

**SHARON Y. MANNING, PH.D., LPC**

205 Putter Point Court

Chapin, SC 29036

**EDUCATION:**

- **DOCTOR OF PHILOSOPHY: COUNSELOR EDUCATION** ( 1996)  
University of South Carolina (Columbia, South Carolina)
- **MASTER OF EDUCATION: COUNSELOR EDUCATION** (1989)  
Cleveland State University (Cleveland, Ohio)
- **POST-GRADUATE EDUCATION CERTIFICATION: K-12 READING;  
SECONDARY ENGLISH** (1985)  
Cleveland State University (Cleveland, Ohio)
- **BACHELOR OF ARTS: ENGLISH** (1986)  
Clemson University (Clemson, South Carolina)

**EXPERIENCE:**

- **UNIVERSITY OF WASHINGTON**  
Department of Psychology  
Position: Clinical Instructor  
September, 2006-Present
- **BEHAVIORAL TECH, LLC**
- **BEHAVIORAL TECH RESEARCH, INC**  
Position: President/CEO  
November, 2003-Present  
  
Position: Dialectical Behavior Therapy Training Specialist  
June, 2002-November 2003  
  
Position: Training and Development  
March, 1999-June, 2002
- **SOUTH CAROLINA CENTER FOR DIALECTICAL BEHAVIOR  
THERAPY, PC**  
Position: President/ DBT Therapist  
June, 1996-Present

- **SOUTH CAROLINA DEPARTMENT OF CORRECTIONS**

Position: Part-time Dialectical Behavior Therapy Consultant  
January, 1999-April, 2001

Position: Coordinator of Women's Services Unit  
April, 1998-January, 1999

Position: Human Services Coordinator II  
December, 1996-April, 1998  
Intermediate Care Unit Coordinator

- **UNIVERSITY OF SOUTH CAROLINA**

Position: Field Placement/Dissertation Supervisor (Psychology)  
January, 1998- January, 1999

Position: Clinical Supervisor/USC DBT Program  
January, 1998-Present

Position: Adjunct Professor (Counselor Education)  
January, 1997- January, 1998  
Master's Practicum Instructor

Position: Field Placement Supervisor (USC Medical School)  
August, 1994-December, 1996

- **SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH**

Position: Special Services Coordinator/Chief Mental Health Counselor  
April, 1994-December, 1996  
Dialectical Behavior Therapy Program Supervisor

Position: Chief Mental Health Counselor  
Road Show Supervisor  
April, 1994-August, 1994

Position: Mental Health Counselor III  
October, 1992-April, 1994  
Behavior Therapy Program Pilot Group Therapist  
Road Show Therapist (TLC Counselor)

Position: Mental Health Counselor II  
March, 1991-September, 1992

Rosewood Psycho/social Rehabilitation Clubhouse

- **SOUTH CAROLINA VOCATIONAL REHABILITATION: COLUMBIA AREA OFFICE**  
Position: Vocational Rehabilitation Counselor I  
April, 1990-March, 1991
- **NUTRI/SYSTEMS: COLUMBIA, SOUTH CAROLINA**  
Position: Counselor/ Manager  
July, 1989 - April, 1990
- **TIME OUT PROGRAM OF MASSON SCHOOL: LORAIN, OHIO**  
Position: Developer, Trainer, Counselor  
January, 1988 - June, 1989
- **ST. WILLIAM SCHOOL AND MASSON SCHOOL: EUCLID AND LORAIN OHIO**  
Position: Junior High School English and Reading Teacher  
St. William: August, 1985 - June, 1986  
Masson School: August, 1986 - June, 1989
- **LAKEWOOD LITTLE THEATER: LAKEWOOD, OHIO**  
Position: Creative Expression Instructor  
Part Time September, 1985 - June, 1989

#### **PRESENTATIONS:**

Dialectical Behavior Therapy. Treating Adolescents with Multiple Problems. Oxford, England. February 23-24, 2009.

Issues in Dissemination of Evidence Based Treatments. Association for Behavioral and Cognitive Therapies Annual Convention. November 15, 2008.

Dialectical Behavior Therapy: Treating Substance Use Disorders. 2006-present.

Advanced Intensive Training in Dialectical Behavior Therapy. Seattle, Washington. 2006-present.

Treating the Multiple-disordered Suicidal Patient. Multiple trainings in various locations. 2004-present.

Dialectical Behavior Therapy Intensive Training. 10 days of training in various settings. 2000-present.

Starting a Private Practice. Association for the Advancement of Behavior Therapy Annual Convention. Professional Seminar. November 15, 2001.

Skills Training Workshops. Multiple trainings in various locations. 1996-Present.

Advanced Dialectical Behavior Therapy. New England Educational Institute Summer Symposia. June 25-29, 2001.

Dialectical Behavior Therapy. American Academy of Psychotherapists National Convention. October, 2000.

Dialectical Behavior Therapy for Substance Abuse. West Virginia Addictions Training Institute. June, 2000.

Using Dialectical Behavior Therapy in Forensics Settings. ISITDBT. November 10, 1999.

Offenders: Rehabilitation or Punishment. National Association for Blacks in Criminal Justice. December 4, 1998

Dialectical Behavior Therapy for Forensics Populations. SC Forensics Forum. November 9, 1998.

Treating Borderline Personality Disorder: Therapy for the Therapist. October 11-12, 1996.

Families and Mental Illness. Helping Families Cope, June, 1996.

Using Dialectical Behavior Therapy with Children and Adolescents. South Carolina Conference on Children and Adolescents, May, 1996.

Using Dialectical Behavior Therapy with Dually Diagnosed Clients. Morris Village Center for Alcohol and Drug Treatment, May, 1996.

Introduction to Dialectical Behavior Therapy. Lexington Richland Alcohol and Drug Abuse Council, November, 1995

Overview of Dialectical Behavior Therapy. South Carolina Psychiatric Nurses Convention, October, 1995.

Dialectical Behavior Therapy: An Overview. South Carolina School for Alcohol and Other Drug Studies, July, 1995.

Research Available on treating Dually Diagnosed Clients with Personality Disorders. South

Carolina Education and Mental Health Research Consortium, April, 1995.

How to Start a Behavior Therapy Program for Personality Disorders. The Third Annual Community Support Conference for Mental Health Service Providers, January, 1995.

Homeshare: Applications for the 1990's. The Third Annual Community Support Conference for Mental Health Service Providers, January, 1995.

Dialectical Behavior Therapy. 1994 Statewide Physician's Conference, October, 1994.

Letting Go and Moving On: Dialectical Behavior Therapy and Radical Acceptance. Eighth Annual SC SHARE Statewide Conference, April, 1994.

Stress Management as DBT Distress Tolerance Skills Workshop. Eighth Annual SC SHARE Statewide Conference, April, 1994.

Effective Treatment for Borderline Personality Disorders-The Linehan Model-Dialectical Behavior Therapy. The Second Annual Community Support Conference for Mental Health Service Providers, March, 1994.

Adolescent Worry. South Carolina Association for Counseling and Development, February, 1993.

## **PUBLICATIONS:**

Manning, S. (in press). Loving Someone with Borderline Personality Disorder. New York: Guilford Press.

Manning, S (2006). Dialectical behaviour therapy. In Powers, M. and Freeman, C. (Eds.). The handbook of evidence based psychotherapies. West Sussex, England: Wiley.

Manning, S. (2004). Dialectical behavior therapy of severe and chronic problems. In VanderCreek, L. (Ed.). Innovations in clinical practice: Focus on adults. Sarasota, FL: Professional Resource Press.

Foretsch, C., Manning, S. & Dimeff, L (2003). Overcoming roadblock in dialectical behavior therapy. In Leahy, M. (Ed.). Overcoming roadblocks in psychotherapy.

Manning, S. (1996). The effects of a cognitive-behavioral treatment on females with borderline personality disorder. Columbia, SC: University of South Carolina Press.

Manning, S. (1996). The effects of a cognitive-behavioral treatment of Caucasian and African American females with borderline personality disorder, (1996). Unpublished manuscript.

**AFFILIATIONS:**

Licensed Professional Counselor, State of South Carolina  
Nationally Certified Professional Psychologist  
National Board of Certified Counselors Eligible  
Association for the Advancement of Behavior Therapy  
American Psychological Association  
Division 12 of American Psychological Association  
Training and Education Committee of Division 12  
Chi Sigma Iota International Society for Counselors:  
1994 President  
ISITDBT  
Marie Institute of Behavioral Technology—Board Member

**AWARDS:**

Leadership Award: 2006 International Society for Improvement in Teaching of  
Dialectical Behavior Therapy  
Nominee: 1998 South Carolina Governor's Award for Women of Achievement.  
Winner: 1998 Showcase Presentation: National Association for Women in Corrections and  
Juvenile Justice.