

Curriculum Vitae

MEGGAN MOORHEAD

November, 2001

PERSONAL INFORMATION:

Home address: 2102 Sprunt Avenue
Durham, North Carolina 27705
Office address 1411 Broad Street
Durham, North Carolina 27705

EDUCATIONAL BACKGROUND:

Boston University, Boston, Massachusetts, Doctor of Education, Counseling
Psychology, 1980

Boston University, Boston, Massachusetts, Master of Education, Counseling
Psychology, 1976

Princeton University, Princeton, New Jersey, Bachelor of Arts, 1972

License:

Health Services Provider - Psychologist - present

Licensed Psychologist, North Carolina, 1991 - present

Licensed Psychologist, Commonwealth of Massachusetts, 1981 - 1990

PROFESSIONAL EXPERIENCE:

Clinical and Supervisory:

Staff Psychologist, John Umstead Hospital Rehabilitation Unit providing Dialectical Behavior
Therapy to patients, providing consultation and training to staff and local outpatient mental health
centers.

Nontraditional assessment and evaluation, program evaluation. Individual and
group supervision with doctoral students. Approximately seven direct individual
clinical hours weekly. Individual and group psychotherapy with individuals who
are diagnosed with schizophrenia, affective and character disorders.
1989 - 1998

Research Associate, University of North Carolina at Chapel Hill
1989 - 1997

Clinical Assistant Professor, University of North Carolina at Chapel Hill
1997 - present
Providing practicum site for third and fourth year graduate students.

Private practice with adults, long and short term psychotherapy, consultation, supervision. Dialectical Behavior Therapy with individuals who meet criteria for Borderline Personality Disorder and Post Traumatic Stress Disorder. DBT Skills Classes, Durham, North Carolina.

Affiliate Psychologist, Arlington Youth Consultation Center, Arlington, Massachusetts, psychotherapy with adolescents and their families. Supervision and training of doctoral and post-doctoral interns in psychology. Areas of expertise in training in psychotherapy: First Session, Psychotherapy of Character Disorders, and Termination.
1984 - 1988

Clinical Seminar Member, Stone Center for Development Services and Studies, Wellesley College, Wellesley, Massachusetts, multi-disciplinary team studying gender, culture and race in psychotherapy.
1983 - 1986

Psychology Intern, Lynn Community Mental Health Center, Lynn, Massachusetts. Supervised clinical internship with individuals, couples, and adolescent psychotherapy. Supervision of Masters Level Clinical Students.
1978 - 1979

Psychology Intern, Elliot Clinic, Concord, Massachusetts. Supervised clinical internship, individuals, couples and adolescent psychotherapy.
1977 - 1978

Teaching:

Abnormal Psychology, Clinical Seminar in DBT (graduate level)
Department of Clinical Psychology, UNC-CH
1997 - 1998

Visiting Clinical Assistant Professor, Division of Rehabilitation Counseling, School of Medicine, The University of North Carolina at Chapel Hill. Teaching responsibilities: Counseling, Philosophy and Theory, Rehabilitation of Psychosocial Disabilities. Supervising Masters students.
1990 - 1991

Adjunct Faculty, Massachusetts School of Professional Psychology, Mentor Program. Conducted graduate seminars in The History of Object Relations, 1986, and Winnicott and the Child, 1987

Adjunct Faculty, Saybrook Institute, San Francisco, California, advising doctoral candidate in qualitative research.
1984 - 1987

Lecturer, Bradford College, Bradford, Massachusetts, Department of Psychology. Courses taught: Statistics, Research Methods, Introduction to Psychology, Social Psychology, Psychology of Women, Counseling Theory and Philosophy.
1980 -

Training:

Completed Supervision and Rating of Therapist Adherence in Dialectical Behavior Therapy at the University of Washington, Behavioral Research and Therapy Clinics, April 29 - May 2, 1999, March 8, 9, 1997

Dialectical Behavior Therapy : Ten Day Intensive Training Program conducted by Marsha Linehan, Ph.D., Seattle, Washington, September, 1996, May 1997, Duke University, Durham, North Carolina, March 24 - 28, 1993, Cornell Medical Center , White Plains, New York, September 4 - 8, 1993

Attended Treatment of Adults with Post-Traumatic Stress Disorder: A Cognitive Behavioral Approach with Donald Meichenbaum, Ph.D., September 16, 1994, 5 credit hours.

PRESENTATIONS:

Moorhead, M, Introduction to Dialectical Behavior Therapy, Main Psychological Association, November 16th, 2001

Moorhead, M, Introduction to Dialectical Behavior, South Carolina Psychological Association, April 5, 2001

Moorhead, M, Introduction to DBT, Psychological Association of South African, Annual Congress, Johannesburg, South Africa August, 2000

Moorhead, M., Koons, C., Introduction to DBT, August, 26, 27, 1999
Yokosuka Navel Fleet Command, Family Services Center, Yokosuka, Japan

Moorhead, M., Vedder, M., Cognitive Processing for Survivors of Rape: Introduction to a Useful Protocol. NCPA Spring Conference, Winston-Salem, North Carolina, April 1999

Moorhead, M. (Jan. 9,10,1998) Two day workshop in Dialectical Behavior Therapy, Mentors, Inc., Charlotte, North Carolina

Moorhead, M., (May 26, 27, 1997) Two day workshop in Dialectical Behavior Therapy, Thomas S. Services, Goldsboro, North Carolina

Moorhead, M., (March 20, 21, 1997) Two day workshop in Dialectical Behavior Therapy, Wake County Mental Health, Raleigh, North Carolina

Moorhead, M., (February 7, 28, 1997) Two day workshop in DBT, Cape Fear Regional Hospital, Behavioral Medicine Center, Fayetteville, North Carolina

Moorhead, M., Safransky, N., (February 20, 21, 1997) Two day workshop in Dialectical Behavior Therapy, Wake Area Health Education Center, Durham Regional Hospital, Durham, North Carolina

Moorhead, M., Shearin, E., (January 23, 24, 1997) Two day workshop in DBT, G. Pierce Wood Memorial Hospital, Arcadia, Florida

Lynch, T., Moorhead, M., Robins, C., (Oct. 21, Nov. 1, 1996) Two day workshop In Dialectical Behavior Therapy, Duke University Medical Center, John Umstead and North Carolina Crisis Services, Butner, N.C.

Moorhead, M., Waltz, J., Johnson, R., Simpson, L., (Nov. 12, 1996) Dialectical Behavior Therapy in Three Trauma Treatment Programs. International Society for Traumatic Stress Studies, San Francisco, CA. Presented Program and Program Evaluation of Five Years of DBT Program on long term state hospital unit.

Moorhead, M., (May 21, 22, 1996) Dialectical Behavior Therapy for Borderline Personality Disorder, Cherry Hospital, Goldsboro, North Carolina

Barley, W., Moorhead, M., (May 3, 1996) Dialectical Behavior Therapy, Spring Institute, North Carolina Psychological Association, High Point, North Carolina

Moorhead, M., (December 5, 6, 1995) Effective Treatment of Borderline Personality Disorder, Mentor Program, Raleigh, North Carolina

Moorhead, M., Swenson, C., (October 5, 6, 1995) Effective Treatment of Borderline Personality Disorder, Minneapolis, Minnesota

Moorhead, M., (September 21, 1995) Dialectical Behavior Therapy: An Overview, Third Annual North Carolina Conference on Innovative Approaches in Psychiatric Rehabilitation, Butner, North Carolina

Moorhead, M., (August 23, 1995) Dialectical Behavior Therapy: An Inpatient Overview, Cherry Hospital, Grand Rounds, Goldsboro, North Carolina

Lyerly, S., Moorhead, M., (June 8 - August 2, 1995) Effective Psychotherapy for Borderline Personality Disorder, Guilford County Mental Health Center, Greensboro, North Carolina

Moorhead, M., (March 17, 1995) Dialectical Behavior Therapy: An Overview, Four Counties Mental Health, Grand Rounds, Henderson, North Carolina

Moorhead, M., (November 30, 1994) An Introduction to DBT and Inpatient Milieu Implementation, Nursing Grand Rounds, John Umstead Hospital, Butner, North Carolina

Moorhead, M., (May 14, 1994) DBT: Toward a Continuum of Care in North Carolina, North Carolina Psychological Association, Spring Conference, Atlantic Beach, North Carolina

Lyerly, S., Moorhead, M., (November 8, 1994) Dialectical Behavior Therapy: An Overview, Guilford County Comprehensive Mental Health, Developmental Disabilities and Substance Abuse Services

Lyerly, S., Moorhead, M., Robins, C., Tweed, L., (September - November, 1993) Dialectical Behavior Therapy for Borderline Personality Disorder, Orange, Person, Chatham County Mental Health Services on Psychiatric Rehabilitation

Moorhead, M., (February 11, 1991) Why Pick Up the Racquet: An introduction to values in Psychiatric Rehabilitation. Winston-Salem AHEC, Curriculum in the treatment of the severely and persistently mentally ill.

Moorhead, M., (October 3, 1993) Why Pick Up the Racquet, Multidisciplinary Graduate Seminar, John Umstead Hospital, Butner, North Carolina

Blanks, A., Guthrie, T., Moorhead, M., Shipman, M., (June 2, 8, 1994) Psychiatric Rehabilitation: An Introduction. Fayetteville Area AHEC, Fayetteville, North Carolina

Moorhead, M., (September 23, 1994) Why Pick Up the Racquet: Notes from the Hospital, Umstead Conference on Psychiatric Rehabilitation, Butner, North Carolina

Moorhead, M. (March 12, 1993) "Who Will Dream? Who Will Persevere? Who Will Prevail? Remembering Mentally Disabled Women", Panel Presentation, Association for Women in Psychology Conference, Atlanta, Georgia on Racism and Sexism.

Moorhead, M. (December 1, 1990) "The Common Roots of Racism and Sexism: Landscapes of War, Landscapes of Peace" Invited Address at the Apartheid and the Crisis in Psychology Conference, Cape Town, South Africa

Moorhead, M., (August 16, 1991) "Kitchen Talk: The Common Roots of Racism And Sexism" Invited Address: American Psychological Association Convention San Francisco, California

Moorhead, M., (September 11, 1991) "Kitchen Talk: The Common Roots of Racism and Sexism" University of North Carolina Women's Studies Colloquium

PUBLICATIONS:

Moorhead, M., "Why Pick Up the Racquet? Notes from the Hospital" in Anthony, William and Spaniol, LeRoy, eds. Readings in Psychiatric Rehabilitation. Boston: Center for Psychiatric Rehabilitation. 1994, pp. 301-307, 1994

Moorhead, M., "Why Pick Up the Racquet? Notes from the Hospital" in Psychosocial Rehabilitation Journal. Vol. 16 (3) January 1993.

Moorhead, M., "The Experience of Dysmenorrhea: A Qualitative Study in the Psychology of Women." Doctoral Dissertation, Mugar Library, Boston University, 1980

GRANTS:

"Perceived Changes in Ward Atmosphere After Innovation of Psychosocial Technologies". Grant received from the North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services for program evaluation. Submitted to the Rehabilitation Unit. This grant was for \$3,000.00.

RESEARCH:

Moorhead, M., McKenzie, P., Sandin, E., Breaking the Hospitalization Cycle,

Poster, ISITDBT, Miami, Fla., November 12, 1997

DBT CONSULTATION:

Wake County Mental Health, Adult Outpatient Services Teams DBT Program,
July 1997 - present

Hillsborough Adult Day Treatment, DBT Program, March 19, 1996

Forsythe - Stokes Mental Health Center, DBT Program, April 4, 1995

Major Rumbaugh Clinic, DBT Program, November 29, 1994,
January 24, 1995

Hillsborough Adult Day Treatment DBT Program, May 9, September 8, December 8, 1994

Dix Rehabilitation Unit DBT Program,
October 5, 1994, March 29, 1995

AFFILIATIONS:

Behavioral Tech, LLC - Trainer

North Carolina Psychological Association

(Board of Directors; Chair, Program Committee. 1998 - 2000)

Amnesty International

Habitat for Humanity