

## Curriculum Vitae

**Name:** Elizabeth E. Wagner, Ph.D.

**Address:** 5 Old Mamaroneck Road, Suite 1L  
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**Licensure:** New York State Psychologist, License Number 014475

**Education:**

1998-99 Psychology Internship: The New York Presbyterian Hospital/Cornell Medical Center  
1999 Duke University, Durham, NC, Doctor of Philosophy, Clinical Psychology  
1997 Duke University, Durham, NC, Master of Arts, Clinical Psychology  
1987 The American University, Washington, DC, Bachelor of Arts  
(Summa Cum Laude)

**Professional Employment and Appointments**

2001-2004 Assistant Director, Adolescent Depression and Suicide Program  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

2001-2004 Director of Externship Training, Adolescent Depression and Suicide Program  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

2001- 2004 Attending Psychologist  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

2001- 2004 Assistant Professor  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

2001-2004 Staff/Supervising Psychologist  
Adolescent Depression and Suicide Program  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

2001- 2002 Staff/Supervising Psychologist  
Department of Surgery

Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

1999-2002 Co-Investigator, DBT Therapist  
HIV Mental Health Research Group  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

2000-2001 Director of Community Outreach and Subject Relations  
HIV Mental Health Research Group  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

**Adjunct Appointments:**

2002-present Adjunct Clinical Supervisor  
Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

2002-present Dialectical Behavior Therapy Trainer  
Behavioral Technology Transfer Group, Seattle, WA

**Specialized Training:**

9/04-11/-4 Practicum in Mindfulness Based-Stress Reduction: Living Inside Participant-Practitioner Perspectives  
Eight week advanced seminar program in MBSR conducted by Florence Meyer, MS, MA, Co-Director Professional Training Programs, Center for Mindfulness, UMass Medical School, Worcester, MA

2/04 Mindfulness-Based Stress Reduction in Mind-Body Medicine: A 7-Day Residential Training/Retreat  
Specialized training in MBSR conducted by Drs. Jon Kabat-Zinn and Saki Santorelli.

4/03 Mindfulness-Based Cognitive Therapy for Depression: A 7-Day Residential Training/Retreat  
Specialized training in MBCT conducted by Zindel Segal, Ph.D., and Ferris Urbanowski, MA

2/99 & 6/99 Dialectical Behavior Therapy  
Behavioral Technology Transfer Group  
Ten-day Intensive – A clinical and research training program in cognitive behavioral treatment of suicidal behaviors/borderline personality disorder.

7/98-6/99 Cognitive Behavioral Treatment of Anxiety, Depression, and Borderline Personality Disorder

Department of Psychiatry, The New York Presbyterian Hospital/Cornell Medical Center, White Plains, NY

Year-long weekly clinical and research training in evidence-based treatments of anxiety and mood disorders, and BPD conducted by Cindy Sanderson, Ph.D.

**Professional Society Membership:**

American Psychological Association  
Association for the Advancement of Behavior Therapy  
International Society for the Improvement and Training of Dialectical Behavior Therapy  
New York State Psychological Association

**Major Clinical Experience:**

- 2001-2004 Therapist, Adolescent Depression and Suicide Program, Montefiore Medical Center, Bronx, NY  
Conduct cognitive behavioral, dialectical behavioral, and crisis management interventions with adolescents and their families; utilize individual, family, group, and multi-family group modalities.
- 2001-2002 Psychologist, Department of Surgery, Montefiore Medical Center, Bronx, NY  
Conduct pre-surgical psychological evaluations of bariatric patients utilizing a semi-structured clinical interview and the MMPI-2. Provide DBT skills training for bariatric surgery patients.
- 2000-present Private Practice, adolescent and adult psychotherapy, offices in Manhattan and White Plains, NY
- 1999-2004 Dialectical Behavior Therapist, Montefiore Medical Center/Albert Einstein College of Medicine, Bronx, NY  
Provide DBT in various modalities including skills training group, individual skills coaching, and individual therapy to individuals living with HIV/AIDS who are diagnosed with substance abuse and borderline personality disorder as part of the federally funded HIV/AIDS Treatment Adherence, Health Outcomes, and Cost Study.
- 1998-1999 Psychology Intern, The New York Presbyterian Hospital/Cornell Medical Center, Department of Psychiatry, White Plains, NY  
Received intensive training in CBT and DBT for mood, anxiety, and personality disorder and in neuropsychological assessment.

**Research Experience:**

- 8/99-2003 Co-Investigator, HIV Mental Health Research Group, Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center/Albert Einstein College of Medicine, Bronx, NY  
Dialectical Behavior Therapist and Director of Community Outreach and Subject Relations on HIV/AIDS Treatment Adherence, Health Outcomes and Cost Study. Funded by six agencies of the National Institutes of Health, the Substance Abuse and Mental Health Service Administration, and the Health Resources and Services Administration, PI: M. Winiarski, \$3.6 million.
- 1995-1998 Research Associate, Duke University Medical Center, Durham, NC  
Research associate on NIMH supported, multi-site study investigating the separate and combined effects of pharmacological and cognitive-behavioral treatment of generalized social phobia.
- 1989-1993 Research Psychologist, National Institute on Aging, Laboratory of Neurosciences, Unit on Positron Emission Tomography, Bethesda, MD  
Research psychologist in laboratory involved in the study of brain function in aging and Alzheimer's disease.
- 1987-1991 Research Associate, National Institute of Mental Health, Laboratory of Developmental Psychology, Bethesda, MD  
Research associate in laboratory investigating the effects of maternal depression on child development.

**Major Teaching Experience:**

- 2002-present DBT Training Workshops, Behavioral Technology Transfer Group, Seattle, WA  
Conduct DBT training workshops nationally and internationally.
- 2002-2004 Case Conferences of mood and character disordered adolescents, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Psychiatry and Behavioral Sciences, Bronx, NY
- 2002-2004 CBT with Adolescents, Psychology Internship Curriculum, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Psychiatry and Behavioral Sciences, Bronx, NY
- 2000-2004 Dialectical Behavior Therapy Curriculum, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Psychiatry and Behavioral Sciences, Bronx, NY  
Teach intensive training workshop in DBT to psychology interns, PGY IVs and Vs, and attending staff from inpatient and outpatient departments.

- 2000-2004 Dialectical Behavior Therapy, Residency Training Program, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Psychiatry and Behavioral Sciences, Bronx, NY  
Teach DBT to PGY IIIs and IVs as part of residency training curriculum.
- 2006 Mindfulness in Psychotherapy, Residency Training Program and Psychology Internship Curriculum, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Psychiatry and Behavioral Sciences, Bronx, NY.

### **Supervisory Experience:**

- 2002-2003 Psychology Supervisor, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Surgery, Bronx, NY  
Provide individual supervision to psychology fellows in administration of semi-structured interviews as part of comprehensive evaluation to determine pt's psychological readiness for bariatric surgery.
- 2001-2004 Psychology Supervisor, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Psychology and Behavioral Sciences, Bronx, NY  
Provide individual and group supervision to psychology interns and psychiatry residents conducting individual, family, and group therapies with teenagers and families in the Adolescent Depression and Suicide Program.
- 2001-2004 Psychology Supervisor, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Psychology and Behavioral Sciences, Bronx, NY  
Provide individual and group supervision to psychology interns and psychiatry residents conducting DBT with parasuicidal adolescents in the Adolescent Depression and Suicide Program.
- 1999-2001 Psychology Supervisor, Montefiore Medical Center/Albert Einstein College of Medicine, Department of Psychology and Behavioral Sciences, Bronx, NY  
Provide individual and group supervision to psychology interns and psychiatry fellows conducting DBT with parasuicidal in Adult Outpatient Department.

### **Editorial Experience**

- 2003-present Cognitive and Behavioral Practice, Reviewer  
2004 Psychiatric Services, Reviewer

### **Publications:**

Miura, S.A., Horwitz, B., Schapiro, M.B., Grady, C.L., Kumar, A., Wagner, E., & Rapoport, S.I. (1989). The effect of gender on cerebral metabolic rates for glucose in healthy humans measured by positron emission tomography (PET) [Abstract]. Society for Neuroscience

Abstracts, 15, 447.

Miura, S.A., Schapiro, M.B., Grady C.L., Kumar, A., Salerno, J.A., Kozachuk, W.E., Wagner, E., Rapoport, S.I., & Horwitz, B. (1990). Effect of gender on glucose utilization rates in healthy humans: a positron emission tomography study. Journal of Neuroscience Research, 27, 500-504.

Gonzales-Aviles, A., Salerno, J., Schapiro, M.B., Grady C., Kumar, A., Pietrini, P., Morris, P., Wagner, E., Gabe, G., Hertzman, M., & Rapoport, S.I. (1991). Regional brain metabolism as measured by positron emission tomography in late onset depression[Abstract]. Biological Psychiatry, 29, 291.

Kumar, A., Schapiro, M.B., Grady, C., Haxby, J.V., Wagner E., Salerno, J.A., Friendland, P., & Rapoport, S.I. (1991). High resolution PET studies in alzheimer's disease. Neuropsychopharmacology, 4(1), 35-46.

Salerno, J.A., Haxby, J.V., Grady, C.L., Gonzales-Aviles, A., Wagner, E., Rapoport, S.I., & Schapiro, M.B. (1991). Correlation of change in cerebral glucose utilization with cognitive decline in dementia of the alzheimer type [Abstract]. 48th Annual Scientific Meeting of the American Geriatrics Society, abstract book, 34.

Zahn-Waxler, C., & Wagner, E. (1992). Caregivers' interpretations of infant emotions: A comparison of depressed and well mothers. In R. Emde, J. Osofsky, & P. Butterfield (Eds.), Parental perception of infant emotions. Clinical Infant Report Series.  
Salerno, J.S., Grady, C., Mentis, M., Gonzalez-Aviles, A., Wagner, E., Schapiro, M.B., & Rapoport, S.I. (1995). Brain metabolic function in older men with chronic essential hypertension. Journal of Gerontology, 50A (3), 147-154.

Zahn-Waxler, C., Radke-Yarrow, M., Wagner, E., & Chapman, M. (1992). Development of concern for others. Developmental Psychology, 28(1), 126-136.

Lochman, J.E., Dunn, S.E., & Wagner, E.E. (1997). Anger. In G. Bear, K. Minke, & A. Thomas (Eds.), Children's needs II. Washington, D.C.: National Association of School Psychologists.

Wagner, E.E. (2004). [Review of the book Clinical practice of cognitive therapy with children and adolescents: The nuts and bolts]. Psychiatric Services, 55, 725.

Wagner, E.E., Miller, A.M., Greene, L.I., & Winiarski, M.G. (2004). Dialectical behavior therapy for substance abusers adapted for persons living with HIV/AIDS with substance use diagnoses and borderline personality disorder (BPD). Cognitive and Behavioral Practice, 11, 202-212.

Miller, A.L., Wagner, E.E., & Rathus, J.H. (2004). Dialectical Behavior Therapy for suicidal multi-problem adolescents: An overview. In H. Steiner (Ed.), Handbook of Mental Health Interventions in Children and Adolescents: An integrated Developmental Approach. Jossey-Bass.

Miller, A.L., Nathan, J.S., & Wagner, E.E. (in press). Engaging suicidal multi-problem adolescents with DBT. In D. Castro-Blanco (Ed.), Treatment Engagement with High-Risk Adolescents: Empirically-Based Treatments. American Psychological Association Press.

Wagner, E.E., Rathus, J.H., & Miller A.L. (in press). Mindfulness in DBT for adolescents. In R. Baer (Ed.), Mindfulness-Based Interventions: A Clinician's Guide. Elsevier.

### **Unpublished Manuscripts**

Wagner, E.E., (1998). Accountability: Effects on stereotyping within an impression formation model. Doctoral Dissertation, Duke University.

Wagner, E.E., Greene, L.I., Miller, A.L., & Winiarski, M.G., (2000). Dialectical behavior therapy in a triply diagnosed population of persons living with HIV/AIDS with psychiatric and substance abuse diagnoses. Unpublished treatment manual.

### **Conference Presentations:**

Wagner, E.E., Colder, C., & Terry, R. (1997, April). Children's peer relations: Effects of classroom racial proportions, race, and gender. Poster presented at the biennial meeting of the Society for Research in Child Development, Washington, D.C.

Greene, L.I., Winiarski, M.G., Miller, A.L., & Wagner, E.E. (April, 2000). Can dialectical behavior therapy for substance abusers improve compliance in persons with HIV, substance use, and psychiatric diagnosis? In T.Soto (Chair) Symposium: "Models for delivering integrated HIV/AIDS treatment: A multisite study." Paper presented at annual meeting of the Society of Behavioral Medicine, Nashville, TN.

Wagner, E.E., Miller, A.L., Winiarski, M.G., & Greene, L.I. (June, 2000). Integrating dialectical behavior therapy into AIDS care for the triply diagnosed. In S. Kalichman (Chair) Symposium: "Meeting the needs of triply diagnosed people living with HIV-AIDS. Paper presented at the annual meeting of the Society for Psychological Study of Social Issues, Minneapolis, MN.

Greene, L.I., Wagner, E.E., Miller, A.L., & Winiarski, M.G. (November, 2000). DBT for HIV positive substance abusing adults diagnosed with borderline personality disorder. In A.L. Miller (Chair) Symposium: "Dialectical behavior therapy: Adaptations and new populations." Paper presented at the 34<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Wagner, E.E., Greene, L.I., Miller, A.L., & Winiarski, M.G. (November, 2000). Research advances: DBT for HIV positive substance abusing adults diagnosed with borderline personality disorder. In C. Sanderson (Chair) Symposium: “Research developments in dialectical behavior therapy.” Paper presented at the 5<sup>th</sup> annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), New Orleans, LA.

Wagner, E.E. (March, 2001). Adaptation of dialectical behavior therapy for the triply diagnosed patient. In V. Harris (Chair) Symposium: “Myths and realities: HIV, mental health and the 21<sup>st</sup> century.” Paper presented at the annual meeting of the National AIDS Update Conference, San Francisco, CA.

Greene, L.L., Wagner, E.E., Miller, A.L., & Winiarski, M.G. (August, 2001). Clinical Trial of dialectical behavior therapy with triply diagnosed clients. In M.G. Winiarski (Chair) Symposium: “Integrated care for clients with HIV, psychiatric and substance abuse diagnoses.” Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Winiarski, M.G., Wagner, E.E., Miller, A.L., & Greene, L.I. (October, 2001) DBT for severely disordered individuals with addictive behaviors in methadone maintenance treatment. Workshop presented at the annual meeting of the American Methadone Treatment Association, St. Louis, MS

Miller, A.L., Wagner, E.E., Greene, L.I., Landsman, M. (November, 2001). Randomized Trial of Dialectical Behavior Therapy with Triply Diagnosed Clients. Invited research presentation at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), Philadelphia, PA.

Wagner, E.E. & Miller, A. M. (November, 2001). Dialectical Behavior Therapy: Enhancing social emotional learning in a clinical adolescent population. In S. Doctors (chair) Symposium: “Social emotional learning in adolescents.” Invited paper presented at the 5<sup>th</sup> annual meeting of the International Society for Adolescent Psychiatry, Geneva, Switzerland.

Miller, A.M., Altman, B., Garno, J., Goldstein, E., Mitchell, K., Landsman, M., & Wagner, E.E. (August 2002). Dialectical Behavior Therapy for suicidal adolescents. In G. Henriques (chair) Symposium: New innovations in suicide intervention and research. Paper presented at the annual convention of the American Psychological Association, Chicago, IL

Miller, A.L., Woodberry, K.A., Indik, J., & Wagner, E.E. (November, 2002). Family therapy and DBT with adolescents: Proposing a clinical synthesis. Workshop conducted at the 7<sup>th</sup> Annual Meeting of The International Society of the Improvement and Teaching of DBT, Reno, NV.

Wagner, E.E., & Miller, A.L. (December, 2002). DBT for multiproblem suicidal

adolescents. Invited presentation at the national conference of the National Association for Personality Disorder, Bethesda, MD.

Wagner, E.E. & Miller, A. M. (June, 2003). DBT for Adolescents: Case Conceptualization. In S. Doctors & E. de Vito (chairs) Symposium: “Clinical case conference: Different approaches to treatment of adolescents.” Invited paper presented at the 6<sup>th</sup> annual meeting of the International Society for Adolescent Psychiatry (ISAP), Rome, Italy.

Wagner, E.E., Miller, A.L., Rathus, J.H. (November, 2003). Overcoming obstacles in applying DBT to Multi-problem adolescents. Workshop conducted at the 8<sup>th</sup> Annual Meeting of The International Society for the Improvement and Teaching of DBT, Boston, MA.

Wagner, E.E., & Miller, A.L. (August, 2004). DBT for suicidal adolescents. In G. Henriques (chair) Workshop: Treatments for suicidal individuals. Paper presented at the annual convention of the American Psychological Association, Honolulu, Hawaii.

Miller, A.M. & Wagner, E.E. (November, 2004). Results from a Randomized Clinical Trial of DBT for Triply Diagnosed Adults. In AL Miller (chair) Symposium: DBT for Comorbid BPD and Substance-Related Disorders. Paper presented at the annual convention of Association for the Advancement of Behavior Therapy, New Orleans, LA.

Wagner, E.E., & Greene, L.I. (November, 2005). Mindfulness skills for parents of multi-problem suicidal adolescents. Workshop to be conducted at the 10<sup>th</sup> Annual Meeting of The International Society for the Improvement and Teaching of DBT, Washington, DC.

Greene, L.I., & Wagner E.E. (March, 2006). DBT for adolescents. Workshop to be conducted at the annual convention of the American Society for Adolescent Psychiatry, Miami, FL.

## **Workshops**

- 4/02 One-day DBT workshop and one day consultation, w/ Alec L. Miller, Psy.D., Psychiatric Institute, Lund, Sweden.
- 4/02 One-day DBT workshop and one day consultation, w/ Alec L. Miller, Psy.D., Uppsala University, Uppsala, Sweden
- 4/03 Two-day advanced adolescent DBT workshop, w/ Alec L. Miller, Psy.D., Minneapolis, MN

## **Selected Lectures by Invitation**

- 3/99 Introduction to Mindfulness. Invited lecture as part of student health psychological services series on stress reduction, Fashion Institute of Technology, New York, NY.

- 4/99 Mindfulness based stress reduction for the college student. Invited lecture as part of student health psychological services series on stress reduction, Fashion Institute of Technology, New York, NY.
- 10/99 Core Mindfulness as part of dialectical behavior therapy. Invited lecture, psychology interns and externs and PGY IVs and Vs from inpatient and outpatient departments of the Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center/Albert Einstein College of Medicine.
- 3/01 The mental status exam. Guest Lecturer, Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY.
- 3/01 Risk management with suicidal patients-outpatient standards of care. Guest Lecturer, Yeshiva University, Ferkauf Graduate School of Psychology, Bronx, NY.
- 4/01 Mindfulness with multi-problem adolescents diagnosed with borderline personality disorder. Invited lecture as part of 8-week series on dialectical behavior therapy for adolescents, Psychology Internship Curriculum, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, New York, NY.
- 4/02 Mindfulness with multi-problem adolescents diagnosed with borderline personality disorder. Invited lecture as part of 8-week series on dialectical behavior therapy for adolescents, Psychology Internship Curriculum, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, New York, NY.
- 12/02 Mindfulness based cognitive therapy. Invited lecture New Jersey Cognitive Behavioral Association, Summit, NJ.
- 2/03 DBT: What is it and how is it conducted with adolescents. Invited lecture as part of 8-week series on dialectical behavior therapy for adolescents, Psychology Internship Curriculum, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, New York, NY.
- 2/03 Engaging suicidal multi-problem adolescents with DBT. Invited lecture as part of 8-week series on dialectical behavior therapy for adolescents, Psychology Internship Curriculum, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, New York, NY.
- 3/03 DBT: Employing behavioral and solution analyses. Invited lecture as part of 8-week series on dialectical behavior therapy for adolescents, Psychology Internship Curriculum, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, New York, NY.
- 3/03 Mindfulness practice with multi-problem suicidal adolescents. Invited lecture as part of 8-week series on dialectical behavior therapy for adolescents, Psychology Internship Curriculum, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, New

York, NY.

- 8/03 Adolescents who self-injure: Understanding the problem and the treatment. Invited lecture for professional staff of Student Assistance Service, Tarrytown, NY.
- 3/04 DBT: Employing behavioral and solution analyses. Invited lecture as part of 8-week series on dialectical behavior therapy for adolescents, Psychology Internship Curriculum, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, New York, NY.
- 3/04 DBT Skills Training and Mindfulness practice with multi-problem suicidal adolescents. Invited lecture as part of 8-week series on dialectical behavior therapy for adolescents, Psychology Internship Curriculum, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, New York, NY.
- 5/04 Self-Injury in Adolescents: Why Do They Do It and How Can We Help Them? Invited lecture for professional and clinical staff, Saxe Middle School, New Canaan, CONN.
- 4/05 Self-Injury in Adolescents: The Problem and the Treatment. Invited lecture for professional and clinical staff, Saxe Middle School, New Canaan, CONN.