

**RONDA Y. OSWALT REITZ**  
**Licensed Psychologist, Missouri**

**Business Address:**

Fulton State Hospital  
600 E. Fifth Street, MS 225  
Fulton, Missouri 65251

**Education**

University of Kansas Degree completed - April, 1999	Ph.D., Counseling Psychology
Illinois State University Degree completed - May, 1990	M.S., Clinical Psychology
Northeast Missouri State University Degree completed - May, 1986	B.S., Psychology

**Professional Experience**

- 04/02- Present Trainer/Consultant, Behavioral Tech, Seattle, Washington. Provide workshops and consultation on skills training, individual therapy and program development in Dialectical Behavior Therapy to mental health professionals in the United States.
- 01/02- Present DBT Program Coordinator/Psychology Internship Training Director, Fulton State Hospital, Fulton, Missouri. Responsible for the implementation of DBT across the continuum of security levels at a 500 bed forensic hospital. Supervise three inpatient wards and direct programming in DBT on several others. Consult with local agencies in the development of DBT programs and training. Supervise doctoral students from the Clinical Psychology and Counseling Psychology Programs at the University of Missouri. Coordinate research efforts to evaluate DBT interventions at the hospital. Direct training for the APA accredited Psychology Internship Program. Ad Hoc faculty member in the Clinical Psychology Program at the University of Missouri.
- 10/00 12/01 Team Leader, Adult Outpatient Program, Bert Nash Center, Lawrence, Kansas. General administrative responsibilities included management of the day to day functions of a team of 8 psychologists and social workers, providing clinical supervision, oversight of utilization of clinical services, and personnel issues. Center-wide management duties include utilization review, staff development committee, and fee collections committee. Provided group, individual, and crisis services in both Adult Outpatient and Intensive Outpatient Programs. Directed clinical, training, and research activities for a Dialectical Behavior Therapy Program serving 60 clients. Duties included management of the psychology internship track in DBT, coordination of doctoral psychology practicum program in collaboration with the University of Kansas, direction of outcome research activities, and implementation of the DBT treatment protocol throughout the agency. Served as ad hoc faculty member in the departments of Clinical Psychology and Counseling Psychology, University of Kansas. Provided consultation and training to area professionals and agencies in the delivery of DBT.

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- 8/96-  
10/00 Psychologist, Adult Outpatient Program, Bert Nash Center, Lawrence, Kansas. Provided short and long-term psychotherapy, evaluation, and referral to individuals, couples, and families representing a wide range of presenting concerns. Developed and managed the Dialectical Behavior Therapy team, participated in utilization review activities, provided consultation and education to community groups, supervised students in assessment, therapy, and training activities, and liaison with the University of Kansas community.
- 7/95-  
7/96 Doctoral Psychology Intern Kansas City Veteran Affairs Medical Center, Kansas City, Missouri. Full-time APA accredited internship. Major rotations included: *Neuropsychology Clinic, HIV/AIDS, Inpatient Psychiatry, Mental Hygiene Clinic*, and the *Inpatient Substance Abuse Treatment Unit*. A year-long experience in neuropsychology included therapy and assessment cases, readings, team consultation, and weekly supervision. General duties included individual and group psychotherapy with adult inpatients and outpatients of diverse backgrounds and presenting concerns, provision of psychoeducational groups (HIV/AIDS Prevention, Anger/Stress/Depression Management, Relapse Prevention, Alcohol and the Brain, Alcohol in the Family), brief and comprehensive evaluations of cognitive and personality functioning, participation on multidisciplinary treatment teams on all rotations, supervision of master's level practicum students, participation in neuropsychological research, and presentations to VA staff, interns at another site, and at a local prison.
- 5/93-  
7/95 Adult Outpatient Therapist Bert Nash Mental Health Center, Lawrence, Kansas. Registered Master's Level Psychologist. Provided short and long-term psychotherapy, psychodiagnostic evaluation, and referral to individuals, couples, and families representing a wide range of diagnoses and presenting concerns. Developed and directed the Assessment Committee, and the Evaluation of Outcomes committee for the agency.
- 5/92-  
8/94 Neuropsychology Staff Neuropsychology Department, Meadowbrook Neurological Hospital, Gardner, Kansas. Conducted neuropsychological screenings and comprehensive test batteries and provided individual and group psychotherapy to patients with neurological impairments of diverse etiologies in a postacute setting. Focus of treatment included facilitating adjustment to impairment, family consultation, and pain, anger, and stress management. Developed and implemented treatment plans and consulted with multidisciplinary treatment teams in the acute, post-acute, outpatient, and neurobehavioral programs of the hospital. Participated on the Quality Assurance Team.
- 8/90-  
5/92 Graduate Student Clinician Counseling and Psychological Services (CAPS), University of Kansas, Lawrence, Kansas. Provided short-term, individual, group, family, and marital outpatient psychotherapy to students, staff, and their families. Conducted intake interviews and made appropriate referrals to resources within the agency and the community. Served as a liaison to a large residence hall on campus. Provided outreach programs to student groups.
- 1/90-  
10/90 Biofeedback Technician Neurology Department, University of Kansas Medical Center, Kansas City, Kansas. Established and implemented a treatment protocol for

physician-referred patients suffering from intractable cluster and migraine headache. Provided training to patients in both temperature and electromyographic modalities.

- 7/88- Child and Adolescent Therapist Decatur Mental Health Center, Decatur, Illinois.  
7/89 Provided individual therapy to children and adolescents presenting diverse behavioral, social, and emotional concerns and conducted family therapy. Developed behavior management programs for attention deficit hyperactive children, for conduct disorder and oppositional defiant adolescents, and for children experiencing behavior problems caused by a wide range of physical, environmental and social factors. Coordinated the implementation of behavior programs between educational settings and families. Provided a consultation and liaison service with local Headstart program which included evaluation, referral, and conducting parenting skills training for groups and individuals. Facilitated aftercare plans for children and adolescents exiting a local state mental health facility. Served on the Utilization Review Committee for the mental health center.
- 8/86- Graduate Assistant Student Counseling Center, Illinois State University, Normal,  
5/88 Illinois. Developed and presented outreach programs to classes and student organizations on topics which included substance abuse, stress management, acquaintance rape, and time management. Responsibilities also included organizing and maintaining data for program accountability and participating in the development and analysis of needs assessments for different university populations. individualized treatment plans.

### **Research**

- Stepp, S. D., O'Neill, K., Reitz, R.O., Henry, J.O., & Chambers, A. (2004, November). Dialectical Behavior Therapy Modified for a Forensic Inpatient Population. Poster presentation at International Society for the Improvement and Training of Dialectical Behavior Therapy, New Orleans.
- Reitz, R. O., Telander, R. E., Stepp, S. D. & Durrett, C. (2004, November) Impact of a DBT Skills Coaching Protocol on Aggression and Parasuicide Behaviors in Long-Term Multiply Diagnosed Forensic Inpatients. Poster presentation at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans.
- Reitz, R.O. & Chambers, A. (2004, November) Preliminary Data on the Effectiveness of a DBT Skills Training Protocol for Inpatient Milieu Development. Poster presentation at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans.
- 5/99      Dissertation      "Factors Contributing to Fear of Crime for Male and Female University Students"  
University of Kansas
- 4/90      Thesis              "Auditory Verbal Learning Test Performance as a Function of Age and Gender".  
Illinois State University.

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- 11/90 Reitz, R. O., House, A. E., Graybill, D. (1990, November). Rey AVLT performance as a function of age and gender. Paper presented at the meeting of the National Academy of Neuropsychology, Las Vegas, Nevada
- 11/89-  
10/90 Research Assistant University of Kansas Neurological Foundation, University of Kansas Medical Center, Kansas City, Kansas. Provided neuropsychological assessment of Alzheimer's patients in a national experimental medication study. Collected data in a study examining comparative driving risks to Parkinson's and Alzheimer's patients at various points in the development of the diseases.
- 8/87-  
5/88 Research Assistant Office of the Vice-President of Student Affairs, Illinois State University, Normal, Illinois. Participated in a university administration supported research project investigating the persistent effects of college experience on developmental tasks for graduating seniors and university alumni. Duties included data collection and telephone interviewing.

**Invited Presentations and Workshops**

"Treating Multiple Severe Disorders with DBT", (October 2003), Midway, MI. Behavioral Tech agency workshop and consultation.

"Implementing an Integrated Treatment Model", (June 2004), Mount View Juvenile Detention Center. Lakewood, CO.

"Treating Multiple Severe Disorders with DBT", (June, 2004), St. Anthony's Hospital, St. Louis, MO. Behavioral Tech agency workshop.

"Effective Treatment of the Borderline Client", (June, 2004), Missouri Psychological Association Workshop, Columbia, MO.

"Effective Treatment of the Borderline Client", (May 2004), Spring Training Institute and National Autism Symposium, Osage Beach, MO.

"Treating Multiple Severe Disorders with DBT", (October 2003), Elgin, IL. Behavioral Tech agency workshop and consultation.

"Skills Training in Dialectical Behavior Therapy", (October, 2003), Skokie, IL. Behavioral Tech agency workshop.

"Individual Therapy in DBT", (September, 2003), Lawrence, KS. Behavioral Tech sponsored workshop.

"Treating Multiple Severe Disorders with DBT", (June 2003), Mattoon, IL. Behavioral Tech agency workshop and consultation.

"Skills Training in Dialectical Behavior Therapy", (June 2003), Richmond, VA. Behavioral Tech agency workshop and consultation.

“Skills Training in Dialectical Behavior Therapy” (December, 2002), Richmond, VA. Behavioral Tech sponsored workshop with Adam Payne.

“Skills Training in Dialectical Behavior Therapy” (November, 2002), Albuquerque, NM. Behavioral Tech sponsored workshop with Cedar Koons.

“Skills Training in Dialectical Behavior Therapy” (October, 2002), Denver, CO. Behavioral Tech sponsored workshop with Shari Manning.

(September, 2002), Salt Lake City, UT. Behavioral Tech sponsored workshop with Linda Dimeff.

“Skills Training in Dialectical Behavior Therapy” (September, 2002), Indianapolis, IN. Behavioral Tech sponsored workshop with Amy Wagner.

“Diagnosis and Treatment of Borderline Personality Disorder: Implementing the Dialectical Behavior Therapy Model”, (November 16, 2001), Johnson County Mental Health Center.

“Diagnosis and Treatment of Borderline Personality Disorder: Implementing the Dialectical Behavior Therapy Model” (October 17, 2001), Mental Health Center of Crawford County.

### **Professional Activities**

Licensed Psychologist, Missouri

Member, Association for Behavioral and Cognitive Therapy