
LINDA DIMEFF, PH.D.
Behavioral Tech Research, Inc.
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Seattle, Washington 98105-4529
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EDUCATION

- 1992-1997 Ph.D. UNIVERSITY OF WASHINGTON, Seattle, Washington
Major: Clinical Psychology
Minor: Theory and Methodology
Breadth: Physiological Psychology & Social/Personality Psychology
Passed General Examination with Distinction
Major Advisor: G. Alan Marlatt, Ph.D.
- 1996-1997 UNIVERSITY OF WASHINGTON, Seattle, Washington
Clinical Psychology Intern, Psychiatry and Behavioral Medicine.
- 1985-1987 M.S. CALIFORNIA STATE UNIVERSITY, FULLERTON, Fullerton, California
Major: Clinical and Community Psychology
- 1980-1984 B.A. OCCIDENTIAL COLLEGE, Los Angeles, California
- 1982-1983 WASEDA UNIVERSITY, Tokyo, Japan

ACADEMIC EXPERIENCE

- 11/03-present ***Vice President & Chief Scientific Officer.*** Behavioral Tech Research, Inc. Seattle, Washington.
- 1999-12/31/03 ***Director, Research and Development.*** Behavioral Tech, LLC (formerly known as Behavioral Technology Transfer Group). Seattle, Washington.
- 1996-1999 ***Research Scientist & Treatment Coordinator,*** Treatment of Substance Abusing Women with Borderline Personality Disorder, University of Washington. Principal Investigator: Marsha M. Linehan, Ph.D.
- 1994-1996 ***Research Assistant,*** Treatment of Substance Abusing Women with Borderline Personality Disorder, University of Washington. Principal Investigator: Marsha M. Linehan, Ph.D.
- 1992-1996 ***Research Assistant,*** High Risk Drinkers Project, University of Washington. Principal Investigator: G. Alan Marlatt, Ph.D.
- 1990-1992 ***Treatment Coordinator,*** High Risk Drinkers Project, University of Washington.
- 1985-1987 ***Research Assistant,*** Reciprocal Peer Tutoring Project, Department of Psychology, California State University, Fullerton. Principal Investigator: John W. Fantuzzo, Ph.D.

TEACHING EXPERIENCE

1998-present	<i>Senior Trainer and DBT Intensive Training Co-Leader</i> , Behavioral Tech, LLC.
1995-present	<i>DBT Specialty Trainer (Substance Abuse)</i> , The Behavioral Technology Transfer Group.
1992-1995	<i>Associate Faculty</i> , Health Occupations, Shoreline Community College, Seattle, Washington.

CURRENT AND PENDING RESEARCH GRANTS

Ongoing Research Support

2 R42 MH58942-02 (Waltz) NIH/NIMH	9/01/01 – 12/31/03 \$510,916	20%
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Skills Training Video for Dialectical Behavior Therapy

The central aim of this research is to produce four 45-minute videotapes of DBT skills training taught by Marsha Linehan, the treatment developer, and to evaluate the efficacy of these videos.

1 R43 DA 016493-01 (Dimeff) NIH/NIDA	10/1/02– 12/31/03 \$100,402 (direct cost)	30%
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Computer based training in DBT Behavioral Analysis

We propose to develop and evaluate an innovative computer-based training program for use by drug treatment providers to learn behavioral analysis (BA), one of the most important and fundamental problem-solving skills in DBT and other behavioral therapies.

2 R44 MH065790-02 (Dimeff) NIH/NIMH	12/15/03-12/14/05 \$781,700	40%
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DBT Skills Computer Training for Routine CMH Providers

This Phase II project extends our Phase I effort to develop a case-based computer-based training program teaching DBT skills for chronically suicidal patients with borderline personality disorder (BPD). The intended audience for this dissemination tool is treatment providers working in routine community mental health agencies with chronically suicidal BPD patients.

2 R44 DA15615-02 (Dimeff) NIH/NIDA	12/15/03-12/14/05 \$782,532	40%
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Computer Training in DBT-S Skills for BPD Drug Abusers

This Phase II project extends our Phase I effort to develop a case-based computer-based training program teaching DBT-S skills for drug addicted BPD patients. The intended audience for this dissemination tool is drug abuse treatment providers.

1 R43 DA018049-01 (Dimeff) NIH/NIDA	3/1/04 – 10/31/04 \$100,402 (proposed direct cost)	20%
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Computer based training in DBT Validation Strategies

We propose to develop and evaluate an innovative computer-based training program for use by drug treatment providers to learn validation strategies, a core component in DBT.

PENDING (Under Review)

Government Solicitation PHS 2004-1, 052 (Dimeff) 5/1/04-9/30/04 20%
NIH/NIMH \$66,749 (proposed direct costs)
Quick Web Tools for State Systems Implementing DBT State System

We propose to develop a web-based prototype to further the implementation of DBT in State and other public mental health system settings. The web-based prototype is one of three interventions proposed under a blueprint to effectively implement DBT in these systems.

PUBLICATIONS

- Fantuzzo, J., Dimeff, L., Fox, S. (1989). Reciprocal peer tutoring: Maximizing existing classroom resources. Teaching of Psychology, 16, 133-135.
- Fantuzzo, J., Riggio, R., Connelly, S., & Dimeff, L. (1989). Effects of reciprocal peer tutoring on academic performance and psychological adjustment: A component analysis. Journal of Educational Psychology, 81, 173-177.
- Riggio, R. E., Fantuzzo, J. W., Connelly, S., & Dimeff, L. A. (1991). Reciprocal peer tutoring: A classroom strategy for promoting academic and social integration in undergraduate students. Journal of Social Behavior and Personality, 6, 387-396.
- Dimeff, L. A., Baer, J. S., & Marlatt, G. A. (1991, September/October). Applying relapse prevention strategies to secondary prevention. The Counselor, pp. 22-25.
- Baer, J. S., Kivlahan, D. R., Marlatt, G. A., Fromme, K., Larimer, M. E., Dimeff, L. A., Williams, E., & Tapert, S. F. (1991). The Alcohol Skills Training Manual.
- Dimeff, L. A. & Marlatt, G.A. (1994). Alcohol abuse in college women athletes: A practitioner's guide to understanding and reducing health risks. In R. Agostini (Ed.), Medical and Orthopedic Issues of Active and Athletic Women. Philadelphia, PA: Hanley & Belfus, Inc.
- Dimeff, L.A., & Marlatt, G.A. (1995). Relapse Prevention. In R. Hester & W.R. Miller (Eds.), Handbook of Alcoholism Treatment Approaches: Effective Alternatives (Second Edition). Boston, MA: Allyn and Bacon.
- Dimeff, L.A., Kilmer, J.R., Baer, J.S., & Marlatt, G.A. (1995, June 28). Letter to the Editor: JAMA, Re: "Health and Behavioral Consequences of Binge Drinking in College (December 7, 1994).
- Norris, J., Nurius, P. S., & Dimeff, L.A. (1996). Through her eyes: Perception of and resistance to acquaintance sexual aggression threat. Psychology of Women Quarterly, 20, 123-145.
- Nurius, P.S., Norris, J., & Dimeff, L.A. (1996). Expectations regarding acquaintance sexual aggression among sorority and fraternity members. Sex Roles, 35, 427-444.
- Dimeff, L.A., Herman, R.A., & Linehan, M.M. (1996). Dialectical behavior therapy: A cognitive-behavioral treatment for women with borderline personality disorder and substance abuse. Professional Counselor.
- Linehan, M.M., & Dimeff, L.A. (1995). Dialectical Behavior Therapy Manual of Treatment Interventions for Drug Abusers with Borderline Personality Disorder (Unpublished manuscript).
- Linehan, M.M., Tutek, D.A., Dimeff, L.A., & Koerner, K. Comprehensive Validation Therapy for Substance Abuse (CVT-S) for Clients Meeting Criteria for Borderline Personality Disorder: Treatment Manual (Unpublished manuscript).
- Kim, E., Marlatt, G.A., & Dimeff, L.A. (1996). The road to relapse. Professional Counselor, 11, 15-16, 50-52.
- Dimeff, L.A. (1997). Brief intervention for heavy and hazardous college drinkers in a student primary health care setting. Unpublished doctoral dissertation, University of Washington.

- Dimeff, L.A., Comtois, K.A., & Linehan, M.M. (1998). Dialectical Behavior Therapy for Substance Abusers with Borderline Personality Disorder: Applications in Primary Care (pp.1063-1080). In A.W. Graham & T.K. Schultz (Eds.), Principles of Addiction Medicine. Chevy Chase, Maryland: American Society of Addiction Medicine, Inc.
- Marlatt, G.A., Baer, J.S., Kivlahan, D.R., Dimeff, L.A., Larimer, M.E., Quigley, L.A., Somers, J., & Williams, E. (1998). Screening and brief intervention for high risk college student drinkers: Results from a two-year follow-up assessment. Journal of Consulting and Clinical Psychology, *68*, 604-615.
- Peterson, P.L., Dimeff, L.A., Tapert, S.F., Stern, M., & Gorman, M. (1998). Harm reduction and HIV/AIDS prevention (pp. 218-300). In G.A. Marlatt (Ed.), Harm reduction: Pragmatic strategies for managing high-risk behaviors. New York: The Guilford Press.
- Dimeff, L.A. & Marlatt, G.A. (1998). Preventing relapse and maintaining change in addictive behaviors. Clinical Psychology: Science and Practice, *5*, 513-525.
- Dimeff, L.A., Baer, J.S., Kivlahan, D.R., & Marlatt, G.A. (1999). Brief alcohol screening and intervention for college students: A harm reduction approach. New York: The Guilford Press.
- Dimeff, L.A., McDavid, J., & Linehan, M.M. (1999). Pharmacotherapy for Borderline Personality Disorder. Clinical Psychology in Medical Settings, *6*, 113-138.
- Kilmer, J., Larimer, M.E., Parks, G.A., Dimeff, L.A., & Marlatt, G.A. (1999). Liability management or risk management? Evaluation of a Greek System alcohol policy. Psychology of Addictive Behaviors, *13*, 269-278.
- Linehan, M.M., Schmidt, H., Dimeff, L.A., Craft, J.C., Kanter, J., & Comtois, K.A. (1999). Dialectical behavior therapy for patients with borderline personality disorder and drug dependence. American Journal on Addictions, *8*, 279-292.
- Koerner, K., & Dimeff, L.A. (2000). Further data on Dialectical Behavior Therapy. Clinical Psychology: Science and Practice, *7*, 104-112.
- Dimeff, L.A. & McNeely, M. (2000). Applying brief interventions within a college student health center. Cognitive and Behavioral Practice, *7*, 82-100.
- Dimeff, L., Rizvi, S.L., & Brown M., & Linehan, M.M. (2000). Treating women with methamphetamine and BPD. Cognitive and Behavioral Practice, *7*, 457-468.
- Bosch, L.M.C. van den, Linehan, M.M. Dimeff, L.A. (2001), 'Dialectische gedragstherapie: een bondige, geïntegreerde behandeling van patiënten met een borderline persoonlijkheidsstoornis'. In: Handboek integratieve psychotherapie , pp. VII 1 1-30. De Tijdstroom, Leusden, Netherlands.
- McMain, S., Korman, L., & Dimeff, L. (2001). Emotion dysregulation and dialectical behavior therapy. Journal of Clinical Psychology, *57*, 183-96.
- Dimeff, L., & Linehan, M.M. (2001). Dialectical behavior therapy in a nutshell. The California Psychologist, *34*, 10-13.
- Linehan, M.M., Dimeff, L.A., Reynolds, S.K., Comtois, K.A., Welch, S.S., Heagerty, P., & Kivlahan, D.R. (2002). Dialectical behavior therapy versus comprehensive validation plus 12-step for the treatment of opioid-dependent women meeting criteria for borderline personality disorder. Drug and Alcohol Dependence, *67*, 13-26.
- Foertsch, C., Manning, S., & Dimeff, L. (2003). Overcoming Roadblocks in the Treatment of Difficult-to-Treat Patients: The Approach from Dialectical Behavior Therapy. In R.L. Leahy (Ed.), Overcoming Roadblocks (pp. 255-273). New York, NY: Guilford Press, Inc.
- Dimeff, L., Koerner, K., Sanderson, C.J., and Byars, M. (Eds.; in preparation). Real World Adaptations of DBT. New York: Guilford Press, Inc.

CONVENTION PRESENTATIONS

- Fantuzzo, J., Dimeff, L., & Fox, S. (1987, August). The effects of reciprocal peer tutoring on the academic achievement and psychological adjustment of college students. Poster presented at the 95th Annual Convention of the American Psychological Association, New York, NY.

- Fantuzzo, J., Riggio, R., Connelly, S., & Dimeff, L. (1988, August). The effects of reciprocal peer tutoring on academic achievement and psychological adjustment: A component analysis. Poster presented at the 96th Annual Convention of the American Psychological Association, Atlanta, GA.
- Dimeff, L. A., Baer, J. B., Kivlahan, D. R., & Marlatt, G. A. (1991, March). Conduct problems, familial alcoholism, and drinking patterns as predictors of interest in prevention programming. Poster presented at the XXIII Banff International Conference on Behavioral Science, Addictive Behaviors Across the Lifespan: Prevention, Treatment, and Policy Issues, Banff, Alberta, Canada.
- Dimeff, L. A., Baer, J. S., Kivlahan, D. R., Larimer, M. E., & Marlatt, G. A. (1991, August). The Alcohol Skills Training Program: An application of cognitive-behavioral and relapse prevention strategies to the problem of student drinking. Paper presented at the 99th Annual Convention of the American Psychological Association, San Francisco, CA.
- Dimeff, L. A., Baer, J. S., Best, H., Sumida, R., Larimer, M. E., & Marlatt, G. A. (1991, August). The relationship between alcohol consumption and psychological symptomatology in college students. Poster presented at the 99th Annual Convention of the American Psychological Association, Division 12, Section III, San Francisco, CA.
- Dimeff, L. A., Baer, J. S., & Marlatt, G. A. (1992, November). The relationship between sexual aggression and alcohol use in heavy drinking college men. Poster presented at the 26th Annual Convention of the Association for Advancement of Behavior Therapy, Boston.
- Dimeff, L. A. (1993, January). Professional Advice: Clinical review of practice and clinical application. Paper presented in the Lifestyle '94 Symposium, Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.
- Luce, K. H., DuBois, H. M., Dimeff, L. A., Larimer, M. E., & Marlatt, G. A. (1993, January). Exploring the relationship between problematic eating and drinking behaviors among sorority women. Poster presented at the Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.
- Dimeff, L.A., Baer, J.S., & Marlatt, G.A. (1994, August). Differential risks for college women drinkers. Paper presented as part of symposium, Women's issues in & with addiction treatment, at the 103rd Annual Convention of the American Psychological Association, Los Angeles, CA.
- Kilmer, J.R., Larimer, M.E., Baer, J.S., Quigley, L.A., Dimeff, L.A., Parks, G.A., & Marlatt, G.A. (1994, June). Policy as a means of intervention: Liability management or risk management? Poster presented at the Research Society on Alcoholism, Maui, HI.
- Larimer, M.E., Kilmer, J., Dimeff, L., Quigley, L., Williams, E., Baer, J.S., & Marlatt, G.A. (1994, June). Initial assessment and description of a motivational alcohol prevention program for fraternities and sororities. Poster presented at the Research Society on Alcoholism, Maui, HI.
- Dimeff, L.A. (1995, September). Defining Harm Reduction: Understanding through experience. Paper presented as part of symposium, Harm Reduction, at the Conference on Chemical Dependency by Downtown Human Services Council, "Addicted and on the street: Is there a choice?" Seattle, WA.
- Linehan, M.M., & Dimeff, L.A. (1995, November). Dialectical behavior therapy for women with Borderline Personality Disorder and Substance Abuse. Paper presented as part of symposium, "Innovative Cognitive and Behavioral Treatments of Drug and Alcohol Abuse," at the Association for the Advancement of Behavior Therapy, Washington D.C.
- Dimeff, L.A., & Kohlenberg, R. (1996, April). Common ground and chasms: Psychoanalytic and behavior therapy approaches to clinical supervision. Symposium proposed for the Society for the Exploration of Psychotherapy Integration, Berkeley, CA.
- Linehan, M.M., Recknor, K.L., Dimeff, L.A., & Schmidt, H. (1996, April). Dialectical behavior therapy for Substance Abusers with Borderline Personality Disorder. Panel held at Society for Psychotherapy Research Meeting, Amelia Island, 1996.
- Dimeff, L.A., Baer, J.S., Kivlahan, D.R., Hawkins, E., Provo, F., & Marlatt, G.A. (1996, August). Brief intervention for High Risk Drinkers in a college primary health care setting: A preliminary review. Poster presented at the 104th Annual APA Conference, Toronto, Canada.

- Dimeff, L.A., & Linehan, M.M. (1996, September). Dialectical Behavior Therapy for Substance Abusers: An application of harm reduction in treating substance-abusing women with Borderline Personality Disorder. Paper presented as part of symposium (chair: Linda Dimeff), "Remaining practical, compassionate, and effective against the odds: Innovative prevention and treatment-based applications of harm reduction for at-risk populations under investigation at the University of Washington," Oakland, California.
- Linehan, M.M., Schmidt, H., Dimeff, L.A., Recknor, K.L. (1996, November). Dialectical behavior therapy for substance abusers with borderline personality disorder: One year later. Paper presented at the 30th Annual Association for the Advancement of Behavior Therapy, New York, New York.
- Dimeff, L.A., Provo, F., Hawkins, E., & Marlatt, G.A. (1996, November). Are computers a viable solution to screening health behaviors in students using college student primary care centers? Poster presented at the 30th Annual Association for the Advancement of Behavior Therapy, New York, New York.
- Linehan, M.M., & Dimeff, L.A. (1998, November). Dialectical Behavior Therapy: Master Clinician Series. Workshop presented at the 32nd Annual Association for the Advancement of Behavior Therapy, Washington, D.C.
- Linehan, M.M., Comtois, K.A., Koerner, K., Brown, M., Dimeff, L.A., Tutek, D., Schmidt, H., Kanter, J., Recknor, K., Cochran, B., & Mar, C. (1998, November). University of Washington study of Dialectical Behavior Therapy: A preliminary report. Paper presented at the 32nd Annual Association for the Advancement of Behavior Therapy, Washington, D.C.
- Linehan, M.M., Dimeff, L.A., Comtois, K.A., & Kanter, J. (1998, November). Dialectical Behavior Therapy for opiate abusers with borderline personality disorder: Findings to data from two randomized controlled trials. Paper presented at the 32nd Annual Association for the Advancement of Behavior Therapy, Washington, D.C.
- Linehan, M.M., Dimeff, L.A., McDavid, J. (1999, May). Dialectical Behavior Therapy Clinical Management for Pharmacotherapy. Paper presented at American Psychiatric Association.
- Dimeff, L.A. (1999, June). Deciding when to do what: Lessons from and beyond BASICS. Paper presented at Academy of Behavioral Medicine Research's *Basic Science and Behavioral Interventions: Bridging the Gap*, Wintergreen, Virginia.
- Linehan, M.M., Dimeff, L.A., Comtois, K.A., & Kivlahan, D.R. (1999, November). Dialectical behavior therapy for substance dependent women with borderline personality disorder: Analysis of Follow up data. Paper presented as part of symposium (Chair: Linda Dimeff) at the 33rd annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.
- Koerner, K., Swenson, C.R., & Dimeff, L.A. (2001, November). Linking Enthusiasm to Evidence-Based Practice: Disseminating Dialectical Behavior Therapy. Paper presented as part of a symposium (Chair: Linda Dimeff) at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Waltz, J., Dimeff, L.A., & Koerner, K. (2001, November). Effectiveness of an Emotion Regulation Skills Training Videotape as a Dissemination Tool. Paper presented at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.
- Linehan, M.M., Comtois, K.A., Brown, M.Z., Reynolds, S.K., Shaw-Welch, S., Sayrs, J.H.R., Korslund, K.E., & Dimeff, L.A. (2002, November). DBT Versus Nonbehavioral Treatment by Experts in the Community: Clinical Outcomes. Paper presented as part of a symposium at the 36th annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Dimeff, L., Koerner, K., Cuper, P., Byars, M., & Fabian, D. (2003, November). Improving Training Efficiency: DBT skills training computer-based training program. Presented at 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Miller, C., Waltz, J., & Dimeff, L. (2003, November). Construction and norming of a task-specific self-efficacy scale for DBT skills training modules. Presented at 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Waltz, J., Dimeff, L., Cuper, P., and Rothman, W. Effectiveness of DBT Skills Training Videotape as a Dissemination Tool for BPD Patients. Presented at 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

EDUCATIONAL PRODUCTS

- Linehan, M.M., Dimeff, L., Waltz, J., & Koerner, K. (2000). *DBT Skills Training Video Manual: Opposite Action*. Seattle: The Behavioral Technology Transfer Group.
- Waltz, J., Dimeff, L., Koerner, K., & Linehan, M.M. (2000). *Opposite Action: Changing emotions you want to change. Dialectical Behavior Therapy Skills Training Video*. Seattle: The Behavioral Technology Transfer Group.
- Linehan, M.M., Dimeff, L., & Waltz, J. (2003). *Crisis Survival Skills, Part One: Distracting and Self-Soothing: What do you do when a crisis comes?* Seattle: Behavioral Tech, LLC.
- Linehan, M.M., Dimeff, L., & Waltz, J. (2003). *Crisis Survival Skills, Part Two: Improving the Moment and Pros & Cons: Making Choices That Help*. Seattle: Behavioral Tech, LLC.
- Linehan, M.M., Dimeff, L., & Waltz, J. (2003). *Practicing Reality Acceptance: Alleviating Suffering Through Accepting the World As It Is*. Seattle: Behavioral Tech, LLC.
- Linehan, M.M., Dimeff, L., & Waltz, J. (2003). *This One Moment: Skills for Everyday Mindfulness: Achieving awareness of what really is*. Seattle: Behavioral Tech, LLC.
- Koerner, K. & Dimeff, L. (2003). *Don't Make It Worse!: DBT Crisis Survival Strategies For Mental Health Providers*. Seattle, Behavioral Tech, LLC.
- Koerner, K. & Dimeff, L. (2003). *Don't Make It Worse!: DBT-S Crisis Survival Strategies For Drug Treatment Providers*. Seattle, Behavioral Tech, LLC.
- Linehan, M.M. (2002). *Mindfulness Practice with Marsha Linehan: From Suffering to Freedom Through Acceptance*. Seattle, Behavioral Tech, LLC.
- Linehan, M.M. (2003). *Walking Like Buffalo: Reflections on Mindfulness and DBT*. Seattle, Behavioral Tech, LLC.

INTENSIVE TRAINING AND CONSULTATION

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| 1998 – 1999 | Cumberland County Dual Disorders Program, Portland, Maine: Five day DBT Part II, Two-Day DBT-S Workshop |
| 1998 – 1999 | Guilford County Mental Health and Substance Abuse Program, Greensboro, North Carolina: 10 day standard DBT intensive plus 2-days DBT-S. |
| 2000 – 2003 | Annual Seattle Intensive Training with Marsha M. Linehan & Kelly Koerner |
| 2002 – 2003 | Pennsylvania/Western Psychiatric Institute Intensive Training |

SELECTED ONE AND TWO DAY WORKSHOPS & CONSULTATION

- Accountable Behavioral Health Alliance (2001, February). One-Day Workshop and One-Day Consultation, Dialectical Behavior Therapy.
- Association for the Advancement of Behavior Therapy (2001, November). One-Day Workshop on DBT for severely disordered individuals with addictive behaviors.
- Centre for Addictions and Mental Health, Toronto, Canada (2000, October). Standard Two-Day Training, Dialectical Behavior Therapy.

Fulton State Hospital, Fulton, Missouri (2000, October). One-Day Workshop and One-Day Consultation, Dialectical Behavior Therapy.

Betty Ford Center, Rancho Marage, California (1999, September). Two-Day Standard Workshop, Dialectical Behavior Therapy.

Cumberland County Dual Disorders Program, Portland, Maine. (1999, March). Two-Day Advanced Workshop, Dialectical Behavior Therapy.

Center for Mental Health and Addiction, Toronto, Canada (1999, February). One-day training in behavior therapy and Dialectical Behavior Therapy; two-day consultation to research team conducting clinical outcome study of Dialectical Behavior Therapy for substance dependent women.

Connecticut Mental Health Department. One-Day Specialized Training in DBT for Substance Dependent Women.

Jellinek Center, Amsterdam, Holland. (1996, October). Two-Day Specialized Training in DBT for Substance Dependent Women in preparation for clinical outcome trial.

Geneva, Switzerland. One-day workshop, Cognitive Behavioral Relapse Prevention.