

Curriculum Vitae
Elizabeth B. Simpson MD

Employment

Current: Director, Dialectical Behavior Therapy Program
Massachusetts Mental Health Center
74 Fenwood Road, Boston, MA 02115

2000- Consulting Psychiatrist: Eleanor Slater Hospital, Cranston, RI

1997- Senior Trainer: Dialectical Behavior Therapy (DBT)

1995-2000 Chief, Women's Partial Program Butler Hospital Providence, RI

1991-1995 Chief, Women's Inpatient Unit, Butler Hospital, Providence, RI

1990 -1991 Staff Psychiatrist: The Providence Center, Providence, RI

Education and Training

1995 Intensive Training in Dialectical Behavior Therapy
Marsha Linehan PhD and Charles Swenson MD

1989-1990 Fellowship: The Psychiatric Care of Women
The Stone Center and Charles River Hospital, Wellesley, MA

1985-1989 Internship and Residency in Adult Psychiatry
Vanderbilt University School of Medicine, Nashville, TN

1981-1985 MD: Vanderbilt University School of Medicine, Nashville, TN

1978-1981 Completion of pre-medical requirements
University of Alabama in Birmingham, Birmingham, AL

1974-1976 AB in English: Brown University, Providence, RI

1972-1974 No degree: Princeton University, Princeton, NJ

Professional Licensure and Board Certification

Licensure: Massachusetts #70960 May 1989
Rhode Island #7481 March 1989 (Inactive)
Tennessee #17232 July 1986 (Inactive)

Boards: American Board of Psychiatry and Neurology #34850 1991

Current Academic Appointment

Clinical Instructor in Psychiatry, Harvard Medical School at MA Mental Health Center

Membership in Societies

American Psychiatric Association
Rhode Island Psychiatric Association
Association for the Advancement of Behavior Therapy

Publications

Simpson EB, Pistorello J, Begin A, Costello E, Levinson J, Mulberry S, Pearlstein T, Rosen K, Steven M: Use of dialectical behavior therapy in a partial hospital program for women with borderline personality disorder. *Psychiatric Services* 49:669-673, 1998.

Zlotnick C, Shea TM, Rosen K, **Simpson** E, Mulrenin K, Begin A, Pearlstein T: An affect-management group for women with PTSD and histories of childhood abuse. *Journal of Traumatic Stress* 10:425-436, 1997.

Zlotnick C, Shea TM, Begin A, Pearlstein TB, **Simpson** EB, Costello E: The validation of the trauma checklist-40 (TSC-40) in a sample of inpatients. *International Journal of Child Abuse and Neglect* 20:503-510, 1996.

Zlotnick C, Shea TM, Pearlstein TB, Begin A, **Simpson** EB, Costello E: Differences in Dissociative experiences between survivors of childhood incest and survivors of assault in adulthood. *Journal of Nervous and Mental Disease* 184:52-54, 1996.

Zlotnick C, Shea TM, Pearlstein TB, **Simpson** EB, Costello E, and Begin A: The relationship between dissociative symptoms, alexithymia, impulsivity, sexual abuse and self-mutilation. *Comprehensive Psychiatry* 37:12-16, 1996.

Zlotnick C, Shea TM, Zakrinski A, Pearlstein TB, Begin A, Costello E, **Simpson** EB: Stressors and close relationships during childhood and dissociative experiences in survivors of sexual abuse among inpatient psychiatric women. *Comprehensive Psychiatry* 36:207-212, 1995.

Zlotnick C, Begin A, Shea TM, Pearlstein TB, **Simpson** EB, Costello E: The relationship between characteristics of sexual abuse and Dissociative experiences. *Comprehensive Psychiatry* 35:465-470, 1994.

Posters and Abstracts

Simpson EB, Rosen K, Pearlstein T, Costello E, Yen, S, Begin A: Combined dialectical behavior therapy and fluoxetine pharmacotherapy in patients with BPD: Is there an additive effect? New Research Abstract #316, 153rd Annual Meeting of the American Psychiatric Association, Chicago, IL, May 16, 2000.

Rosen KJ, **Simpson** EB, Pearlstein T, Costello E, Pistorello J, Begin A: Gabapentin in the treatment of depression and anxiety in borderline personality disorder. New Research Abstract #394, 152nd Annual Meeting of the American Psychiatric Association, Washington, D.C., May 30, 1999.

Simpson EB, Rosen K, Pearlstein T, Pistorello J, Costello E, Begin A: Dialectical behavior therapy applied to a partial hospital setting: a hospital diversion program. New Research Abstract #582, 151st Annual Meeting of the American Psychiatric Association, Toronto, Canada, June 2, 1998.

Rosen KJ, **Simpson** EB, Pearlstein T, Pistorello J, Costello E, Begin A: Polypharmacy of BPD: prescribing patterns from a naturalistic setting. New Research Abstract #271, 151st Annual Meeting of the American Psychiatric Association, Toronto, Canada, June 2, 1998.

Simpson EB, Pistorello J, Costello E: Dialectical behavior therapy applied to a 5-day partial hospital program: treatment development and outcome. Poster presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, Miami FL November, 1997.

Zlotnick C, Pearlstein, TB, **Simpson** E, Costello E, Begin A: Predictors and correlates of self-mutilation during hospital stay. New Research Abstract #293, 149th Annual Meeting of the American Psychiatric Association, New York, NY May 7, 1996.

Zlotnick C, Shea TM, Pearlstein TB, Rosen KJ, Mulrenin K, **Simpson** E: Affect management group for survivors of sexual abuse with PTSD. New Research Abstract #292, 149th Annual Meeting of the American Psychiatric Association, New York, NY, May 7, 1996.

Zlotnick C, **Simpson** E, Kemp M, Shea TM, Pearlstein TB, Begin A, Costello E: An intervention for self-injurious behavior on an inpatient unit. New Research Abstract #417, 148th Annual Meeting of the American Psychiatric Association, Miami, FL, May 24, 1995.

Zlotnick C, Begin A, Shea TM, Pearlstein TB, **Simpson** E, Costello E: Dissociative experiences, psychopathology and maladaptive schemas. New Research Abstract #98, 147th Annual Meeting of the American Psychiatric Association, Philadelphia, PA, May 23, 1994.

Zlotnick C, Pearlstein TB, **Simpson** E, Begin A, Costello E: Self-mutilation, dissociative Experiences and Alexithymia", New Research Abstract #99, 147th Annual Meeting of the American Psychiatric Association, Philadelphia, PA, May 23, 1994.

Howard MM, Malin MA Begin A, Pearlstein TB, **Simpson** E: Efficacy of time-limited group therapy for adult sexual abuse survivors. International Society for the Study of Traumatic Stress Annual Meeting, Los Angeles, CA. October 25, 1992.

Grants

Co-Investigator: Combined Dialectical Behavior Therapy and Fluoxetine Treatment of Women with Borderline Personality Disorder, 1997,1998, (\$15,800), Department of Psychiatry and Human Behavior, Brown University School of Medicine.

Co-Investigator: Comparison of Fluoxetine and DBT to Placebo and DBT in Borderline Personality Disorder, 1997-1998, (\$45,000), Eli Lilly and Co.

Co-Investigator: Comparison of Sertraline and Placebo in Post-traumatic Stress Disorder, 1994-1995, (\$100,000), Pfizer.

Co-Investigator, Flexible Dose Comparison of Sertraline and Placebo in Post-traumatic Stress Disorder, 1996-1997, (\$100,000), Open Flexible-Dose Extension Study, (\$50,000), Pfizer.

Trainings in DBT:

One and Two-Day Workshops in DBT: A Cognitive Behavioral Treatment for Borderline Personality Disorder:

Connecticut Valley Hospital, Middletown, Ct., May 26 & May 27, 1999, June 1&2 1999. Bay Cove Conference, Jamaica Plain, MA, May 29, 1998. Mount Auburn Hospital, Cambridge, Massachusetts, November 1, 1997. American Continuing Education, St. Paul, MI, September 8-9, 1997. Dallas, Texas, May 16, 1997. Houston, Texas, May 15, 1997. Butler Hospital, Providence, Rhode Island, March 1-2, 1997. Counseling Services Inc., Saco, Maine, January 26-27 and 28-29, 1997.

Two-Day Workshops in DBT: Skills Training: March 6-7, 2003, Boston, MA with Charles Swenson MD. June 4-5, 2001, Boston, MA and June 14-15, 2001, Portland, ME with Clive Robins PhD.

5-Day Intensive Workshops in DBT:

Lead Trainer with Dr. Amy Wagner: Westborough, MA, April 28-May 2, 2003.

Co-Leader with Dr. Cynthia Sanderson: Michigan Department of Mental Health ACT teams, Novi, MI, February 4-8, 2002. Lansing, MI, December 4-8, 2000 and July 9-13, 2001. Northampton, MA, February 12-16 and June 18-22 and July 23-27, 2001.

Co-Leader with Dr. Alan Fruzzetti: Matteson, IL, June 15-19 and Dr. Amy Wagner December 7-11, 1998, Elgin, IL.

Co-Leader with Dr. Marsha Linehan and Dr. Clive Robins: September 19-25, 1997 Seattle, WA.

Co-Leader with Dr. Marsha Linehan: Western Psychiatric Institute, June 23,1996 and February 15-19, 1997, Pittsburgh, PA.

Invited Presentations

Management of the Chronically Suicidal Patient. Grand Rounds, University of Rochester, Rochester, New York. May 31, 2000.

DBT and Borderline Personality Disorder. Grand Rounds, Providence VA Medical Center, Providence, RI, April 22, 1999.

DBT: An Effective Approach to Borderline Personality Disorder. Annual Update in Psychiatry, Medical University of South Carolina, Charleston, SC., June 5-7, 1998.

DBT and Borderline Personality Disorder. Roberta Goldwyn Seminar, McLean Hospital, Belmont, MA, March 23, 1998.

DBT. Current Challenges in Mental Health: Treating Difficult Populations, Sponsored by Gateway Healthcare, Providence, RI, June 20, 1997.

DBT and Partial Hospitalization. Grand Rounds, St. Vincent's Hospital, Worcester, MA. March 2, 1999.

DBT and Partial Hospitalization, Grand Rounds Arcadia Hospital, Bangor, ME, May 22, 1998.

DBT for Persons with BPD: Components and Implementation of an Effective Program. Clinical Update 1998. Southern Pines, NC, September 14-15, 1998.

Keeping Patients out of the Hospital, DBT - Style. Symposium on Risk Management and Chronically Suicidal Patients, Harvard Vanguard Medical Associates, Dedham, MA, July 27, 1998.

Research in a Clinical Setting. 2nd Annual Meeting of International Society for the Investigation & Training in DBT, Miami, FL, November 12, 1997.

Group Skills Training with Borderline Patients. RI Group Psychotherapy Association, May 2, 1997.

Borderline Personality Disorder. Family Practice Grand Rounds, Memorial Hospital, Pawtucket, RI, July 1996.

Courses and Teaching

Supervision of residents, medical students, and psychology interns assigned to the Massachusetts Mental Health Center.

Emotion Mind: An Owner's Manual. Brown University Learning Community. April 2-May 15, 2001, Providence, RI.

Behavioral Partial Hospital for the Difficult-to-Treat Patient. American Psychiatric Association Annual Meeting, May 9, 2001, New Orleans, LA.

Dialectical Behavior Therapy and Borderline Personality Disorder. Association for the Advancement of Behavior Therapy Annual Meeting, November 15, 2001, Philadelphia, PA.