

Stacy Shaw Welch
Curriculum Vitae

1218 Third Avenue, Suite 500
Seattle, Washington 98101

Education

Postdoctoral Fellowship

Sept. 2004 – March 2005

Emory University School of Medicine, *Trauma and Anxiety Recovery Program*, Atlanta, GA (*APA accredited*)

Postdoctoral fellowship specializing in anxiety disorders.

Mentor: Barbara Rothbaum, Ph.D.

Pre-doctoral

Clinical Internship

Aug. 2003 – Aug. 2004

Seattle VA Medical Center, Seattle, WA (*APA accredited*)

Twelve-month clinical internship, rotations in both inpatient and outpatient psychiatry settings.

Advisors: Stephen McCutcheon, Ph.D. and Craig Sawchuck, Ph.D.

Doctorate

Sept. 1998 – Aug. 2003

University of Washington, Seattle, WA (*APA accredited*)

Major: Clinical Psychology

Dissertation: “Patterns of Emotion in Response to Parasuicide Imagery in Borderline Personality Disorder” (*defended July, 2003*)

Advisors: Marsha Linehan, Ph.D. and Theodore Beauchaine, Ph.D.

Masters Thesis: “High-risk situations associated with parasuicide and drug use in borderline personality disorder” (*received June, 2001*)

Advisor: Marsha Linehan, Ph.D.

Bachelor’s

Sept. 1991 – June 1995

Occidental College, Los Angeles, CA

Bachelor of Arts, *with Honors*

Major: Psychology

Honor’s Thesis: “Gender differences in evaluations of leadership styles”

Advisor: Anne Schell, Ph.D.

Research Grants

- April 2002 – Aug. 2003 *Principal Investigator:* National Institute of Mental Health, (National Research Service Award, #1 F31 MH64231-01A1), “Emotional Arousal as a Predictor of Suicidal Behaviors”.
- Jan. 2002 – Aug. 2003 *Co-Investigator:* Royalty Research Fund, #2339, “Psychophysiological Correlates of Borderline Personality Disorder: A Field Study Project”.
- May 1994 – Sept. 1994 *Principal Investigator:* Ford Foundation, “Collective Self-Concept in Mexican and Mexican-American Children”.

Clinical Experience

- May 2005 – present **Director, *Anxiety and Stress Reduction Center of Seattle.*** Provide individual psychotherapy across the range of anxiety disorders, with a focus on evidence-based treatments. Direct and coordinate clinic activities including community outreach, consultation and training.
- May 2005 – present **Therapist, *DBT Center of Seattle.*** Provide individual and group psychotherapy using Dialectical Behavior Therapy in a large outpatient treatment center.
- Sept. 2004 – March 2005 **Clinical Supervisor, *Emory University School of Medicine.*** Supervised psychiatry and psychology residents in the delivery of evidence-based treatments for anxiety and mood disorders in children and adults. Provide CBT training and supervision for research grants funded by the NIMH and AHA.
- Sept. 2004 – March 2005 **Staff Therapist, *Trauma and Anxiety Recovery Program, Department of Psychiatry, Emory University School of Medicine.*** Provided psychotherapy for clients with anxiety disorders.
Supervisor: Barbara Rothbaum, Ph.D.
- May 2002 – April 2003 **Research Therapist, *PTSD Treatment Study.*** Provided prolonged exposure therapy for women with PTSD, conducted detailed intake assessments of psychological functioning.
Supervisor: Lori Zoellner, Ph.D.
- Sept. 1999 – Aug. 2003 **Research Therapist, *Behavioral Research and Therapy Clinics, University of Washington.*** Provided Dialectical Behavior Therapy (DBT; both individual and groups skills training) for clients with Borderline Personality Disorder.
Supervisor: Marsha Linehan, Ph.D.
- Sept. 1999 – Aug. 2003 **Staff Therapist, *Psychological Services and Training Center.*** Provided

individual and group psychotherapy in a low-cost clinic with hour to hour supervision (for a wide variety of presenting problems).

Supervisors: Dorsey Green, Ph.D., Pat Fallon, Ph.D., Lisa Shaw, Ph.D., Steve Scholl, Ph.D., Sarah Reynolds, Ph.D.

Sept. 1999 – Aug. 2003

Consultant, *Northwest Immigrant Rights Project*. Provided psychological assessments and consultation to lawyers defending immigrant victims of partner violence under the Violence against Women Act.

Supervisor: Kimberley Barrett, Ph.D

July 2000 – July 2002

Psychometrist, *Harborview Neuropsychiatric Center*. Administered various neuropsychological test batteries to inpatient and outpatient populations in both Spanish and English.

Supervisor: Julie Rippeth, Ph.D.

Jan. 1997 – Jan. 1998

Counselor Trainer, *Los Angeles Commission Against Assaults on Women (LACAAW)*. Trained 30 volunteers in both large and small group settings to be crisis intervention hotline counselors for victims of sexual assault/partner violence.

Supervisors: LACAAW staff

Jan. 1996 – Jan. 1998

Counselor/Advocate, *Los Angeles Commission Against Assaults on Women (LACAAW)*. Accompanied survivors of sexual assault or domestic violence to hospital or court proceedings. Provided counseling, advocacy and follow-up support. Also used a crisis intervention model to counsel a wide range of callers on a 24-hour rape and partner violence.

Supervisors: LACAAW staff

May 1994 – May 1995

School Counselor, *Outreach Concern, Inc.* Served as the school counselor at a K-8 school, provided counseling and academic restructuring for a caseload of 5-10 children. Arranged conferences with teachers, parents and administrators as necessary.

Supervisor: Collette Fries, L.C.S.W.

Research Experience

May 2005 – present

Director of Research and Development, *Evidence Based Treatment Centers of Seattle* Coordinate research studies, grant writing, and manuscript preparations with a focus on treatment development for trauma, anxiety disorders and serious emotion regulation problems. Supervise research activities of postdoctoral fellows and associated research team.

Sept. 2004 – March 2005

Postdoctoral Research Fellow, *Trauma and Anxiety Recovery Program, Emory University School of Medicine*. Coordinate research

studies, grant writing, and clinical activities with a focus on treatment development for anxiety disorders.

Supervisors: Barbara Rothbaum, Ph.D. and Nadine Kaslow, Ph.D.

Aug. 2001 – Aug. 2003

Psychophysiological Team Director, University of Washington, Emotion Regulation and Parasuicide in Borderline Personality Disorder (BPD). Coordinated and supervised interdisciplinary team of physicians, doctoral students and undergraduates at the University of Washington/University of Frieberg, Germany on two psychophysiological studies of emotion regulation in BPD.
Supervisors: Marsha Linehan, Ph.D. and Martin Bohus, M.D.

Sept. 1998 – Aug. 2001

Research Coordinator, University of Washington, Dialectical Behavior Therapy (DBT) Treatment Outcome Study. Supervised data team on data management and analysis in a large study evaluating DBT for chronically parasuicidal individuals meeting criteria for BPD; rated therapy adherence; conducted a wide array of assessments.
Supervisors: Marsha Linehan, Ph.D. and Kate Comtois, Ph.D.

June 1995 – June 1998

Research Associate, University of California-Los Angeles, Developmental Processes in Schizophrenia. Provided supervision and coordination of a research lab conducting a longitudinal, multidisciplinary study of schizophrenia. Administered a wide variety of psychophysiological, information processing, intelligence, personality, and assessment measures of psychopathology to schizophrenic, bipolar and community comparison subjects. Performed data input, scoring and analysis, literary searches and subject recruitment.
Supervisor: Keith Nuechterlein, Ph.D.

Publications

- Zanipatin, J., **Welch, S.S.**, Yee, J. & Bardina, P. (2004). Immigrant women and domestic violence. In Barrett, K. & George, W. (Eds.), *Race, Culture, Psychology, and Law*. Sage: Thousand Oaks.
- Welch, S.S.** & Linehan, M.M. (2002). High-risk situations associated with parasuicide and drug use in borderline personality disorder. *Journal of Personality Disorders, 16*(6), 561-569.
- Linehan, M.M., Dimeff, L.A., Reynolds, S.K., Comtois, K.A., **Welch, S.S.**, Heagerty, P., Kivlahan, D.R. (2002). Dialectical behavior therapy versus comprehensive validation plus 12-step for the treatment of opiod dependent women meeting criteria for borderline personality disorder. *Drug and Alcohol Dependence, 67*(1), 13-26.
- Welch, S.S.** (2001). A review of the literature on the epidemiology of parasuicide in the general population. *Psychiatric Services, 52*(3), 368-375.
- Linehan, M.M., Rizvi, S.L., **Welch, S.S.** & Page, B. (2000). Personality disorders and suicidal behavior. In K. Hawton & K. Van Heeringen (Eds.), *The International Handbook of Suicide and Attempted Suicide*. John Wiley and Sons; London.

Welch, S.S., Rizvi, S.L, & Dimidjian, S.A. (in press). Mindfulness in Dialectical Behavior Therapy. In Baer, R. (Ed.), *Mindfulness Based Treatment Approaches*. Elsevier: San Diego, CA.

Welch, S.S., & Rothbaum, B.O. (in press). Emerging Treatments for PTSD. In Friedman, M.J., Keane, T.M. & Resick, P.A. (Eds.), *PTSD: SCIENCE & PRACTICE - A Comprehensive Handbook*.

Welch, S.S., Sylvers, P., Chittams, J., Hodges, J. & Linehan, M.M. (under review). *Borderline personality disordered clients with and without substance use disorder: birds of a feather or different breeds?*

Ebner, U., **Welch, S.S.,** Reisch, T., Grossman, P., Linehan, M.M. & Bohus, M. (under review). Affective Dysregulation in BPD.

Ebner-Preimer, U., Kuo, J., **Welch, S.S.,** Thielgen, T., Linehan, M.M. & Bohus, M. (under review). A valence-dependent group-specific recall bias in patients with borderline personality disorder.

Papers in Preparation

Welch, S.S. and Whiteside, U.S. *Relapse prevention for anxiety disorders*. Manuscript in preparation.

Welch, S.S., Sylvers, P.S. & Linehan, M.M. *Physiological and subjective emotional responses to parasuicide imagery in borderline personality disorder*. Manuscript in preparation.

Comtois, K.A., Korslund, K.E., **Welch, S.S.,** Rizvi, S.L., Brown, M.Z. & Linehan, M.M. *Predictors of outcome in treatments for borderline personality disorder*. Manuscript in preparation.

Comtois, K.A., **Welch, S.S.,** Whiteside, U.S. & Linehan, M.M. *Treatment history in borderline personality disorder*. Manuscript in preparation.

Welch, S.S. & Rothbaum, B.O. Predictors of outcome in Prolonged Exposure and EMDR treatments for PTSD. Manuscript in preparation.

Professional Presentations (pre-2000 citations use "Shaw")

Welch, S.S., Sylvers, P. & Linehan, M.M. (2004). *Parasuicide and Emotion Regulation in BPD: Testing an Escape Conditioning Hypothesis Using Multicomponent Indicators of Emotion*. Presentation at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Welch, S.S. (2003). *Physiological and subjective emotional responses to parasuicide imagery in borderline personality disorder*. Presentation at the 8th annual meeting of the International Society for the Integration and Teaching of Dialectical Behavior Therapy, Boston, MA.

Welch, S.S., Kuo, J., Sylvers, P. & Linehan, M.M. (2003). *Psychophysiological correlates of parasuicidal behaviors in women meeting criteria for borderline personality disorder*. Poster

presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Kuo, J., **Welch, S.S.**, Sylvers, P. & Linehan, M.M. (2003). *Psychophysiology of emotion dysregulation in borderline personality disorder*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Sylvers, P., Hodges, J., **Welch, S.S.** & Linehan, M.M. (2003). *Borderline personality disordered individuals with and without substance abuse: Birds of a feather or different breeds?* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Welch, S.S. & Rizvi, S.L. (2002). *Has Behavior Therapy Sold Out? A look at the relationship between convention, ethics, efficacy and practice*. Chaired symposium held at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

Linehan, M.M., Comtois, K.A., Brown, M.A., Reynolds, S.K, **Welch, S.S.**, Sayrs, J.H.R., Korslund, K.E. & Dimeff, L.A. (2002). *DBT versus nonbehavioral treatment by experts in the community: Clinical outcomes*. Presentation given at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

Comtois, K.A., **Welch, S.S.**, Korslund, K.E. & Linehan, M.M. (2002). *The University of Washington treatment study for borderline personality disorder: Predictors of treatment outcome*. Presentation given at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

Welch, S.S., Korslund, K.K. & Linehan, M.M. (2002). *Evaluating dialectical behavior therapy for borderline personality disorder: Previous research and future directions*. Presentation at the annual meeting of the Society for Psychotherapy Research, Santa Barbara, CA.

Ebner, U.W., Reisch, T., **Welch, S.S.**, Csontos, Z., Linehan, M. & Bohus, M. (2002). *Ambulatory psychophysiological monitoring in female patients with borderline personality disorder*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Washington, D.C.

Welch, S.S. (2002). *Research with BPD and the grant-writing experience: A graduate student perspective*. Invited address at the NIMH-sponsored New Directions in Borderline Personality Disorder II conference, Minneapolis, MN.

Lilenfeld, L.R., Wildman, P., Marcus, M., Stein, D. & **Welch, S.S.** (2001). *Parasuicidal behavior among women with eating disorders*. Presentation at the annual meeting of the Eating Disorders Research Society, Bernadillo, NM.

Welch, S.S. & Rizvi, S.L. (2001). *Preserving the future of empirically supported treatments: Issues in training graduate students*. Chaired symposium held at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

- Welch, S.S.** & Linehan, M.M. (2001). *Reductions in arousal following suicidal behavior: Methods of a psychophysiological investigation*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Comtois, K.C., **Welch, S.S.** & Whiteside, U.S. (2001). *Treatment history in borderline personality disorder*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Reisch, T., Ebner, U., **Welch, S.S.** & Linehan, M.M. (2001). *Psychophysiological correlates of borderline personality disorder: A field study*. Poster presented at the World Congress of Behavior Therapy, Vancouver, Canada.
- Welch, S.S.**, Linehan, M.M. & Comtois, K.A. (2000). *High-risk situations for parasuicide and drug use in borderline personality disorder*. Poster presented at the American Association for Behavior Therapy, New Orleans, LA.
- Nuechterlein, K.H., Subotnik, K.L., Gitlin, M., Dawson, M.E., Ventura, K.S., Fogelson, D.L., **Shaw, S.** & Mintz, J. (1999). *Neurocognitive and environmental contributors to work recovery after initial onset of schizophrenia: answers from path analyses*. Poster presented at the International Congress on Schizophrenia Research.
- Shaw, S. L.** & Chavez, J. (1995). *Collective measures of self-concept in Mexican vs. Mexican American children*. Poster presented at the Western Psychological Association Conference, Los Angeles.
- Shaw, S. L.** (1995). *Psychological gender and democratic vs. autocratic leadership styles*. Paper presented at the Santa Clara Undergraduate Psychological Research Conference, Santa Clara, CA.
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Teaching Experience

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| June 2003 – present | Trainer, Behavioral Technology Transfer Group. Provide intensive training and consultation in Dialectical Behavior Therapy for borderline personality disorder, parasuicidal behaviors, and substance use disorders. |
| May 2003 – July 2003 | Seminar: Emotion Regulation and Suicidal Behavior, Behavioral Research and Therapy Clinics, University of Washington. Taught ten-week seminar for undergraduate research interns. |
| July 2002 – July 2003 | Seminar: Research, Theory and Clinical Applications of Dialectical Behavior Therapy, Behavioral Research and Therapy Clinics, University of Washington. Taught year-long weekly seminar for undergraduate research interns. |
| Sept. 1998 – May 1999 | Seminar: Introduction to Clinical Research/Personality Disorders, Behavioral Research and Therapy Clinics, University of Washington. Taught year-long weekly seminar for undergraduate research interns. |

Professional Organizations

Anxiety Disorders Association of America
Obsessive Compulsive Disorder Foundation
American Psychological Association
Trichotillomania Learning Center
Association for the Advancement of Behavior Therapy
Society for Psychotherapy Research
International Society for the Investigation and Teaching of Dialectical Behavior Therapy

Ad hoc Reviewer/Co-Reviewer

Behavior Therapy
The Journal of Consulting and Clinical Psychology
The Journal of Abnormal Psychology
Behavior Medicine
Psychiatric Services
The Journal of Alcohol and Drug Addiction
The Behavior Therapist
The Journal of Personality Disorders
Addiction
Cognitive and Behavioral Practice