

MELANIE S. HARNED, Ph.D.

Licensed Clinical Psychologist, WA #PY3092

CURRENT POSITIONS

- 2006-present **Research Scientist**, Department of Psychology, University of Washington
Research Director, Behavioral Research and Therapy Clinics (Director: Marsha Linehan)
- 2008-present **Dialectical Behavior Therapy Trainer**, Behavioral Tech, LLC, Seattle, Washington.
- 2009-present **Research Scientist**, Behavioral Tech Research Inc., Seattle, Washington.

EDUCATION AND TRAINING

- 2004-2006 **Research Associate and Postdoctoral Fellow**, Behavioral Research and Therapy Clinics,
 Department of Psychology, University of Washington, Seattle, WA
- 2003-2004 **Research and Clinical Fellow**, McLean Hospital, Belmont, MA and Harvard Medical School,
 Boston, MA
- 2003-2004 **Postdoctoral Fellow**, Two Brattle Center, Cambridge, MA
- 2002-2003 **Clinical Psychology Intern**, McLean Hospital, Belmont, MA and Harvard Medical
 School, Boston, MA
- 2002 **Ph.D., Clinical Psychology**, (Minors: Quantitative Psychology and Women's Studies),
 University of Illinois, Urbana-Champaign, IL
- 1999 **M.A., Psychology**, University of Illinois, Urbana-Champaign, IL
- 1997 **B.A., Psychology**, (High Honors), Wesleyan University, Middletown, CT

FORMER RESEARCH POSITIONS

- 2004-2006 **Research Associate and Postdoctoral Fellow**, Behavioral Research and Therapy Clinics,
 Department of Psychology, University of Washington (Primary Mentor: Marsha Linehan)
- 2003-2004 **Research Fellow**, Trauma Research Program, McLean Hospital and Harvard Medical School
 (Primary Mentor: Lisa Najavits)
- 2003-2004 **Research Fellow**, Center for the Treatment of Borderline Personality Disorder, McLean
 Hospital and Harvard Medical School (Principal Investigator: Kim Gratz)
- 1998-2002 **Research Assistant**, Women's Work Experiences Lab, Department of Psychology, University
 of Illinois (Primary Mentor: Louise Fitzgerald)
- 1998-1999 **Project Director**, Dating Violence Project, Office of Women's Programs, University of
 Illinois (Principal Investigator: Pat Morey)
- 1998 **Research Fellow**, Department of Defense Research Consortium, University of Illinois
 (Principal Investigator: Louise Fitzgerald)
- 1996-1997 **Research Assistant**, New England Women's Health Project, Wesleyan University (Principal
 Investigator: Ruth Striegel-Moore)

HONORS AND AWARDS

- 2002 Ed Scheiderer Memorial Research Award, University of Illinois
- 2001 Department of Psychology Conference Travel Grant, University of Illinois

2000 Graduate College Conference Travel Grant, University of Illinois
2000 Department of Psychology Conference Travel Grant, University of Illinois
1999 Women's Studies Scholarship for Feminist Research, University of Illinois
1997 Phi Beta Kappa
1997 Holzberg Fellowship, Wesleyan University
1997 Psi Chi National Honor Society in Psychology

GRANT APPLICATIONS AND AWARDS

CURRENT GRANTS:

Co-Investigator: National Institute of Mental Health, Assessment and Treatment of Parasuicidal Patients. #2 RO1MH034486-20A1, (PI: Marsha Linehan), 9/1/03 – 6/30/09.

Co-Investigator: National Institute of Drug Abuse, Evaluation of Dialectical Behavior Therapy. #1 RO1DA014997, (PI: Marsha Linehan), 7/20/03 – 4/30/09.

Consultant: New Zealand Ministry of Health, Pilot Study of Dialectical Behaviour Therapy for Suicidal Adolescents, (PI: Emily Cooney), 7/31/08 – 12/20/09.

GRANTS UNDER REVIEW:

Principal Investigator: National Institute of Mental Health, Treating PTSD in Patients with Borderline Personality Disorder. #1 R34MH082143-01A1, 3rd Submission Priority Score=116, Council = 5/09.

Principal Investigator: National Institute of Mental Health, Online Training in the Principles and Procedures of Exposure Therapies. #2R44MH082474-02, (Multiple PI: Linda Dimeff), 1st Submission Priority Score = 175, Council = 5/09..

PREVIOUS GRANTS:

Principal Investigator: National Institute of Mental Health, Online Training in the Principles and Procedures of Exposure Therapies. # 1R43MH082474-01A1, (Multiple PI: Linda Dimeff) 5/1/08 – 12/31/08.

Co-Investigator: Borderline Personality Disorder Research Fund, Predictors of Treatment Response in BPD. (PI: Marsha Linehan), 7/1/03 – 8/31/06.

Principal Investigator: American Psychological Association, Division 35, Women's Labeling of Unwanted Sexual Experiences with Dating Partners: Measurement and Conceptual Issues. (Geis Memorial Dissertation Award). 2001-2002.

THEORETICAL AND EMPIRICAL JOURNAL ARTICLES

Chen, E. Y., Brown, M. Z., **Harned, M. S.**, & Linehan, M. M. (in press). A comparison of borderline personality disorder with and without eating disorders. *Psychiatric Research*.

Harned, M. S., Chapman, A. L., Dexter-Mazza, E. T., Murray, A., Comtois, K. A., & Linehan, M. M. (2008). Treating co-occurring Axis I disorders in chronically suicidal women with borderline personality disorder: A 2-year randomized trial of Dialectical Behavior Therapy versus Community Treatment by Experts. *Journal of Consulting and Clinical Psychology, 76*(6), 1068-1075.

Harned, M. S. & Linehan, M. M. (2008). Integrating Dialectical Behavior Therapy and Prolonged Exposure to treat co-occurring borderline personality disorder and PTSD: Two case studies. *Cognitive and Behavioral Practice, 15*(3), 263-276.

Wagner, A. W., Rizvi, S. L., & **Harned, M. S.** (2007). Applications of Dialectical Behavior Therapy to the treatment of complex trauma-related problems: When one case formulation does not fit all. *Journal of Traumatic Stress, 20*, 391-400.

Najavits, L. M., **Harned, M. S.**, Gallop, R. J., Butler, S. F., Barber, J. P. Thase, M. E., & Crits-Christoph, P. (2007). Six-month treatment outcomes of cocaine-dependent patients with and without PTSD in a multisite national trial. *Journal of Studies on Alcohol and Drugs, 68*, 353-361.

Harned, M. S., Najavits, L. M., & Weiss, R. D. (2006). Self-harm and suicidal behavior in women with comorbid PTSD and substance dependence. *American Journal on Addictions, 15*, 392-395.

Harned, M. S., Banawan, S. F., & Lynch, T. R. (2006). Dialectical behavior therapy: An emotion-focused treatment for borderline personality disorder. *Journal of Contemporary Psychotherapy, 36*, 67-75.

Dexter-Mazza, E. T., **Harned, M. S.**, Wagner, J. R., & Kuo, J. (2006). Dialectical behavior therapy for borderline personality disorder. *Directions in Mental Health Counseling, 16*, 13-27.

Harned, M. S. (2005). Understanding women's labeling of unwanted sexual experiences with dating partners: A qualitative analysis. *Violence Against Women, 11*, 374-413.

Harned, M. S. (2004). Does it matter what you call it? The relationship between labeling unwanted sexual experiences and distress. *Journal of Consulting and Clinical Psychology, 72*, 1090-1099.

Harned, M. S. (2002). A multivariate analysis of risk markers for dating violence victimization. *Journal of Interpersonal Violence, 17*(11), 1179-1197.

Harned, M. S., & Fitzgerald, L. F. (2002). Understanding a link between sexual harassment and eating disorder symptoms: A mediational analysis. *Journal of Consulting and Clinical Psychology, 70*(5), 1170-1181.

Harned, M. S., Ormerod, A. J., Palmieri, P. A., Collinsworth, L. L., & Reed, M. (2002). Sexual assault by workplace personnel and other types of sexual harassment: A comparison of antecedents and consequences. *Journal of Occupational Health Psychology, 7*(2), 174-188.

Harned, M. S. (2001). Abused women or abused men? An examination of the context and outcomes of

dating violence. *Violence & Victims*, 16(3), 269-285.

Harned, M. S. (2000). Harassed bodies: An examination of the relationships among women's experiences of sexual harassment, body image, and eating disturbances. *Psychology of Women Quarterly*, 24, 336-348.

MANUSCRIPTS UNDER REVIEW

Harned, M. S., Jackson, S. C., Comtois, K. A., & Linehan, M. M. (under review). Dialectical Behavior Therapy as a precursor to PTSD treatment for suicidal and/or self-injuring women with borderline personality disorder. *Journal of Traumatic Stress*.

Dimeff, L. A., Koerner, K., Woodcock, E. A., Beadnell, B., Brown, M. Z., Skutch, J. M., Paves, A. P., Bazinet, A., & **Harned, M. S.** (under review). Which training method works best? A randomized controlled trial comparing three methods of training clinicians in Dialectical Behavior Therapy skills. *Behaviour Research and Therapy*.

Comtois, K. A., Morgan, A., **Harned, M. S.**, & Elwood, L. (under review). Feasibility of recovery for individuals psychiatrically disabled by borderline personality disorder: The impact of Dialectical Behavior Therapy and DBT-ACES. *Psychiatric Services*.

BOOK CHAPTERS

Harned, M. S., Rizvi, S. L., & Wagner, A. W. (2008). Dialectical Behavior Therapy. In G. Reyes, J. D. Elhai, and J. D. Ford (Eds.), *The Encyclopedia of Psychological Trauma* (pp. 208-211). Hoboken, NJ: John Wiley & Sons.

Najavits, L. M., Liese, B. S., & **Harned, M. S.** (2004). Cognitive and behavioral therapies. In J. Lowinson, P. Ruiz, R. B. Millman, & J. G. Langrod (Eds.), *Substance Abuse: A Comprehensive Textbook (4th ed.)*. Baltimore: Williams & Wilkins.

Fitzgerald, L. F., Collinsworth, L. L., & **Harned, M. S.** (2001). Sexual harassment. In J. Worell (Ed.), *Encyclopedia of Women and Gender: Sex Similarities and Differences and the Impact of Society on Gender* (pp. 991-1004). Boston, MA: Academic Press.

CONFERENCE PRESENTATIONS

Harned, M. S. (Chair) Understanding the Relationships among Borderline Personality Disorder, PTSD, and Trauma Exposure: Mediating and Moderating Processes. Symposium submitted for the 43rd Annual Convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

Harned, M. S. (Chair) A Component Analysis of Dialectical Behavior Therapy for Suicidal BPD Women: Methods and Preliminary Results. Symposium submitted for the 43rd Annual Convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

Harned, M. S. (Chair) Improving the Impact of Training: Strategies for Increasing Clinician Motivation to Learn and Use Empirically Supported Treatments. Symposium submitted for the 43rd Annual Convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

Harned, M. S. (Chair) (2008, November). The Nature and Treatment of Co-Occurring Borderline

Personality Disorder and Posttraumatic Stress Disorder. Symposium presented at the 42nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Salsman, N.L., **Harned, M.S.**, Secrist, C.D., Comtois, K.A., & Linehan, M.M. (2008, August). Client predictors of treatment response in Dialectical Behavior Therapy across multiple randomized control trials. In A. Neacsiu & M. Linehan (Chairs), *Mediators and moderators in Dialectical Behavior Therapy*. Symposium presented at the 116th annual convention of the American Psychological Association, Boston, MA.

Harned, M. S., Chapman, A. L., Dexter-Mazza, E. T., Comtois, K. A., Murray-Gregory, A. M., & Linehan, M. M. (2006, November). Treating comorbid Axis I disorders in BPD outpatients: A comparison of Dialectical Behavior Therapy versus Therapy by Community Experts. In A. L. Chapman & T. R. Lynch (Chairs), *Adaptations and advancements in research on Dialectical Behavior Therapy*. Symposium presented at the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Harned, M. S., Salsman, N. L., Secrist, C. D., Comtois, K. A., & Linehan, M. M. (2006, November). Historical factors as predictors of DBT treatment response. In T. R. Lynch (Chair), *Client predictors of treatment response in Dialectical Behavior Therapy across multiple randomized controlled trials*. Symposium presented at the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Secrist, C. D., **Harned, M. S.**, Salsman, N. L., Comtois, K. A., & Linehan, M. M. (2006, November). Severity of disorder and comorbid Axis I and II diagnoses as predictors of DBT treatment response. In T. R. Lynch (Chair), *Client predictors of treatment response in Dialectical Behavior Therapy across multiple randomized controlled trials*. Symposium presented at the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Salsman, N. L., Secrist, C. D., **Harned, M. S.**, Comtois, K. A., & Linehan, M. M. (2006, November). Interpersonal factors, emotion dysregulation, and problem-solving style as predictors of DBT treatment response. In T. R. Lynch (Chair), *Client predictors of treatment response in Dialectical Behavior Therapy across multiple randomized controlled trials*. Symposium presented at the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Lynch, T. R., **Harned, M. S.**, Ritschel, L. A., & Gissel, A. (2006, November). Substance abuse and borderline personality disorder: Testing a mediational model of emotion dysregulation. In S. Axelrod & R. Sinha (Chairs), *Emotional dysregulation, borderline personality disorder, and addiction: Investigating precursors, mediators, and outcomes*. Symposium presented at the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Harned, M. S., & Linehan, M. M. (2005, November). A clinical profile of patients meeting criteria for Stage II Dialectical Behavior Therapy. In J. Kuo (Chair), *Stages of treatment in Dialectical Behavior Therapy: Transitioning from Stage I to Stage II*. Symposium presented at the 39th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.

Harned, M. S., & Najavits, L. M. (2004, November). Self-harm and suicidal behavior in women with comorbid PTSD and substance dependence. Poster presented at the 38th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Harned, M. S., Najavits, L. M., Gallop, R. J., Butler, S. F., Barber, J. P. Thase, M. E., Crits-Christoph, P., & Weiss, R. D. (2004, November). Six-month treatment outcomes of cocaine-dependent patients with and without PTSD. Poster presented at the 38th Annual Convention of the Association for the Advancement of Behavior

Harned, M. S. (2003, March). Understanding women's labeling of unwanted sexual experiences with dating partners: A qualitative analysis. Paper presented at the 28th Annual Association for Women in Psychology Conference, Jersey City, NJ.

Harned, M. S. (2002, March). Determining the severity of sexual harassment: A psycholegal analysis of women's subjective appraisal of unwanted sex-related behavior at work. Paper presented at the 2002 Biennial Conference of the American Psychology - Law Society, Austin, TX.

Clark, A. G., & **Harned, M. S.** (2001, May). Interpersonal strain and the development of weight concerns in adolescence: The mediating role of perceived personal shortcomings. Poster presented at the Annual Conference of the Society for Research on Child Development, Minneapolis, MN.

Harned, M. S. (2001, March). Sexual harassment as a risk factor for disordered eating: An extension and replication. In L. M. Cortina (Chair), *Expanding the scope of sexual harassment research: New constructs, populations, and methodologies*. Symposium conducted at the 26th Annual Association for Women in Psychology Conference, Los Angeles, CA.

Harned, M. S. (2000, May). The extent and impact of repeated and multiple victimization. Paper presented at the 72nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Harned, M. S., Ormerod, A. J., Collinsworth, L. C., Walters, J., & Palmieri, P. (2000, April). Sexual violence in the workplace: Rape in the military. In L. F. Fitzgerald (Chair), *Exploring sexual harassment experiences of seldom researched targets*. Symposium conducted at the 15th Annual Conference of the Society for Industrial and Organizational Psychology, New Orleans, LA.

Fitzgerald, L. F., Stark, S., Chernyshenko, O., Palmieri, P. A., Collinsworth, L. L., **Harned, M. S.**, & Drasgow, F. (2000, April). Who counts? A rational-empirical algorithm for determining the incidence of sexual harassment in organizations. In T. M. Glomb (Chair), *How detrimental is sexual harassment? Broadening the boundaries of research*. Symposium conducted at the 15th Annual Conference of the Society for Industrial and Organizational Psychology, New Orleans, LA.

Harned, M. S. (2000, March). Abused women or abused men? An examination of the context and outcomes of dating abuse. Paper presented at the 25th Annual Association for Women in Psychology Conference, Salt Lake City, UT.

Harned, M. S. (2000, March). Sexual harassment as a risk factor for body image and eating disturbances: A trauma-based approach. Paper presented at the 25th Annual Association for Women in Psychology Conference, Salt Lake City, UT.

Fitzgerald, L. F., Palmieri, P., **Harned, M.S.**, Collinsworth, L. L., & Lancaster, A. (1999, November). Who counts? A rational-empirical algorithm for determining the incidence of sexual harassment in the military. Paper presented at the International Military Testing Association, Monterrey, CA.

TEACHING EXPERIENCE

Fall 2008 **Guest Lecturer**, *Treatment Development Clinic*, Department of Psychology, University of Washington

CV May 2009

Harned, Melanie S.

Fall 2007, 2008 **Guest Lecturer, DBT Seminar**, Department of Psychiatry, University of Washington
Fall 2006 **Guest Lecturer, Honors Seminar**, Department of Psychology, University of Washington
Winter 2006, 2008 **Co-Instructor, Behavioral Assessment**, Department of Psychology, University of Washington
Winter 2005, 2007 **Co-Instructor, Behavioral Methods**, Department of Psychology, University of Washington
Fall 2005 **Guest Lecturer, Research Design**, Department of Psychiatry, University of Washington
Spring & Fall 2000 **Instructor, Women's Lives in Contemporary Society**, Women's Studies Department,
University of Illinois
Fall 1996 **Teaching Assistant, Social Psychology**, Department of Psychology, Wesleyan University
1994 **Writing Tutor**, Wesleyan Writing Workshop, Wesleyan University

WORKSHOPS AND TRAININGS

Harned, M. S. (2008, November). *Treating PTSD in Clients with Borderline Personality Disorder: Development of an Exposure-based PTSD Protocol as an Adjunct to Standard DBT*. Workshop presented at the annual meeting of the International Society for the Improvement and Teaching of DBT, Orlando, FL.

Dimeff, L. A., & Harned, M. S. (2008, January). *Chain Analysis and Validation in DBT*. Two-day workshop sponsored by Behavioral Tech Research, Inc., Seattle, WA.

Harned, M.S. (2007, December). *Applications of Dialectical Behavior Therapy to Trauma-Related Problems*. Workshop presented to Madigan Army Medical Center, Fort Lewis, Tacoma, WA.

PROFESSIONAL AFFILIATIONS

American Psychological Association
American Psychological Association Division 12, Society of Clinical Psychology
Association for Behavioral and Cognitive Therapies
Association for Psychological Science

PROFESSIONAL SERVICE

Editorial Boards *Journal of Cognitive Psychotherapy*, 2007-present

Ad Hoc Reviewer *Journal of Abnormal Psychology*
Journal of Consulting and Clinical Psychology
Behavioural Research and Therapy
American Journal of Orthopsychiatry
Journal of Interpersonal Violence
Psychological Bulletin
Comprehensive Psychiatry
Journal of Personality and Social Psychology
Violence and Victims

Committee Member *Publications Committee*, APA Division 12, 2007-present
Program Committee, Association for Behavioral and Cognitive Therapies, 2005-present
Sexual Assault Awareness Month Planning Committee, University of Illinois, 2000-2002

Graduate Admissions Committee, University of Illinois, 2001
Dating Violence Task Force, University of Illinois, 1998-1999

FORMER CLINICAL POSITIONS

2004-2008 **Dialectical Behavior Therapy Research Therapist and Supervisor**, Behavioral Research and Therapy Clinics, University of Washington, Seattle, WA

2003-2004 **Postdoctoral Fellow**, Adult DBT Intensive Outpatient Program and Transitions Program, Two Brattle Center, Cambridge, MA

2002-2003 **Clinical Psychology Intern**, Department of Psychology, McLean Hospital and Harvard Medical School, Belmont, MA

2001-2002 **Integrative Behavioral Couples Therapy Clinical Supervisor**, Couples Therapy Clinic, University of Illinois

2001-2002 **Diagnostic Assessor**, Provena Covenant Medical Center, University of Illinois

2000-2002 **Integrative Behavioral Couples Therapist**, Couples Therapy Clinic, University of Illinois

1999-2002 **Group Therapist**, University of Illinois Counseling Center, University of Illinois

1999-2002 **Treatment Team Member**, Sexual Abuse and Assault Treatment Team, University of Illinois Counseling Center, University of Illinois

2000-2001 **Clinical Assessor**, Couples Research Center, University of Illinois

1999-2000 **Forensic Assessor**, Forensic Assessment Clinic, University of Illinois

1998-1999 **Individual CBT Therapist**, Stress and Anxiety Clinic, University of Illinois

1997-1998 **Clinic Assistant**, Psychological Services Center, University of Illinois