In E. Nunes, J. Selzer, P. Levounis. (Eds.), *Substance dependence and co-occurring psychiatric disorders: Best practices for diagnosis and treatment*.
60. **Lynch, T.R.** & Bronner, L.L. (2006). Mindfulness and dialectical behavior therapy: application with depressed older adults with personality disorders. In ed. R.A. Baer. *Mindfulness-Based approaches: a clinician's guide*. Elsevier.
61. **Lynch, T.R.**, & Cheavens, J. S. (2007). Dialectical Behavior Therapy for depression with co-morbid personality disorder: An extension of standard DBT with a special emphasis on the treatment of older adults. In L. A. Dimeff & K. Koerner (Eds.),

Dialectical Behavior Therapy in Clinical Practice: Applications Across Disorders and Settings (pp. 264 - 297). New York: Guilford.

62. Cheavens, J.C., & **Lynch, T. R.** (in press). Dialectical Behavior Therapy for personality disorders in older adults. In Gallagher-Thompson, D., Steffen, A., Thompson, L (Eds) *Handbook of Behavioral and Cognitive Therapies with Older Adults*, New York: Springer
63. *Cuper, P. F., Merwin, R., & **Lynch, T. R.** (2007). Functional Analytic Approaches to Personality Disorders. In P. Sturmey (Ed.), *The Handbook of Functional Analysis and Clinical Psychology* (pp.). Elsevier Press.
64. *Rosenthal, M. Z., & **Lynch, T. R.** (2004). Dialectical behavior therapy. In B. J. Sadock & V. J. Sadock, (Eds.). *Comprehensive Textbook of Psychiatry 8th ed.* Philadelphia, PA: Lippincott Williams & Wilkins.
65. Rosenthal, M. Z., **Lynch, T. R.**, & Linehan, M. M. (2005). Dialectical behavior therapy in the treatment of addictive disorders with borderline personality disorder. In Frances, Miller, & Mack (Eds.). *Clinical Handbook of Addictive Disorders 3rd ed.* New York: Guilford Press.
66. Linehan, M., Davison, G., **Lynch, T.R.**, Sanderson, C. (2006). Principles of Therapeutic Change in the treatment of personality disorders. In Castonguay, L. & Beutler, L., (Eds) *Principles of Therapeutic Change That Work*, Oxford University Press
67. *Thorp, S. R., & **Lynch, T. R.** (2004). CBT and aging: Depression and personality disorders. In A. Freeman and S. Felgoise (Eds.), *The International Encyclopedia of Cognitive Behavior Therapy*.
68. **Lynch, T. R.** & Horton, L. E. (2004). Personality disorders. In J. C. Thomas & M. Hersen (Eds.), *Psychopathology in the workplace: Recognition and adaptation*. New York: Brunner-Routledge.
69. Reynolds, C.F., Arean, P.A., **Lynch, T.R.**, Frank, E. (2004). Psychotherapy in Late-Life Depression: Progress and Challenges. In S. P. Roose & H. A. Sackheim (Eds.), *Late Life Depression*. Oxford University Press
70. **Lynch, T.R.**, & Vitt, C.M. (2002). Psychotherapy of depression and dysthymia. In D.Blazer, M.Abou-Saleh, & J.Copeland (Eds.) *Principles and Practice of Geriatric Psychiatry-Second Edition*. John Wiley & Sons, Ltd.
71. **Lynch, T.R.**, & Aspnes, A. (2004). Individual and Group Psychotherapy. In D. Steffens, D.Blazer, & E. Busse (Eds.) *American Psychiatric Publishing Textbook of Geriatric Psychiatry, Third Edition*. American Psychiatric Publishing, Inc., Washington, D.C.

72. **Lynch, T.R.**, & Schneider, K.G. (2005). Group Therapy. In *The Encyclopedia of Aging* (Fourth Edition). New York: Spring Publishing.
73. *Batia, N. & **Lynch, T.R.** (2002) DSM-IV: a review and critique. In *The Macmillan Encyclopedia of Aging*. New York: Macmillan Reference USA.
74. *Vitt, C.M., Edenfield, A., **Lynch, T.R.** (2002). Psychotherapy. In *The Macmillan Encyclopedia of Aging*. New York: Macmillan Reference USA.

Non-refereed publications:

75. *Kenedi, C.A., **Lynch, T. R.**, (2006). Dialectical Behavior Therapy for Clients with HIV. *Focus; A Guide to AIDS Research and Counseling*, 2, 1-7.
76. **Lynch, T.R.**, & Robins, C.J. (1997). Treatment of borderline personality disorder using Dialectical Behavior Therapy. *The Journal of the California Alliance for the Mentally Ill*, 8, 47-49.
77. *Vitt, C. M. & **Lynch, T.R.** (2001) [Review of What Psychotherapists Should Know About Disability]. *Journal of Psychosomatic Research*, 51, 706.
78. Fruzzetti, A.E., & **Lynch, T.R.** (1994). [Review of We can work it out: Making sense of marital conflict]. *International Society for the Study of Personal Relationships Bulletin*, 10, 8-10.
79. *Ferri, C.V., **Lynch, T.R.** (2003). [Review of Assessing and Treating Late-Life Depression: A Casebook and Research Guide, Karel, M.J., Ohland-Hand.S., & Gatz, M.] *Clinical Gerontologist*, 9, 1-2.

Manuscripts Provisionally Accepted

80. Zanarini, M.C., Stanley, B., **Lynch, T. R.**, et al., (accepted provisionally) Guidelines for borderline personality disorder treatment research: An NIMH White Paper. *Journal of Personality Disorders*.

Selected abstracts and research presentations

1. Wang L, LaBar K, Rosenthal Z, Smoski M, **Lynch T.R.**, Dolcos F, Krishnan RR, and McCarthy G. *Prefrontal Mechanisms for Executive Control over Emotional Distraction are Altered in Major Depression*. 62nd Annual Convention and Scientific Program of the Society of Biological Psychiatry May17-19, San Diego
2. Cuper, P. F., Cheavens, J. S., & **Lynch, T. R.** (November, 2007). *Locus of Control Moderates the Relationship Between Fantasy-Proneness and Symptoms of Depression*. Poster presented at the Association for Behavioral and Cognitive Therapies.

3. **Lynch, T.R.**, Cheavens, J.S., & Cukrowicz, K.C. (2006). *DBT for Depression with Comorbid Personality disorder: An Extension of Standard DBT to the Treatment of Older Adults*. In A.L. Chapman & **T.R. Lynch** (Chairs) Adaptations and Advancements in Research on Dialectical Behavior Therapy. Symposium conducted at the Association for Behavioral and Cognitive Therapies Annual Convention, Chicago,IL.
4. Smoski, M.J., **Lynch, T.R.**, Rosenthal, M.Z., Cheavens, J.S., Chapman, A.L., & Krishnan, R.R. (2006). *Enhanced Decision-Making in Response to Feedback in Depressive Adults*. Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Chicago,IL.
5. **Lynch, T.R.**, Harned, M., Ritschel, L.a., & Gissel A. (2006). *Substance Abuse and Borderline Personality Disorder: Testing a Mediation Model of Emotion Dysregulation*. In S.R. Axelrod and R. Sinha (Chairs) Emotional Dysregulation, Borderline Personality Disorder, and Addiction: Investigating Precursors, Mediators, and Outcomes. Symposium conducted at the Association for Behavioral and Cognitive Therapies Annual Convention, Chicago,IL.
6. Rosenthal, M.Z., Cheavens, J.S., **Lynch, T.R.**, & Follette, V.M. (2006). *Thought Suppression Mediates the Relationship Between Negative Mood and PTSD in Sexually Assaulted Women*. Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Chicago,IL.
7. Ekblad, A.G., Ritschel, L.A., Cheavens, J.S., & **Lynch, T.R.** (2006). *Differential Contributions of Rumination and Hope to Mindfulness, Controlling for Depression*. Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Chicago,IL.
8. Rosenthal, M.Z., Cheavens, J.S., & **Lynch, T.R.** (2006). *A Preliminary Study of the Relationship Between Shame, Emotion Regulation, and Psychopathology*. In S.L. Rizvi (Chair) Toward a Science of shame: From clinical Lore to Scientific Discourse. Symposium conducted at the Association for Behavioral and Cognitive Therapies Annual Convention, Chicago,IL.
9. Chapman, A.L., Rosenthal, M.Z., & **Lynch, T.R.** (2006). *Hypothesized Mechanisms of Change in DBT*. Panel presented at the 11th Annual International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Chicago, IL.
10. **Lynch, T.R.** & Cheavens, J.S. (2006). *DBT for All Personality Disorders and Comorbid Depression: With a Special Emphasis on Older Adult Populations*. Workshop presented at the 11th Annual International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Chicago, IL.
11. **Lynch, T.R.** (2006). *Modifying Dialectical Behavior Therapy for New Populations*. Keynote address: European DBT Annual Congress, Vienna, Austria.

12. **Lynch, T.R.** (2006). *Dialectical Behavior Therapy: Recent Research and Developments*. International Conference on Borderline Personality Disorder: National Education Alliance for Borderline Personality Disorder, London, England.
13. **Lynch, T.R.** (2005). *Dialectical Behavior Therapy for Depressed Older Adults with Comorbid Personality Disorders*. In **J.L. Wetherell**, (Chair) Behavioral Interventions for Late-Life Psychiatric Disorders. Symposium at the American Association for Geriatric Psychiatry's 2005 Annual Meeting, San Diego.
14. *Cukrowicz, K.C., Ekblad, A. G., Cheavens, J. S., & Lynch, T.R.* (2005, November). Paper presentation. Coping styles and emotional control in older adults with suicidal ideation. The 58th Annual Meeting of the Gerontological Society of America. Orlando, FL.
15. *Cuper, P.F., Schneider, K.G., Ekblad, A.G., & Lynch, T.R.* (2005, November). *Emotional-Focused Coping Style Mediates the Relationship Between Negative Affect Intensity and Ambivalence Over Emotional Expression*. Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
16. *Gratz, K.L., Rosenthal, M.Z., Tull, M.T., Lejuez, C.W., & Lynch, T.R.* (2005, November). An Experimental Investigation of Emotion Dysregulation in BPD. In M.Z. Rosenthal (Chair), *Emotional Reactivity and Regulation in Borderline Personality Disorder*. Symposium conducted at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
17. *Gupta, S., Rosenthal, M.Z., & Lynch, T.R.* (2005, November). *Difficulties With Emotion Regulation Mediate the Relationship Between Shame and Eating Disorder Symptoms*. Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
18. **Lynch, T. R.** (2005, May). *Emotional Sensitivity and Reactivity in BPD: Empirical Evidence*. In Ulrich W. Ebner-Priemer (Chair), *Emotion Regulation in BPD*. Symposium conducted at the American Psychiatric Association Annual Convention. Atlanta Georgia.
19. *Chapman, A.L., Rosenthal, M.Z., & Kuo, J.R.* (2005, November). *Mechanisms of Change in DBT: Theoretical and Empirical Observations*. Panel discussion presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
20. **Lynch, T. R.,** *Chapman, A.L., Rosenthal, M.Z., & Kuo, J.R.* (2005, November). *Mechanisms of Change in DBT: Theoretical and Empirical Observations*. Panel discussion presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.

21. **Lynch, T.R.**, Rosenthal, M.Z., Kosson, D., Cheavens, J.S., Lejuez, C.W., & Blair, J.R. (2005, November). Heightened Sensitivity to Facial Expressions of Emotion in BPD. In M.Z. Rosenthal (Chair), *Emotional Reactivity and Regulation in Borderline Personality Disorder*. Symposium conducted at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
22. Rosenthal, M.Z., Cheavens, J.S., Lejuez, C.W., Daughters, S.B., & **Lynch, T.R.** (2005, November). *Chronic Thought Suppression And BPD: Two Preliminary Studies*. Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
23. Rosenthal, M.Z., Cukrowicz, K., Cheavens, J.S., & **Lynch, T.R.** (2005, November). *Specific Strategies For Controlling Unpleasant Thoughts in BPD*. Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
24. Rosenthal, M.Z., Gupta, S., Gratz, K.L., & **Lynch, T.R.** (2005, November). *Do Problems With Emotion Regulation Mediate the Relationship Between Shame and BPD Symptoms?* Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
25. Rosenthal, M.Z., Lavender, J., Zucker, N., & **Lynch, T.R.** (2005, November). Ecological Momentary Assessment of Shame and Emotion Regulation in a Sub-Clinical Sample of Binge Eaters. In U.W. Primmer & M.Z. Rosenthal (Chairs), *Ecological Momentary Assessment in Behavioral Therapy: Possible Applications and Recent Findings*. Symposium conducted at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
26. Rosenthal, M.Z., **Lynch, T.R.**, Cheavens, J.S., & Lejuez, C.W. (2005, November). The Role of Two Specific Regulation Strategies in BPD. In M.Z. Rosenthal (Chair), *Emotional Reactivity and Regulation in Borderline Personality Disorder*. Symposium conducted at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.
27. Schneider, K. G., Rosenthal, M. Z., Ekblad, A. G., Cuper, P. F., Cheavens, J. S., & **Lynch, T. R.** (2005, November). *Mindfulness mediates the relationship between impulsivity and self-destructive behavior*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
28. Schneider, K. G., & **Lynch, T. R.** (2005, November). *A mediational model of trait negative affectivity, chronic thought suppression, and intrusive thoughts following a laboratory stressor*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
29. Ekblad, A. G., Schneider, K. G., Cuper, P. F., Cheavens, J. S., Rosenthal,

- M. Z., and **Lynch, T. R.** (2005). *An Investigation of the Impact of Thought Suppression, Attachment, and Anxiety, on Borderline Personality Features*. Poster presented at the Association for Behavioral and Cognitive Therapies. Washington, D.C.
30. **Lynch, T. R.** (2005). *Adapting DBT to another population or disorder?: These are the things you must know*. Workshop presented at the 10th Annual International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Washington, D.C.
31. Cheavens, J. S., Banawan, S. F, Rosenthal, M. Z., & **Lynch, T. R.** (November, 2004). *Reporting of Suicidal Ideation and Hopelessness in Older and Younger Adults with and without Psychiatric Diagnoses*. Poster presented at the Gerontological Society of America.
32. Schneider, K.G., Ekblad, A.G., Cheavens, J.S., Rosenthal, M.Z., & **Lynch, T.R.** (2004, November). *Emotion regulation techniques mediate the relation between negative affect intensity and BPD traits*. Poster session presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
33. **Lynch, T.R.**, Bronner, L.L., Horton, L.E., Cheavens, J.S., Schneider, K.G., & Rosenthal, M.Z. (2004, November). *Understanding predictors of treatment response among older adults with comorbid depression and personality disorders*. Poster session presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
34. Agronin, M.E. & **Lynch, T.R.** (2000). Treatment of elderly patients with depression and comorbid personality disorder. *American Journal of Geriatric Psychiatry*, 8(Abstracts, supplement 1),64.
35. **Lynch, T.R.** (2001). Dialectical Behavior Therapy for treatment of depressed elderly personality disorder. *American Journal of Geriatric Psychiatry*, 9,(Abstracts, supplement), 45-46.
36. **Lynch, T.R.** (2001). Dialectical Behavior Therapy for depressed elderly with comorbid personality disorder. *American Journal of Geriatric Psychiatry*, 9, (Abstracts, supplement), 30-31.
37. Miller M.D., Thompson, L., **Lynch, T.R.**, Wolfson, L. (2000). Comparing the efficacy of three manual-based psychotherapies (CBT, DBT and IPT) for geriatric depression. *American Journal of Geriatric Psychiatry*, 8,(Abstracts,supplement 1), 96
38. Chapman, A.L., Rosenthal, M.Z., Cheavens, J., & **Lynch, T.R.** (2003) Risk Taking as a Function of Personality Disorder Features in Older Adults. Poster presented at the 37th annual Association for the Advancement of Behavioral Therapy (AABT) convention, Boston.
39. Rosenthal, M.Z., Cheavens, J.S., Kosson, D., Lejuez, C., & **Lynch, T.R.** (2003) Laboratory Evidence for Problems with Emotional Sensitivity and Reactivity in

- Borderline Personality Disorder. In **T. R. Lynch**, (Chair) Translational Research and Emotion Regulation: Recent Findings and New Directions. Symposium at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston.
40. **Lynch, T.R.** (2003) New Directions in Research on Emotion Regulation: Expanding Our Definitions and Methods of Assessment. Panel Discussion, at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston.
41. **Lynch, T.R.**, (2003) Personality Disorders. Duke University Medical Center Comprehensive Psychiatry Update. Orlando, FL.
42. **Lynch, T.R.** & LaBar, K.S. (2003). Effects of Emotion Suppression on Explicit and Implicit Memory Formation. In Kevin S. LaBar (Chair), Bridging Clinical and Experimental Approaches to Emotion Regulation. Symposium conducted at the American Psychological Association, 111th Annual Convention, Toronto, Canada.
43. Thorp, S. R., Horton, L. E., Adamo, G. P., Aspnes, A. K., & **Lynch, T. R.** (November, 2002). Correlates of personality disorders in older adults with major depressive disorder. Poster presented at the 36th annual Association for the Advancement of Behavioral Therapy (AABT) convention, Reno, NV.
44. Thorp, S. R., & **Lynch, T. R.** (November, 2002). Personality disorders in older adults with major depressive disorder. Poster presented at the 7th annual International Society for the Improvement and Teaching of DBT (ISITDBT) convention, Reno, NV.
45. Cheavens, J.S., Adamo, G.P., Rosenthal, M.Z., Thorp, S.R., Aspnes, A.K., **Lynch, T.R.** (2002). The relationship among affect intensity, experiential avoidance, and distress in older adults. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
46. **Lynch, T. R.**, & Rosenthal, M. Z. (2002). Understanding Borderline Personality Disorder Using Laboratory Behavioral Measures. Paper presented at the annual meeting of the International Society for the Investigation and Teaching of Dialectical Behavior Therapy, Reno, NV.
47. Rosenthal, M. Z., Horton, L., Cheavens, J. S., Thorp, S. R., Aspnes, A., & **Lynch, T. R.** (2002). The Relationship Between Depression and Emotion Regulation Problems Among Depressed Older Adults: Does Experiential Avoidance Hinder Treatment? Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
48. **Lynch, T.R.**, (2002) Personality Disorders. Duke University Medical Center Comprehensive Psychiatry Update. Orlando, FL.
49. **Lynch, T. R.** (2002). Dialectical Behavior Therapy . Roundtable Discussion: Will the Real Behavior Therapy Please Stand Up? In C. M. Franks & Carole Rayburn (Co-

Chairs). With Albert Ellis, Judith Beck, Steven Hayes, Arnold Lazarus, & Authur Staats. American Psychological Association Annual Convention, August, Chicago.

50. **Lynch, T.R.** (2002). The role of emotion inhibition in psychological distress. National Institute of Mental Health/Borderline Personality Disorder Research Foundation International meeting (invited presentation), University of Minnesota.
51. **Lynch, T.R.**, Krause, E.D., Morse, J.Q., Mendelson, T., Crozier, J., & LaBar, K.S. (2001). Role of emotion suppression in classical fear conditioning. In **T.R. Lynch** (Chair), Experiential avoidance and psychopathology: Recent research and methodological developments. Symposium conducted at the Association for the Advancement of Behavior Therapy 35th Annual Convention, Philadelphia.
52. Krause, E.D., Mendelson, T., & **Lynch, T.R.** (2001). Childhood emotion invalidation and adult psychological distress: The mediating role of experiential avoidance. In **T.R. Lynch** (Chair), Experiential avoidance and psychopathology: Recent research and methodological developments. Symposium conducted at the Association for the Advancement of Behavior Therapy 35th Annual Convention, Philadelphia.
53. Morse, J.Q., Vitt, C.M., & **Lynch, T.R.** (2001). A mediational model of hopelessness and suicidal ideation in older adults. Presented at the Association for the Advancement of Behavior Therapy 35th Annual Convention, Philadelphia.
54. Morse, J.Q., Crozier, J., & **Lynch, T.R.** (2001). Emotional socialization, current attachment, and experiential avoidance: A mediational model. Presented at the Association for the Advancement of Behavior Therapy 35th Annual Convention, Philadelphia.
55. **Lynch, T.R.** (2001) Dialectical Behavior Therapy for treatment of Elderly Personality Disorder. In P.A. Arean (Chair), Treating Mental Illness with Psychotherapy, Symposium conducted at the 14th Annual meeting of the American Association for Geriatric Psychiatry, San Fransisco, CA.
56. **Lynch, T.R.**, Morse, J.Q., Mendelson, T., Robins, C.J., Krishnan, K.R.K. (2000). A randomized controlled trial of Dialectical Behavior Therapy for treatment of elderly depression: Posttreatment and six-month follow-up data. In C. Sanderson (Chair), Dialectical behavior therapy: Current research findings. Symposium conducted at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 4th Annual Convention, New Orleans
57. **Lynch, T.R.**, & Morse, J.Q. (2000) Experiential avoidance: Validation with a behavioral choice paradigm. Presented at the Association for the Advancement of Behavior Therapy 34th Annual Convention, New Orleans.
58. Krause, E.D., Mendelons, T., & **Lynch, T.R.** (2000) Relation of childhood emotional invalidation and adult psychological distress: The mediating role of experiential

avoidance. Presented at the Association for the Advancement of Behavior Therapy 34th Annual Convention, New Orleans.

59. Zucker, N.L., Morse, J.Q., Vitt, C.M., & **Lynch, T.R.** (2000) Traumatic Grief: An examination of the role of emotion dysregulation on symptom development. Presented at the Association for the Advancement of Behavior Therapy 34th Annual Convention, New Orleans.
60. **Lynch, T.R.** (2000) Dialectical Behavior Therapy for treatment of elderly personality disorder and depression. Department of Psychiatry and Behavioral Sciences, Grand Rounds, Duke University Medical Center (May)
61. **Lynch, T.R.** (2000) Dialectical Behavior Therapy for treatment of elderly depression. In M. Miller (Chair), Comparing the efficacy of three manual based psychotherapies (CBT, DBT, and IPT), Symposium conducted at the Annual meeting of the American Association for Geriatric Psychiatry, Miami, FL.
62. **Lynch, T.R.** & Agronin, M.E. (2000). Practical Approaches to the treatment of late-life personality disorder. Clinical dialogue presented at the Annual meeting of the American Association for Geriatric Psychiatry, Miami, FL.
63. **Lynch, T.R.** (1999). DBT with depressed elderly. Invited address at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 4th Annual Convention, Toronto.
64. **Lynch, T.R.**, Compton, J.S., Vitt, C.M., Hays, J.C., & George, L.K. (1999). Effects of social support on longevity of remission in depressed elderly. Presented at the Gerontological Society of America 52nd Annual Scientific Meeting, San Francisco, CA.
65. **Lynch, T.R.**, Compton, J.S., Mendelson, T., & Robins, C.J. (1999). Anxious depression among the elderly: Diagnostic and prognostic correlates. Presented at the Association for the Advancement of Behavior Therapy 33rd Annual Convention, Toronto.
66. **Lynch, T.R.**, Morse, J.Q., Mendelson, T., Baird, S., Compton, J.S., Robins, C.J. (1999). Dialectical Behavior Therapy for treatment of elderly depression: A randomized controlled trial. In C.J. Robins (Chair), Dialectical behavior therapy for multi-problem patients: Findings from controlled studies. Symposium conducted at the Association for the Advancement of Behavior Therapy 33rd Annual Convention, Toronto.
67. Krause, E.D., Robins, C.J., & **Lynch, T.R.** (1999). A mediational model of sociotropy, conflict over emotional expression, and eating disorder symptomatology. Presented at the Association for the Advancement of Behavior Therapy 33rd Annual Convention, Toronto.
68. Compton, J.S., **Lynch, T.R.**, & Robins, C.J. (1999). Communication and intimacy in the couple relationships of depressed older adults. Presented at the Association for the Advancement of Behavior Therapy 33rd Annual Convention, Toronto.

69. Robins, C.J., Koons, C.R., Morse, J.Q., & **Lynch, T.R.** (1999). Predictors of outcome in treatment of borderline women veterans. In C.J.Robins (Chair), Dialectical behavior therapy for multi-problem patients: Findings from controlled studies. Symposium conducted at the Association for the Advancement of Behavior Therapy 33rd Annual Convention, Toronto.
70. **Lynch, T. R.** (1999). Dialectical Behavior Therapy with depressed elderly. Invited address at the International Society for the Investigation and Teaching of Dialectical Behavior Therapy 3rd Annual Convention, Washington DC.
71. **Lynch, T.R.**, Morse, J.Q., Baird, S., Mendelson, T., Compton, J., Artigues, D., Robins, C.J. (1998). Dialectical Behavior Therapy for treatment of elderly depression: DBT-D. Presented at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 3rd Annual Convention, Washington DC.
72. **Lynch, T.R.**, Johnson, C., Mendelson, T., Robins, C.J., George, L.K., Krishnan, K.R.R., & Blazer, D.G. (1998) Predictors of perceived social support among depressed elderly: A cross-sectional and longitudinal investigation. Presented at the Association for the Advancement of Behavior Therapy 32nd Annual Convention, Washington, DC.
73. **Lynch, T.R.**, Johnson, C., Mendelson, T., Robins, C.J., Krishnan, K.R.R., & Blazer, D.G. (1998) Cross-sectional and longitudinal predictors of suicidal ideation in elderly and mixed adult samples. Presented at the Association for the Advancement of Behavior Therapy 32nd Annual Convention, Washington, DC.
74. Koons, C.R., Robins,C.J., Bishop, G.K., Morse, J.Q., Tweed, L.J., **Lynch, T.R.**, Gonzalez, A.M., Butterfield, M.J. & Bastian, L.A. (1998). Efficacy of Dialectical Behavior Therapy with borderline women veterans: A randomized controlled trial. In C.J.Robins (Chair) Dialectical Behavior Therapy: Dissemination and efficacy across sites and populations. Presented at the Association for the Advancement of Behavior Therapy 32nd Annual Convention, Washington, DC.
75. **Lynch, T.R.**, Robins, C.J., Morse, J.Q. (1997). The relationship between emotional intensity and the suppression of thoughts and feelings to depression, hopelessness, and parasuicide. Presented at the Association for the Advancement of Behavior Therapy 31st Annual Convention, Miami, FL.
76. **Lynch, T.R.**, Fruzzetti, A.E., & Artigues, D. (1997). Interpersonal predictors of depression postpartum: A 16 month follow-up. Presented at the Association for the Advancement of Behavior Therapy 31st Annual Convention, Miami, FL.
77. **Lynch, T.R.**, Robins, C.J., Morse, J.Q. (1997). Couple functioning in depression: The roles of sociotropy and autonomy. In C.J. Robins (Chair), Bridging Cognitive and Interpersonal Approaches to Depression . Symposium conducted at the 105th Annual Convention of American Psychological Association, Chicago.

78. Koons, C., Robins, C.J., **Lynch, T.R.**, Tweed, L. (1996). A comparison of dialectical behavior therapy with standard treatment for women veterans with borderline personality disorder. Presented at the International Society for the Investigation and Teaching of Dialectical Behavior Therapy Annual Convention, New York, NY.
79. **Lynch, T.R.** & Fruzzetti, A.E. (1996). Postpartum depression: Fact or artifact? Presented at the Association for the Advancement of Behavior Therapy 30th Annual Convention, New York, NY.
80. Robins, C.J., Bagby, M.R., & **Lynch, T.R.** (1996). Comparing dimensional and typological approaches to the relations of sociotropy and autonomy to depression. In L.B. Alloy (Chair), Are there cognitive subtypes of depression?: Theory and evidence. Symposium presented at the Association for the Advancement of Behavior Therapy 30th Annual Convention, New York, NY.
81. Gittes, M.G., Robins, C.J., & **Lynch, T.R.** (1996). The relationship of sociotropy and autonomy to personality disorder in a clinical sample. In D.M. Fresco & J.R.Z. Abela (Chairs), Interpersonal and achievement concerns: Recent findings from three diathesis-stress theories of depression. Symposium conducted at the Annual Conference of the Eastern Psychological Association, Philadelphia, PA.
82. **Lynch, T.R.** & Fruzzetti, A.E. (1995). Conflict and intimacy in couple relationships as a predictor of depressed mood in women following the birth of a child. Presented at the AABT 29th Annual Convention, Washington, DC.
83. **Lynch, T.R.** (1993). Primary care pediatric mental health research: Don't forget the parent. In B.G. Wildman (Chair), Mental Health Research Issues in Pediatric Primary Care. Symposium conducted at the 101st Annual Convention of APA, Toronto.
84. Wildman, B.G., **Lynch, T.R.**, & Smucker, W.D. (1992). Detection of childhood psychological disorders in primary care. Presented at the Sixth Annual NIMH International Research Conference on Primary Care Mental Health Research, Washington, DC.
85. **Lynch, T.R.** (1987). Patient aggression and violence: The culture of toughness. Presented at the First Annual Convention of the American Psychiatric Nurses Association, Baltimore, MD.

Consultant appointments:

Training and Research Consultant: Behavioral Technology Transfer Group (Seattle, WA)

Editorial and Reviewing Activities:

2004 to Present

Editorial Board:

Aging and Mental Health

International Journal of Geriatric Psychiatry

1996 to Present Ad hoc reviewer,
Journal of Personality and Social Psychology.
Journal of Affective Disorders.
Health Psychology
Cognitive Therapy and Research.
Journal of Consulting and Clinical Psychology.
Psychological Assessment.
Aging and Mental Health.
Journal of Clinical Geropsychology.
Pain.
Archives of General Psychiatry.
Journal of Abnormal Psychology

Teaching responsibilities:

University Courses Taught:

Undergraduate:

1999 to 2007 PSY 099 Personality and Social Behavior: Introduction and Survey, Psychology Department, Duke University (yearly)

2001 to present PSY 194 Research Independent Study, Duke University (yearly)
1994 PSY 127 The Psychology of Motivation, Psychology Department, Kent State University.

Graduate:

1999 to 2007 PSY 344 Clinical Practicum, Psychology Department, Duke University.

Psychiatry Residents:

1999 to 2007 PGY3 Cognitive Behavior Therapy, Duke University Medical Center.

Psychology Interns:

Seminars on cognitive behavioral therapy, depression, and borderline personality disorders (yearly)

Invited Presentations and Clinical Workshops:

2008 Mindfulness, Willingness, and Radical Acceptance: A DBT perspective, 2 day workshop, University of Exter, UK, Lead Trainer

- 2008 Dialectical Behavior Therapy: Intensive Training, Part II, May, Atlanta, Georgia, Lead Trainer
- 2007 Dialectical Behavior Therapy: Intensive Training, Part I, October, Atlanta, Georgia, Lead Trainer
- 2007 Dialectical Behavior Therapy Advanced Consultation, Hillside Hospital, Atlanta, Georgia, Lead Trainer
- 2006 Dialectical Behavior Therapy: Skills Training, December, Arlington, Virginia, Lead Trainer
- 2006 Dialectical Behavior Therapy: Skills Training, November, Minneapolis MN
- 2006 Dialectical Behavior Therapy: Skills Training, October, Atlanta, Georgia
- 2006 Dialectical Behavior Therapy: Intensive Training Part II, January, Atlanta, Georgia, Lead Trainer
- 2005 Advances in Understanding Personality Disorders and Advances in Psychotherapy: Duke University CME, December, Orlando, FL, Lead Trainer
- 2005 Personality Disorders and Advances in Psychotherapy. United States State Department, September, Malta, Lead Trainer
- 2005 Personality Disorders and Advances in Psychotherapy. United States State Department, September, Washington, D. C., Lead Trainer
- 2005 Personality Disorders and Advances in Psychotherapy. United States State Department, September, Hawaii, Lead Trainer
- 2005 An Update on Dialectical Behavior Therapy: Recent research and advances. Harvard Medical School, McLean Hospital, BPD research conference; October, Boston., Lead Trainer
- 2005 Dialectical Behavior Therapy: Intensive Training Part I, August, Atlanta, Georgia, Lead Trainer
- 2004 Mindfulness, Willingness, and Radical Acceptance, AHEC, April, North Carolina, Lead Trainer
- 2003 Dialectical Behavior Therapy for Older Adults with Personality Disorders, Association for the Advancement of Behavior Therapy, 37th Annual Convention, Boston.

- 2003 Dialectical Behavior Therapy: Two-day Individual Therapy Workshop, Omaha, NS, October, Lead Trainer
- 2003 Dialectical Behavior Therapy: Two-day Skills-Training Workshop, Austin, TX October, Lead Trainer
- 2003 Dialectical Behavior Therapy: Two-day Training Workshop, Boston, September, Lead Trainer
- 2003 Dialectical Behavior Therapy: Two-day Workshop, Omaha, NS, Cincinnati, OH, Co-Lead Trainer
- 2003 Dialectical Behavior Therapy: Two-day Skills-Training Workshop, Knoxville, TN, October, Co- Lead Trainer
- 2002 Dialectical Behavior Therapy: Two-day Advanced Training Workshop, Minneapolis, MN, October, Co-Lead Trainer
- 2002 Dialectical Behavior Therapy: Two-day Advanced Training Workshop, Minneapolis, MN, October, Co-Lead Trainer
- 2002 Dialectical Behavior Therapy: Two-day Workshop, New Orleans, September, Lead Trainer
- 2002 Cognitive Behavioral Treatment for Older Adult Personality Disorders, Philadelphia, PA, *Beck Institute*, May, Lead Trainer
- 2002 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Omaha, NE, May, Co-Lead Trainer
- 2002 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Florida, May Co-Lead Trainer
- 2003 Dialectical Behavior Therapy: Two-day Workshop, Minneapolis, MN, May, Co-Lead Trainer
- 2002 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Milwaukee MI, April, Co-Lead Trainer
- 2002 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Portland, MA, June, Lead Trainer
- 2002 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Florida, June, Lead Trainer
- 2002 Personality Disorders: Assessment and Treatment, Area L AHEC, March. North Carolina, Lead Trainer

- 2002 The Problem of Suicide, Clinical Update Series, Department of Psychiatry and Behavioral Sciences. Duke University Medical Center. Lead presenter.
- 2002 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Minneapolis, MN, March, Lead Trainer
- 2002 Dialectical Behavior Therapy, One Day Workshop, Area L AHEC, Feb. North Carolina, Lead Trainer
- 2001 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Cleveland, OH, October, Co-Lead Trainer
- 2001 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Detroit, September, Co-Lead Trainer
- 2001 Dialectical Behavior Therapy: Two-day Skills Training Workshop, Connecticut, March, Co-Lead Trainer
- 2001 Dialectical Behavior Therapy: One-Day Advanced Consultation, Guilford County Mental Health, NC June, Lead Trainer
- 2001 Dialectical Behavior Therapy: Two-Day Workshop, Knoxville, TN June, Lead Trainer
- 2001 Dialectical Behavior Therapy: Two-Day Workshop, St. Louis, June, Lead Trainer
- 2001 Dialectical Behavior Therapy: Two Day Consultation and Behavioral Workshop, Vermont, May, Lead Trainer
- 2001 Dialectical Behavior Therapy: Two Day Workshop, Miami FL, April, Lead Trainer
- 2001 Dialectical Behavior Therapy for the Multi-Problem Patient: Two Day Workshop, Orange, Connecticut, April, Co-Lead Trainer
- 2001 Dialectical Behavior Therapy for Elderly, One Day Workshop, Area L AHEC, May, North Carolina, Lead Trainer
- 2001 Personality Disorders: Half-Day Workshop, Area L AHEC, North Carolina, Lead Presenter.
- 2001 Dialectical Behavior Therapy for Depressed Elderly with Comorbid Personality Disorder, Short Course, In Chair, Mark D. Miller, Successes & Failures: Which Psychotherapy is the Best for a Given Geriatric Patient? A Clinical Symposium Comparing the Applicability of 3 Short Term Psychotherapies: CBT, DBT, IPT,

- 14th Annual Meeting, American Association for Geriatric Psychiatry., San Fransisco.
- 2001 Dialectical Behavior Therapy: Intensive Training (5 day) Part II, State of Illinios Intensive, Behavioral Technology Transfer Group, Co-lead Trainer.
- 2000 Dialectical Behavior Therapy for Elderly, Workshop presented at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy 4th Annual Convention, New Orleans
- 2000 Dialectical Behavior Treatment of the Multi-problem Elderly Depressed Patient, Workshop presented at the Association for the Advancement of Behavior Therapy 34th Annual Convention, New Orleans, Lead Trainer.
- 2000 Dialectical Behavior Therapy: Intensive Training (5 day) Part II, Southeastern Intensive, Behavioral Technology Transfer Group, Co-lead Trainer.
- 2000 Dialectical Behavior Therapy for the Multi-Problem Patient, Horizon Mental Health Management Corporation, September 22, Lead Trainer
- 2000 Dialectical Behavior Therapy for the Mult-Problem Depressed Elderly Patient, Grand Rounds, Duke University Medical Center, May
- 2000 Dialectical Behavior Therapy: One Day Workshop, Northwest AHEC, September 1, Lead Trainer
- 2000 Cognitive Behavioral Treatments for Elderly, Roundtable Discussion, Annual meeting of the American Association for Geriatric Psychiatry, Miami, FL.
- 1999 Developing and Applying DBT with New Populations Roundtable Discussion, International Society for the Improvement and Teaching of Dialectical Behavior Therapy 4th Annual Convention, Toronto, Canada. Lead Facilitator
- 1999 Dialectical Behavior Therapy 2 day Workshop and Consultation. Lakeview Center, Pensacola, Florida (September 23-24), Lead Trainer
- 1999 The 5th Annual Geriatric Mental Health Conference, AHEC Greensboro Area Health Education Center. Intersections and Interventions: Dialectical BehaviorTherapy with Depressed Elders. Lead Trainer.
- 1999 New Hampshire Coalition on Substance Abuse and The Elderly, Manchester, NH, Dialectical Behavior Therapy for the Elderly Multi-Problem Patient, (September 9-10), Lead Trainer.
- 1999 North Carolina Psychological Association, Raleigh, NC, Dialectical Behavior Therapy for the Multi-Problem Patient, a 1 day Workshop, (April 23), Lead Trainer

- 1999 Duke University NIMH CRC Colloquium, Cognitive-behavioral treatment of elderly depression.
- 1998 Northwest AHEC, Winston-Salem, NC, Dialectical Behavior Therapy: A Three Day Advanced CourseWorkshop. (November 30, December 1, December 11), Co-Lead Trainer
- 1998 Northwest AHEC, Fayetteville, NC, Dialectical Behavior Therapy 2 day Workshop. (September 24, October 1), Co-Lead Trainer
- 1998 Tulane University Medical Center, New Orleans, Dialectical Behavior Therapy 2 day Workshop, (August 28-29), Co-Lead Trainer.
- 1998 New Hampshire Department of Health and Human Services, Advanced Training in Dialectical Behavior Therapy Part III Intensive (June 1-2). Co-Senior Trainer
- 1998 Area Mental Health Center, Garden City Kansas, Dialectical Behavior Therapy 1 day Workshop, (April 29), Lead Trainer.
- 1997 Northwest AHEC, Dialectical Behavior Therapy 1 day Workshop. (November7-8), Co-Lead Trainer
- 1997 Miami, Florida, Running effective DBT consultation teams. Workshop presented at the 2nd Annual Meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT).
- 1997 Maine Vocational Rehabilitation Services, Dialectical Behavior Therapy 2 day Workshop, (November 30 -December 1), Lead Trainer
- 1997 New Hampshire Department of Health and Human Services, Dialectical BehaviorTherapy Part II Intensive Training (August 19-23). Co-Senior Trainer
- 1997 John Umstead Hospital, Butner, NC, New developments in Dialectical Behavior Therapy (October 2)
- 1996 Northwest AHEC, Winston-Salem, NC, Dialectical Behavior Therapy 2 day Workshop. (November 7-8), Co-Lead Trainer
- 1996 Illinois Department of Mental Health, Dialectical Behavior Therapy Part II Intensive Training (September 16-20). Co-Trainer
- 1996 Illinois Department of Mental Health, Dialectical Behavior Therapy Part II Intensive Training (August 19-23). Co-Trainer
- 1996 Illinois Department of Mental Health, Dialectical Behavior Therapy Part I Intensive Training (April 1-6). Co-Trainer

Areas of research interests:

1. Translational science and emotion regulation research examining borderline personality disorder (BPD)
2. Examining mechanisms of change associated with dialectical behavior therapy and cognitive behavioral therapies
3. Treatments for co-morbid disorders (e.g., substance abuse and personality disorder; depression and personality disorder).
4. Treatment development research on personality disorders, with a special emphasis on narcissistic, paranoid, obsessive compulsive, and avoidant PDs.

Clinical Activity:

Up to 3-6 hours per week clinical services, including assessment, treatment, and consultation team meetings.

University Committees:

Duke University, Department of Psychology

1997-2007 Practicum Committee, Department of Psychology and Neurosciences
2007 Colloquium Committee, Department of Psychology and Neurosciences

Duke University, Department of Psychiatry

1997-2000 Duke Clinical Research Center for the Study of Depression in Late Life

Trainees Supervised

Trainee

Duke Undergraduate Students

Eric Andersen, Duke University Psychology Undergraduate student, 06.
Differentiating Positive Emotions through Mood Induction and Cognition. *One publication in progress with candidate.*

Jason Lavender, Duke University Psychology Undergraduate student, 2004-2005
Ecological Momentary Assessment of Binge Eating. Currently graduate student at SUNY Albany. *One publication in progress with candidate.*

Sumati Gupta, Sexual Victimization, Emotion Regulation and Eating Disorders,
currently accepted to graduate school in clinical psychology.

*Publications
With Dr.
Lynch*

In progress
In progress

Under review

Graduate Students (* = Dr. Lynch Primary Dissertation Mentor)

Jennifer Q. Morse, 1998-2002. Clinical Psychology Graduate Student, Personality factors and geriatric depression. Currently a post-doctoral research fellow, University of Pittsburgh.	Nine
Tamar Mendelson, 1997-2002. Clinical Psychology Graduate Student, Duke, 1997-2001. Distraction versus Suppression of Suicidal Urges: Effects of Associational Learning (AFSP) Dialectical Behavior Therapy for Depressed Older Adults (NIMH, Hartford Foundation).	Five
Beth Krause, 1998-2002. Clinical Psychology Graduate Student, Duke, 1997-2001. Emotion Inhibition and Psychopathology. Distraction versus Suppression of Suicidal Urges: Effects of Associational Learning (AFSP).	Four
* Christine Vitt-Ferri, 1999-2003. Clinical Psychology Doctoral Student. Treatment of Elderly Depression with Axis II Comorbidity (NIMH) Dissertation prospectus, Research Dissertation Award: <i>Mentor: Thomas R. Lynch, Ph.D.</i> Behavioral and Social Sciences Section of The Gerontological Society of America. Currently is a Assistant Professor at The Richard Stockton College of New Jersey	Three
* Ann Aspnes, 2001-2002. Clinical Psychology Doctoral Student, Older adults and personality disorders.	Three
Daniel Dillon, 2000-2006. Experimental Psychology Student, The effects of conscious emotion regulation on classical conditioning.	1 Under review
* Kristin Schneider, 2003-Present. Clinical Psychology Doctoral Student. Thought suppression and intrusive thoughts.	One, three in progress
* Prudence Cuper, 2004- Present. Clinical Psychology Doctoral Student. The Use of Fantasy as an Emotion Regulation Strategy..	One, two in progress
* Andrew Ekblad, 2003-Present. Clinical Psychology Doctoral Student. Attachment and Thought Suppression: Relation to BPD features.	Two
* Caroline Cozza, Clinical Psychology Doctoral Student (Primary Mentor; New student Fall 2006) Received Duke Endowment. Research: Lie Detection ability of BPD: A new measure of emotional sensitivity?	One

Clinical Psychology Interns

Alexander L. Chapman, Intern, Duke, 2002-2003, Emotion regulation and an Assistant Professor, Simon Fraser University.	Five
Rhonda Merwin, Intern, Duke, 2005-2006, Personality disorders from a radical behavioral perspective. Currently a postdoctoral fellow, Duke University	One
Nate Williams, Intern, Duke, 2001-2002, Distraction versus Suppression of Suicidal Urges: Effects of Associational Learning (AFSP). Currently an Assistant Professor, University of Arkansas	

Postdoctoral fellows

Jill Compton, Ph.D. 1997-1998. Treatment of Elderly Depression with Axis II Comorbidity (NIMH) submission of B-START and NARSAD. Currently an Assistant Professor, Duke University. Two

Kelly Cukrowicz, Ph.D. 2005-2006. Suicidal behavior in older adults with comorbid personality disorder. Currently an Assistant Professor, Texas Tech University. Five

Moria Smoski, Ph.D. 2004-present. Treatment of Elderly Depression with Axis II Co-morbidity (NIMH) Evaluation of Dialectical Behavior Therapy, (NIDA), Emotion regulation research. Currently is Postdoctoral Fellow in Dr. Lynch's lab. Four

Sammy Banawan, Ph.D. 2004-2006 Evaluation of Dialectical Behavior Therapy (NIDA). Currently in private practice Durham, NC. One

Lorie Ritschel, Ph.D. 2006-present. Evaluation of Dialectical Behavior Therapy (NIDA). Postdoctoral Fellow in Dr. Lynch's lab July 2006.

Steven Thorp, Ph.D. 2002-2003 Treatment of Elderly Depression with Axis II Co-morbidity (NIMH). Currently is Assistant Professor, Palo Alto VA, CA. Six

Psychiatry Postdoctoral Fellows

Leslie Bronner, M.D. 2004-Present. Evaluation of Dialectical Behavior Therapy (NIDA), Minority Supplement. Personality Disorders, African Americans, and Substance Abuse. Currently Director of Substance Abuse Research at Southlight Treatment center and Clinical Associate at Duke University Medical Center, Durham, NC Two

William Trost, M.D. 2005-Present. Emotion dysregulation and psychopathology. Currently in private practice, Durham, NC One

Junior Faculty

Zachary M. Rosenthal, Ph.D. 2002-Present. Developing Computer Based Treatments for Addiction (NIDA), Evaluation of Dialectical Behavior Therapy (NIDA), Thought Suppression and Borderline Personality Disorder. Currently is an Assistant Professor, Department of Psychiatry, Duke University Medical Center Fifteen

Jennifer S. Cheavens, Ph.D. 2002-Present. Evaluation of Dialectical Behavior Therapy (NIDA). The Use of Flourishing in Treatment of Depressed Older Adults. Currently is an Assistant Professor, Department of Psychiatry, Duke University Medical Center Fourteen

Nancy Zucker, Ph.D. 2005-Present. Development of novel treatment approaches for eating disorder. (Mentor on Dr. Zucker's NIMH K23 award). Currently is an Assistant Professor, Department of Psychiatry, Duke University Medical Center In progress

Visiting International Faculty

Michael Chang, M.D. Visiting scholar from Changhua Christian Hospital, Department of Psychiatry, Taiwan. The impact of emotion dysregulation on psychopathology

