

Curriculum Vitae

Clive J. Robins

Office Address: Department of Psychiatry and Behavioral Sciences
Box 3362, Duke University Medical Center
Durham, NC 27710

Date and Place of Birth: April 5, 1953; London, England

Education

- 1974 B.Sc. (1st Class Honors), Experimental Psychology
University of Sussex, Brighton, England
- 1978 A.M., Psychology
Stanford University, Stanford, CA
- 1982 Ph.D., Clinical Psychology
State University of New York, Stony Brook, NY

Honors

- 1990 Invited Delegate to Consensus-Building Conference on Cognitive Models of
Depression, Lake Louise, Canada
- 1997 Board Certified in Cognitive Behavioral Psychology, American Board of
Professional Psychology
- 1999 Founding Fellow, Academy of Cognitive Therapy
- 1999-2000 Van Ameringen Foundation Fellow, Beck Institute for Cognitive Therapy and
Research
- 1999 Fellow, American Academy of Cognitive and Behavioral Psychology
- 2002 Gold Medal Lecture, Conference on Personality Disorder Research and Treatment,
Stanford University School of Medicine
- 2004 Fifth Annual C. J. Rosecrans Memorial Lecture, Department of Psychiatry and
Behavioral Neurobiology, University of Alabama at Birmingham

Licensure and Certification

Licensed Psychologist, North Carolina, License No. 1421

Certified Health Services Provider Psychologist, North Carolina

Board Certified in Cognitive Behavioral Psychology, American Board of Professional Psychology

Certified Cognitive Therapist, Academy of Cognitive Therapy

Academic Positions

New York University, Department of Psychology

1982-1987 Assistant Professor

Department of Psychiatry and Behavioral Sciences, Duke University Medical Center

1987-1996 Assistant Professor

1996-2007 Associate Professor

2007-present Professor

2006-present Director of Psychotherapy Education in Psychiatry

Department of Psychology and Neuroscience, Duke University

1995-1996 Assistant Professor

1996-2007 Associate Professor

2007-present Professor

Teaching Experience

New York University Department of Psychology

1982-1987 Abnormal Psychology (Undergraduate)

1984 Theories of Personality (Undergraduate)

1982-1983 Behavioral Assessment (Clinical Psychology PhD)

1984-1987 Behavior Therapy (Clinical Psychology PhD)

1985 Depression Research Seminar (Graduate seminar)

Duke University Department of Psychiatry and Behavioral Sciences

1988-present Cognitive Behavior Therapy (PGY3 Residents)

1999-present Introduction to Psychotherapy (PGY1 Residents)

1988-present Seminars on depression, borderline personality disorder and cognitive-behavioral therapy (Psychology Interns)

1990-2004 Seminars on cognitive behavior therapy in a survey course on psychotherapies (PGY2 Residents)

Duke University School of Medicine

1993-1994 Preceptor for Human Behavior (1st year Medical Students)

Duke University Department of Psychology: Social and Health Sciences

1995-present PSY119A Abnormal Psychology (Undergraduate)
1998-present PSY307 Intervention and Prevention (Clinical Psychology PhD)
1999 PSY305 Psychopathology (Clinical Psychology PhD)
1993-present PSY343-344 Graduate Practicum: Cognitive Behavioral Therapy

Department of Veterans Affairs Medical Center, Durham

1997-present Seminars on Cognitive Therapy and Dialectical Behavior Therapy (Psychology Interns)

Other

2004, 2006, 2008 Guest Lectures on Borderline Personality Disorder, Psychopathology Course (Clinical Psychology PhD), University of North Carolina, Chapel Hill.
2005 Guest Lecture on Supervision of Trainees with Clients in Crisis, Supervision Course (Clinical Psychology PhD), University of North Carolina, Chapel Hill.
1983-1986 Instructor, Institute for Behavior Therapy, New York, N.Y.
1981 Abnormal Psychology, State University of New York at Stony Brook

Clinical, Clinical Supervision, and Clinical Administration Experience

1995-present Director, Behavior Research and Therapy Program
Department of Psychiatry and Behavioral Sciences
Duke University Medical Center

1995-present Director of Psychological Services
Inpatient Adult Psychiatry
Duke University Medical Center

1987-1995 Clinical Psychologist
Inpatient Adult Psychiatry Units
Duke University Medical Center

1993-present Clinical Supervisor
Clinical Psychology PhD Program
Department of Psychology: Social and Health Sciences
Duke University

1990-present Clinical Supervisor
Psychiatry Residency Program
Duke University Medical Center

1987-present	Clinical Supervisor Cognitive Behavior Therapy Rotation Medical Psychology Internship Program Duke University Medical Center
1984-1987	Clinical Psychologist Part-time independent practice, New York, N.Y.
1984-1985	Clinical Supervisor Institute for Behavior Therapy, New York, N.Y.
1983-1984	Therapist Institute for Behavior Therapy, New York, N.Y.
1982	Clinical Supervisor Psychology Center, State University of New York at Stony Brook.
1981-1982	Intern in Clinical Psychology Beth Israel Medical Center, New York, N.Y.

Research Supervision

Ph.D. Dissertation Committees: 12 at NYU (4 as Chair) and 17 at Duke (7 as Chair).

Master's Thesis Chair for 4 students at NYU and 7 students at Duke.

Undergraduate Honors Thesis Supervisor for 1 student at NYU and Independent Studies Supervisor for 8 students at Duke and Honors Thesis Supervisor for one student at Duke.

Postdoctoral Training Supervisor for 4 psychologists at Duke.

Consulting Positions

1997-present:	Senior Trainer Behavioral Technology Transfer Group, Seattle, Washington..
1996-present:	Veterans Administration Medical Center Durham, NC
1988-1989:	U.S. Postal Service Project Fuqua School of Business, Duke University

University Committees

Duke University, Department of Psychiatry and Behavioral Sciences

- 1995-present Psychiatry Residency Curriculum Committee
- 1993-1994 Task Force to develop Mood Disorders Program
- 1993-1994 Task Force to develop Personality Disorders Program
- 1993 Chair, Task Force to develop Borderline Personality Disorder inpatient program
- 1993 Task Force to develop psychiatry inpatient admissions criteria
- 1991-1992 Task Force on Centralized Planning, Inpatient Psychiatry
- 1988 Psychiatry Inpatient Audit Committee
- 1987-present Division of Medical Psychology Internship Committee

Duke University, Department of Psychology and Neuroscience

- 2006-present Faculty Awards Committee
- 2004-present Chair, Mentoring Committee, Clinical Psychology Program
- 2004-2006 Colloquium Committee
- 1998-2001 Chair, Practicum Committee, Clinical Psychology Program
- 1995-present Clinical Psychology Graduate Admissions Committee

New York University, Department of Psychology

- 1984-1986 Clinical Psychology Research Sponsorship Committee
- 1983-1985 Departmental Educational Policy Committee
- 1982-1987 Clinical Psychology Graduate Admissions Committee

Other Professional and Academic Activities

- 2005 Grant Reviewer, National Institute of Mental Health, Special Emphasis Panel on Interventions for Mood, Anxiety, Personality and Body Dysmorphic Disorders, Scientific Review Group 2006/01 ZMH1 ERB-W (03)
- 2004 Grant Reviewer, National Institute of Mental Health, Special Emphasis Panel on Developing Centers On Interventions for the Prevention of Suicide, Scientific Review Group 2004/05 ZMH1 CRB-C (08)

- 2002 Grant Reviewer, National Institute of Mental Health, B/START Program.
- 2001 Grant Reviewer, National Institute of Mental Health, STAR*D Ancillary Studies Review Group
- 1990, '94, '99, '03 Grant Reviewer, Social Sciences and Humanities Research Council of Canada
- 2007-present Associate Editor, *International Journal of Cognitive Therapy*
- 2007-present Editorial Board, *Cognitive and Behavioral Practice*
- 1992-present Editorial Board, *Journal of Abnormal Psychology*
- 2003-2007 Associate Editor, *Journal of Cognitive Psychotherapy: An International Quarterly*
- 1999-2001 Associate Editor, *Cognitive Therapy and Research*.
- 1992-1995 Editor, "The Scientist Practitioner", regular column in *The Behavior Therapist*.
- 1990-1992 Editorial Board, *Behavior Therapy*
- 1984-1998 Editorial Board, *Cognitive Therapy and Research*
- 1983-present Consulting Reviewer:

Anxiety, Stress and Coping: An International Journal
Applied and Preventive Psychology
Assessment
Behavior Therapy
British Journal of Clinical Psychology
British Journal of Medical Psychology
Canadian Journal of Behavioural Science
Clinical Psychology: Science and Practice
Cognitive Therapy and Research
Cognition and Emotion
International Journal of Psychiatry in Medicine
Journal of Cardiopulmonary Rehabilitation
Journal of Abnormal Psychology
Journal of Affective Disorders
Journal of Clinical Child and Adolescent Psychology
Journal of Cognitive Psychotherapy: An International Quarterly
Journal of Consulting and Clinical Psychology
Journal of Cross-Cultural Psychology

Journal of Personality
Journal of Personality and Social Psychology
Journal of Personality Disorders
Journal of Practical Psychiatry and Behavioral Health
Journal of Psychopathology and Behavioral Assessment
Journal of Research in Personality
Journal of Social and Clinical Psychology
Personality and Individual Differences
Personality and Social Psychology Bulletin
Psychology and Psychotherapy: Theory, Research and Practice
Psychological Assessment
Psychological Bulletin
Psychological Reports
Psychology and Aging
Science Press
Social Behavior and Personality: An International Journal
Social Cognition

- 2001 External Reviewer, Appointments and Promotions Committee
York University, Ontario, CA
- 1999 External Reviewer, Appointments and Promotions Committee
University of Nevada at Reno
- 2004 Textbook Reviewer
Oxford University Press
- 1998, 2004 Textbook Reviewer
John Wiley & Sons
- 1997 Member, Program Committee, 1997 annual meeting of the International Society
for the Improvement and Teaching of Dialectical Behavior Therapy
- 1995, '96, '03, '05 Reviewer of submissions for annual meetings of the American
Psychological Association
- 1991-1993 Member, Committee on Legislative and Professional Issues, Association for
Advancement of Behavior Therapy
- 1985 Member, Program Committee, 1986 annual meeting of the Association for
Advancement of Behavior Therapy
- 1986 Subcommittee on Paper Selection, 1986 annual meeting of the Eastern
Psychological Association
- 1985-1988 Coordinator, Special Interest Group on Cognitive Behavior Therapy, Association

for Advancement of Behavior Therapy

Professional Affiliations

American Psychological Association
Division 12, Clinical Psychology
Division 12, Section III (Society for a Science of Clinical Psychology)
Division 12, Section VII(Clinical Emergencies and Crises)
Association for Behavioral and Cognitive Therapies
Association for Research in Personality Disorders
International Association for Cognitive Psychotherapy
International Society for the Improvement and Teaching of Dialectical Behavior Therapy
International Society for the Study of Personality Disorders
Society for Research in Psychopathology

Research Grants

Principal Investigator:

National Institute of Mental Health Biomedical Research Support Grant
Children of Depressed Parents: Mechanisms of Risk
1987-1988 Direct Costs \$16,595

National Institute of Mental Health RO3 MH-40917
Motivational Vulnerabilities for Unipolar Depression
1986-1987 Direct Costs \$14,983

Spencer Foundation
Cognitive-Personality Functioning in Children of Depressed and Non-depressed Parents
1985-1986 Direct Costs \$8,000

National Institute of Mental Health Biomedical Research Support Grant
Construct Validation of the Sociotropy-Autonomy Scale in a Depressed Sample
1984-1985 Direct Costs \$6,000

Co-Investigator:

National Institutes of Health, R01 DK57841-01
Differential Response to CBT in Type 1 and Type 2 Diabetes
Principal Investigator: Richard Surwit, Ph.D
2000-2004 Direct Costs \$600,000

Duke University Medical Center Small Research Grants
A Comparison between Dialectical Behavior Skills Training, Group Cognitive Therapy, and
Pharmacotherapy in the Treatment of Depression among Older Adults
Principal Investigator: Thomas R. Lynch, Ph.D

1996-1997 Direct Costs \$7,500

Department of Veterans Affairs

A Comparison of Cognitive-Behavioral Therapy with Standard Treatment for Women with Borderline Personality Disorder

Principle Investigator: Cedar R. Koons, MSW

1995-1997 Direct Costs \$112,000

Publications

Johnson-Laird, P. N., **Robins, C. J.**, & Velicogna, L. (1974). Memory for words. *Nature*, *251*, 704-705.

Robins, C. J., & Shepard, R. N. (1977). Spatio-temporal probing of apparent rotational movement. *Perception and Psychophysics*, *22*, 12-18.

Robins, C. J., & Shepard, R. N. (1982). Spatio-temporal probing of apparent rotational movement. In R. N. Shepard & L. Y. Cooper (Eds.), *Mental images and their transformations* (pp. 273-286). Montgomery, VT: Bradford Books.

Goldfried, M. R., & **Robins, C. J.** (1982). On the facilitation of self-efficacy. *Cognitive Therapy and Research*, *6*, 361-380.

Goldfried, M. R., & **Robins, C. J.** (1983). Self-schema, cognitive bias and the processing of therapeutic experiences. In P. C. Kendall (Ed.), *Advances in cognitive-behavioral research and therapy, Vol. 2* (pp. 33-80). New York: Academic Press.

Davison, G. C., **Robins, C. J.**, & Johnson, M. K. (1983). Articulated thoughts during simulated situations: A paradigm for studying cognition in emotion and behavior. *Cognitive Therapy and Research*, *7*, 17-40.

Goldfried, M. R., Padawer, W., & **Robins, C. J.** (1984). Social anxiety and the semantic structure of heterosocial interactions. *Journal of Abnormal Psychology*, *93*, 87-97.

Robins, C. J. (1986). Sex role perceptions and social anxiety in opposite-sex and same-sex situations. *Sex Roles*, *14*, 383-395.

Chabon, B., & **Robins, C. J.** (1986). Cognitive distortions among depressed and suicidal drug abusers. *International Journal of the Addictions*, *21*, 1313-1329.

Schwartz, K., & **Robins, C. J.** (1987). Psychological androgyny and ego development. *Sex Roles*, *16*, 71-81.

Robins, C. J. (1987). Social perception and heterosocial self-efficacy: A multi-dimensional scaling analysis. *Cognitive Therapy and Research*, *11*, 197-214.

- Robins, C. J.** (1987). On interpreting results of multiple regression procedures: A cautionary note for researchers and reviewers. *Cognitive Therapy and Research*, *11*, 705-708.
- Robins, C. J., & Block, P.** (1988). Personal vulnerability, life events, and depressive symptoms: A test of a specific interactional model. *Journal of Personality and Social Psychology*, *54*, 847-852.
- Robins, C. J.** (1988). Attributions and depression: Why is the literature so inconsistent? *Journal of Personality and Social Psychology*, *54*, 880-889.
- Small, S., & **Robins, C. J.** (1988). The influence of induced depressed mood on visual recognition thresholds: Predictive ambiguity of associative network models of mood and cognition. *Cognitive Therapy and Research*, *12*, 295-304.
- Leigh, I. W., **Robins, C. J.** & Welkowitz, J. (1988). Modification of the Beck Depression Inventory for use with a deaf population. *Journal of Clinical Psychology*, *44*, 728-732.
- Robins, C. J.** (1988). Development of experimental mood induction procedures for use in testing personality-event interaction models of depression. *Journal of Clinical Psychology*, *44*, 958-963.
- Peselow, E. D., Stanley, M., Wolkin, A., **Robins, C.**, Barouche, F., & Fieve, R. R. (1989). Clinical features, DST, and response to placebo in depressed outpatients. In B. Lerer & S. Gershon (Eds.), *New directions in affective disorders* (pp. 596-601). New York: Springer-Verlag.
- Robins, C. J., & Hinkley, K.** (1989). Social-cognitive processing and depression in children: A comparison of measures. *Journal of Abnormal Child Psychology*, *17*, 29-35.
- Robins, C. J., Block, P., & Peselow, E. D.** (1989). Relations of sociotropic and autonomous personality characteristics to specific symptoms in depressed patients. *Journal of Abnormal Psychology*, *98*, 86-88.
- Robins, C. J., Block, P., & Peselow, E. D.** (1989). Specificity of symptoms in RDC endogenous depression. *Journal of Affective Disorders*, *16*, 243-248.
- Robins, C. J., & Block, P.** (1989). "Cognitive" theories of depression viewed from a diathesis-stress perspective: Evaluations of the models of Beck and of Abramson, Seligman, and Teasdale. *Cognitive Therapy and Research*, *13*, 297-313.
- Leigh, I. W., **Robins, C. J.**, Welkowitz, J., & Bond, R. N. (1989). Toward greater understanding of depression in deaf individuals. *American Annals of the Deaf*, *134*, 249-54.
- Jacobson, R., & **Robins, C. J.** (1989). Social dependency and social support in bulimic and nonbulimic women. *International Journal of Eating Disorders*, *8*, 665-670.

- Leigh, I. W., **Robins, C. J.**, & Welkowitz, J. (1990). Impact of communication on depressive vulnerability in deaf individuals. *Journal of the American Deafness and Rehabilitation Association*, *23*, 68-73.
- Peselow, E. D., **Robins, C. J.**, Block, P., Barouche, F., & Fieve, R. R. (1990). Dysfunctional attitudes in depressed patients before and after clinical treatment and in normal control subjects. *American Journal of Psychiatry*, *147*, 439-444.
- Robins, C. J.**, Block, P., & Peselow, E. D. (1990). Endogenous and nonendogenous depressions: Relations to life events, dysfunctional attitudes and event perceptions. *British Journal of Clinical Psychology*, *29*, 201-207.
- Robins, C. J.**, Block, P., & Peselow, E. D. (1990). Cognition and life events in major depression: A test of the mediation and interaction hypotheses. *Cognitive Therapy and Research*, *14*, 299-313.
- Robins, C. J.** (1990). Congruence of personality and life events in depression. *Journal of Abnormal Psychology*, *99*, 393-397.
- Robins, C. J.**, & Luten, A. G. (1991). Sociotropy and autonomy: Differential patterns of clinical presentation in unipolar depression. *Journal of Abnormal Psychology*, *100*, 74-77.
- Robins, C. J.** (1991). Update on behavior therapy. [Review of the book *Progress in behavior modification*, vol. 24 by A. Bellack & M. Hersen (Eds.)]. *Contemporary Psychology*, *36*, 632-633.
- Craighead, W. E., Evans, D., & **Robins, C. J.** (1992). Unipolar depression. In S. M. Turner, K. S. Calhoun, & H. E. Adams (Eds.), *Handbook of clinical behavior therapy* (2nd ed., pp. 99-116). New York: Wiley.
- Peselow, E. D., **Robins, C. J.**, Sanfilippo, M. P., Block, P., & Fieve, R. R. (1992). Sociotropy and autonomy: Relationship to antidepressant drug treatment response and endogenous/nonendogenous dichotomy. *Journal of Abnormal Psychology*, *101*, 479-486.
- Robins, C. J.** (1992). Development of a consensus on cognitive models of depression. *Psychological Inquiry*, *3*, 261-263.
- Robins, C. J.**, & Hayes, A. M. (1993). An appraisal of cognitive therapy. *Journal of Consulting and Clinical Psychology*, *61*, 205-214.
- Robins, C. J.** (1993). Implications of research on the psychopathology of depression for psychotherapy integration. *Journal of Psychotherapy Integration*, *3*, 313-330.
- Robins, C. J.** (1993). Cognitive therapy with inpatients. [Review of the book *Cognitive therapy with inpatients: Developing a cognitive milieu*, by J. H. Wright, M. E. Thase, A. T. Beck, & J. W. Ludgate (Eds.)]. *Depression*, *1*, 329-330.

- Koenig, H. G., George, L. K., **Robins, C. J.**, Stangl, D., & Tweed, D. L. (1994). The development of a dysfunctional attitudes scale for medically ill elders (DASMIE). *Clinical Gerontologist, 15*(2), 3-22.
- Robins, C. J.**, Ladd, J. S., Welkowitz, J., Blaney, P., Kutcher, G., & Diaz, R. (1994). The Personal Style Inventory: Preliminary validation studies of new measures of sociotropy and autonomy. *Journal of Psychopathology and Behavioral Assessment, 16*, 277-300.
- Robins, C. J.**, & Hayes, A. M. (1995). An appraisal of cognitive therapy. In M. J. Mahoney (Ed.), *Cognitive and constructive psychotherapies: Theory, research, and practice* (pp. 41-65). New York: Springer.
- Robins, C. J.**, Hayes, A. M., Block, P., Kramer, R. J., & Villena, M. (1995). Interpersonal and achievement concerns and the depressive vulnerability and symptom specificity hypotheses: A prospective study. *Cognitive Therapy and Research, 19*, 1-20.
- Robins, C. J.** (1995). Personality-event interaction models of depression. *European Journal of Personality, 9*, 367-378.
- Robins, C. J.**, & Hayes, A. M. (1995). The role of causal attributions in the prediction of depression. In G. M. Buchanan & M. E. P. Seligman (Eds.), *Explanatory style* (pp. 71-97). Hillsdale, N.J: Erlbaum.
- Robins, C. J.**, Bagby, R. M., Rector, N. A., Lynch, T. R., & Kennedy, S. M. (1997). Sociotropy, autonomy, and patterns of symptoms in patients with major depression: A comparison of dimensional and categorical approaches. *Cognitive Therapy and Research, 21*, 285-300.
- Lynch, T. R. & **Robins, C. J.** (1997). Treatment of borderline personality disorder using dialectical behavior therapy. *The Journal of the California Alliance for the Mentally Ill, 8*(1), 47-49.
- Robins, C. J.** (1999). A dialectical behavior therapy perspective on the case of Anna. *Cognitive and Behavioral Practice, 6*, 60-68.
- Robins, C. J.** (1999). Do cognitive schemas increase vulnerability to depression? [Review of the book *Cognitive vulnerability to depression* by R. E. Ingram, J. Miranda, & Z. V. Segal]. *Contemporary Psychology, 44*, 290-293.
- Lynch, T. R., Mendelson, T., **Robins, C. J.**, Krishnan, K. R. R., George, L. K., Johnson, C. S., & Blazer, D. G. (1999). Perceived social support among depressed elderly, middle-aged, and young adult samples: cross-sectional and longitudinal analyses. *Journal of Affective Disorders, 55*, 159-170.
- Lynch, T. R., Johnson, C. S., Mendelson, T., **Robins, C. J.**, Krishnan, K. R. R., & Blazer, D. G. (1999). Correlates of suicidal ideation among an elderly depressed sample. *Journal of*

- Affective Disorders*, 56, 9-15.
- Lynch, T. R., Johnson, C. S., Mendelson, T., **Robins, C. J.**, Krishnan, K. R. R., & Blazer, D. G. (1999). New onset and remission of suicidal ideation among a depressed adult sample. *Journal of Affective Disorders*, 56, 49-54.
- Lynch, T. R., Compton, J. S., Mendelson, T., **Robins, C. J.**, & Krishnan, K. R. R. (2000). Anxious depression among the elderly: Clinical and phenomenological correlates. *Aging and Mental Health*, 4, 268-274.
- Robins, C. J.** (2000). Dialectical behavior therapy for borderline personality disorder. *NAMI NC Clippings*.
- Robins, C. J.**, & Koons, C. R. (2000). The therapeutic relationship in dialectical behavior therapy. In A. N. Sabo & L. Havens (Eds.), *The real world guide to psychotherapy practice* (pp. 237-266). Cambridge, MA: Harvard University Press.
- Robins, C. J.** (2000). Extending applications of dialectical behavior therapy: Prospects and pitfalls. *Cognitive and Behavioral Practice*, 7, 481-484.
- Krause, E. D., **Robins, C. J.**, & Lynch, T. R. (2000). A mediational model relating sociotropy, ambivalence over emotional expression, and disordered eating. *Psychology of Women Quarterly*, 24, 328-335.
- Yen, S., **Robins, C. J.**, & Lin, N. (2000). A cross-cultural comparison of depressive symptom manifestation: China and the United States. *Journal of Consulting and Clinical Psychology*, 68, 993-999.
- Robins, C. J.**, Ivanoff, A. M., & Linehan, M. M. (2001). Dialectical behavior therapy. In W. J. Livesley (Ed.), *Handbook of personality disorders: Theory, research and treatment* (pp. 437- 459). New York: Guilford Press.
- Lynch, T. R., **Robins, C. J.**, & Morse, J. Q. (2001). Couple functioning in depression: The roles of sociotropy and autonomy. *Journal of Clinical Psychology*, 57, 93-103. (reprinted in 2003 in *Journal of Clinical Psychology*, 59, 1349-1359.)
- Koons, C. R., **Robins, C. J.**, Tweed, J. L., Lynch, T. R., Gonzalez, A. M., Morse, J. Q., Bishop, G. K., Butterfield, M. I., & Bastian, L. A. (2001). Efficacy of dialectical behavior therapy in women veterans with borderline personality disorder. *Behavior Therapy*, 32, 371-390.
- Lynch, T. R., **Robins, C. J.**, Morse, J. Q., & Krause, E. D. (2001). A mediational model relating emotional intensity, inhibition of thoughts and emotion, and psychological distress. *Behavior Therapy*, 32, 519-536.
- Robins, C. J.** (2002). Zen principles and mindfulness practice in dialectical behavior therapy. *Cognitive and Behavioral Practice*, 9, 50-57.

- Mendelson, T., **Robins, C. J.**, & Johnson, C. S. (2002). Relations of sociotropy and autonomy to developmental experiences among psychiatric patients. *Cognitive Therapy and Research*, *26*, 189-198.
- Robins, C. J.** (2002). Dialectical behavior therapy for borderline personality disorder. *Psychiatric Annals*, *32*, 608-616.
- Morse, J. Q., **Robins, C. J.**, & Gittes-Fox, M. (2002). Sociotropy, autonomy, and personality disorder criteria in psychiatric patients. *Journal of Personality Disorders*, *16*, 549-560.
- Lynch, T. R., Morse, J. Q., Mendelson, T., & **Robins, C. J.** (2003). Dialectical behavior therapy for depressed older adults: A randomized pilot study. *American Journal of Geriatric Psychiatry*, *11*, 33-45.
- Robins, C. J.**, & Koons, C. R. (2004). Dialectical behavior therapy for severe personality disorders. In J. J. Magnavita (Ed.), *Handbook of personality disorders: Theory and practice* (pp. 221-253). New York: Wiley.
- Robins, C. J.**, & Chapman, A. L. (2004). Dialectical behavior therapy: Current status, recent developments, and future directions. *Journal of Personality Disorders*, *18*, 73-89.
- Lett, H. S., Blumenthal, J. A., Babyak, M. A., Sherwood, A., Strauman, T., **Robins, C.**, & Newman, M. F. (2004). Depression as a risk factor for coronary artery disease: Evidence, mechanisms, and treatment. *Psychosomatic Medicine*, *66*, 305-315.
- Robins, C. J.**, Schmidt, H., & Linehan, M. M. (2004). Dialectical behavior therapy: Synthesizing radical acceptance with skillful means. In S. C. Hayes, V. M. Follette, & M. M. Linehan (Eds.), *Mindfulness and acceptance: Expanding the cognitive-behavioral tradition* (pp. 30-44). New York: Guilford Press.
- Morse, J. Q., & **Robins, C. J.** (2005). Personality-life event congruence effects in late-life depression. *Journal of Affective Disorders*, *84*, 25-31.
- Lett, H. S., Blumenthal, J. A., Babyak, M. A., Strauman, T., **Robins, C. J.**, & Sherwood, A. (2005). Social support and coronary heart disease: Epidemiologic evidence and implications for treatment. *Psychosomatic Medicine*, *67*, 869-878.
- Koons, C. R., Chapman, A. L., Betts, B. B., O'Rourke, B., Morse, N., & **Robins, C. J.** (2006). Dialectical behavior therapy adapted for the vocational rehabilitation of significantly disabled mentally ill adults. *Cognitive and Behavioral Practice*, *13*, 146-156.
- Robins, C. J.**, Fenwick, C. V., Donnelly, J. E., & Lacy, J. (2008). Borderline personality disorder. In M. A. Whisman (Ed.), *Adapting cognitive therapy for depression: Managing complexity and comorbidity* (pp. 280-305). New York: Guilford Press.

Robins, C. J., Rosenthal, M. Z., & Cuper, P. F. (in press). Cognitive-behavioral theory, components, and strategies. In J. J. Magnavita (Ed.), *Evidence-based treatment of personality dysfunction: Principles, methods, and processes*. Washington, DC: American Psychological Association.

Manuscripts Under Review

Robins, C. J., Mendelson, T., Johnson, C. S., & Morse, J. Q. *Sociotropy, autonomy, and DSM-IV Cluster B personality disorders in an inpatient sample.*

Mendelson, T., **Robins, C. J.,** & Strauman, T. J. *Sociotropy, autonomy, and self-discrepancy with gendered ideals: Implications for vulnerability to depression.*

Fenwick, C. V. & **Robins, C. J.** *Behavioral correlates of sociotropy and autonomy: An analysis of prisoner's dilemma game-playing strategies.*

Presentations at Scientific and Professional Meetings

Robins, C. J., & Shepard, R. N. (1977, August). *Spatiotemporal probing of apparent movement.* Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Robins, C. J. (1985, March). *Construct validation of the Sociotropy-Autonomy Scale: A measure of vulnerability to depression.* Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

Robins, C. J., & Block, P. (1985, August). *Depression: Specific interactions of personality and life events?* Poster presented at the annual meeting of the American Psychological Association, Los Angeles, CA.

Robins, C. J., & Block, P. (1985, November). *Attributions for hypothetical situations and actual life events as predictors of depression.* Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Houston, TX.

Robins, C. J., & Block, P. (1985, November). *Causal analysis of cognitive factors and life events in depression.* Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Houston, TX.

Fieve, R. R., Peselow, E. D., **Robins, C. J.,** & Block, P. (1985, December). *Life events, dysfunctional attitudes, clinical symptoms, and personality traits: Response to antidepressants vs. placebo.* Poster presented at the annual meeting of the American College of Neuropsychopharmacology, Nashville, TN.

Robins, C. J., Block, P., Peselow, E., & Klein, R. (1986, April). *Relationship of sociotropic and autonomous personality styles to specific symptoms of depressed patients.* Poster presented at the annual meeting of the Eastern Psychological Association, New York,

NY.

- Block, P., **Robins, C. J.**, & Peselow, E. (1986, April). *A cognitive-behavioral model of depression in patients*. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Robins, C. J.**, Block, P., & Peselow, E. D. (1986, August). *Dysfunctional attitudes, life events appraisal, and depression in psychiatric patients*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Robins, C. J.**, Block, P., & Peselow, E. D. (1986, November). *Endogenous vs. nonendogenous Depressions: Relations to life events, personality, cognition and depressive symptoms*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Chicago, IL.
- Robins, C. J.** (1987, April). *A statistical power analysis of the literature on depression and causal attributions*. Paper presented at the annual meeting of the Eastern Psychological Association, Arlington, VA.
- Small, S. A., & **Robins, C. J.** (1987, April). *Influence of depressed mood on visual recognition thresholds: Predictive ambiguity of associative network models of mood and cognition*. Paper presented at the annual meeting of the Eastern Psychological Association, Arlington, VA.
- Robins, C. J.** (1987, May). Sociotropic and autonomous depressions: Implications for treatment. In L. Horowitz (Chair), *Depression in its proper context: Identifying subtypes as a first step toward psychotherapy integration*. Symposium conducted at the annual meeting of the Society for Exploration of Psychotherapy Integration, Evanston, IL.
- Robins, C. J.**, & Block, P. (1987, August). Sociotropy and autonomy, depressive vulnerability and symptom profile. In C. J. Robins (Chair), *Dependency, self-criticism, sociotropy and autonomy as subtypes of depression*. Symposium conducted at the annual meeting of the American Psychological Association, New York, NY.
- Robins, C. J.**, & Jacobson, R. (1987, November). Problems in assessing sociotropic and autonomous personality characteristics. In Z. Segal (Chair), *Recent advances in cognitive assessment*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Robins, C. J.**, & Hinkley, K. (1987, November). *Social-cognitive processes and depression in children: A comparison of measures*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Peselow, E. D., **Robins, C. J.**, Block, P. & Fieve, R. R. (1988, May). *Predictors of response in depression*. Paper presented at the annual meeting of the Society of Biological Psychiatry, Montreal, Canada.

- Block, P., **Robins, C. J.**, & Jacobson, R. (1988, November). *An extension of the cognitive-behavioral theory of depression*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Block, P., & **Robins, C. J.** (1988, November). *Predicting maintenance or remission of depressive episodes*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Robins, C. J.**, Ladd, J., & Luten, A. G. (1989, June). *Development of the Personal Style Inventory: A measure of sociotropic and autonomous personality characteristics*. In J. D. Teasdale (Chair), *Sociotropy-Autonomy*. Symposium conducted at the meeting of the 2nd World Congress of Cognitive Therapy, Oxford, England.
- Robins, C. J.**, & Luten, A. G. (1989, August). Personality characteristics and clinical features of depression. In S. S. Rude (Chair), *Dependency and self-criticism as factors in depression*. Symposium presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Robins, C. J.** (1989, November). Congruence of personality and life events in depression. In Z. V. Segal (Chair), *Integrating cognitive and life stress perspectives in depressive research*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Block, P., **Robins, C. J.**, Jacobson, R., & Ladd, J. (1989, November). *Depression about depression?: A test of Teasdale's model*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Block, P., **Robins, C. J.**, & Jacobson, R. (1990, August). *Selection of analog depressed subjects: Back to the BDI*. Poster presented at the meeting of the American Psychological Association, Boston, MA.
- Robins, C. J.**, Duke, S., Block, P., & Kramer, R. (1990, November). *A prospective study of sociotropy, autonomy, life events and dysphoria among undergraduates*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- Robins, C. J.**, Ladd, J. S., Hayes, A. M., & Welkowitz, J. (1991, December). The measurement of excessive interpersonal and achievement concerns among depressives. In P. H. Blaney (Chair), *Dependency, self-criticism, and depression*. Symposium conducted at the annual meeting of the Society for Research in Psychopathology, Cambridge, MA.
- Robins, C. J.**, Block, P., & Hayes, A. M. (1992, November). *Sociotropy, autonomy, dependency, self-criticism, and symptom profiles among dysphoric students*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

- Robins, C. J., Hayes, A. M., & Block, P.** (1992, November). *Effects of depressive symptoms and cognitive-personality variables on the occurrence of negative life events*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Robins, C. J., Block, P., & Hayes, A. M.** (1992, November). *Effects of mood state changes and repeated testing on measures of cognitive schemata and automatic thoughts*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Robins, C. J., Ladd, J. S., & Welkowitz, J. K.** (1992, November). Assessment of interpersonal and achievement vulnerabilities to depression: The Personal Style Inventory. In M. A. Whisman (Chair), *Empirical advances in cognitive theories of depression*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Robins, C. J.** (1993, April). Implications of research in the psychopathology of depression for psychotherapy integration. In H. Arkowitz (Chair), *What can the field of psychopathology offer psychotherapy integration?* Symposium conducted at the annual meeting of the Society for Exploration of Psychotherapy Integration, New York, NY.
- Robins, C. J.** (1993, November). Interpersonal and achievement concerns: Relations with onset, symptom patterns, and treatment of depressive episodes. In A. T. Beck (Chair), *New evidence on the role of interpersonal dependency and autonomy in the development of depression*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Robins, C. J., & Gittes, M.** (1995, April). Cognitive and behavioral approaches to motivational change in psychotherapy. In D. Westen (Chair), *Concepts of motivation and motivational change in psychotherapy*. Symposium conducted at the annual meeting of the Society for Exploration of Psychotherapy Integration, Bethesda, MD.
- Robins, C. J.** (1995, August). Life stress and personality in depression: Interactive and reciprocal influences. In G. I. Metalsky (Chair), *Cognitive vulnerabilities, stress, and depression*. Symposium conducted at the annual meeting of the American Psychological Association, New York, NY.
- Gittes, M. G., Hayes, A. M., Wellens, A. R., & **Robins, C. J.** (1995, August). *Personality styles and coping strategies following hypothetical negative life events*. Poster presented at the annual meeting of the American Psychological Association, New York, NY.
- Robins, C. J.** (1995, November). Sociotropy, autonomy, and depression: The current state of knowledge. In B. M. Dykman (Chair), *Vulnerability to depression: Recent advances in cognitive mechanisms*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

- Gittes, M. G., Hayes, A. M., Wellens, A. R., & **Robins, C. J.** (1995, November). *How do socially dependent and achievement oriented individuals respond to negative life events?* Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Gittes, M. G., **Robins, C. J.**, & Lynch, T. (1996, March). The relationship of sociotropy and autonomy to personality disorder in a clinical sample. In D. M. Fresco & J. R. Z. Abela (Chairs), *Interpersonal and achievement concerns: Recent findings from three prevailing diathesis-stress theories of depression*. Symposium conducted at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Robins, C. J.**, Bagby, R. M., Rector, N. A., & Lynch, T. R. (1996, November). Comparing dimensional and typological approaches to the relations of sociotropy and autonomy to depression. In L. B. Alloy (Chair), *Are there cognitive subtypes of depression? Theory and evidence*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Koons, C. R., **Robins, C. J.**, Lynch, T. R., & Tweed, J. L. (1996, November). *A comparison of dialectical behavior therapy with standard treatment for women veterans with borderline personality disorder*. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New York, NY.
- Lynch, T. R., **Robins, C. J.**, & Morse, J. Q. (1997, August). Couple functioning in depression: The roles of sociotropy and autonomy. In C. J. Robins (Chair), *Bridging cognitive and interpersonal approaches to depression*. Symposium conducted at the annual meeting of the American Psychological Association, Chicago, IL.
- Koons, C. R., & **Robins, C. J.** (1997, November). *Effectiveness of dialectical behavior therapy for women veterans with borderline personality disorder: A randomized controlled trial*. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Miami Beach, FL.
- Lynch, T. R., **Robins, C. J.**, & Morse, J. Q. (1997, November). *The relationship between emotional intensity and the suppression of thoughts and feelings to depression, hopelessness, and suicide*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- Koons, C. R., **Robins, C. J.**, Bishop, G. K., Morse, J. Q., Tweed, J. L., Lynch, T. R., Gonzalez, A. M., Butterfield, M. I., & Bastian, L. A. (1998, November). Efficacy of dialectical behavior therapy with borderline women veterans: A randomized controlled trial. In C. J. Robins (Chair). *Dialectical behavior therapy: Dissemination and efficacy across sites and populations*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Lynch, T. R., Johnson, C. S., Mendelson, T., **Robins, C. J.**, Krishnan, K. R. R., & Blazer, D. G.

- (1998, November). *Cross-sectional and longitudinal predictors of suicidal ideation in elderly and mixed adult samples*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Lynch, T. R., Johnson, C. S., Mendelson, T., **Robins, C. J.**, Krishnan, K. R. R., George, L. K., & Blazer, D. G. (1998, November). *Predictors of perceived social support among depressed elderly: A cross-sectional and longitudinal investigation*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Lynch, T. R., Morse, J. Q., Baird, S., Mendelson, T., **Robins, C. J.**, Compton, J. S., & Artigues, D. (1998, November). *Dialectical behavior therapy for treatment of elderly depression*. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Washington, DC.
- Pfohl, B., Gunderson, G., Silk, K., Zimmerman, M., Williams, J., Phillips, K., **Robins, C.**, & Rush, A. J. (1999, May). *Survey of clinician attitudes towards borderline personality disorder*. Paper presented at the annual meeting of the American Psychiatric Association, Washington, DC.
- Robins, C. J.**, Koons, C. R., Morse, J. Q., & Lynch, T. R. (1999, November). Predictors of outcome in treatment of borderline women veterans. In C. J. Robins (Chair), *Dialectical behavior therapy for multi-problem patients: Findings from controlled studies*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Lynch, T. R., Morse, J. Q., Mendelson, T., Baird, S., Compton, J., & **Robins, C. J.** (1999, November). Dialectical behavior therapy for treatment of elderly depression: A randomized controlled trial. In C. J. Robins (Chair), *Dialectical behavior therapy for multi-problem patients: Findings from controlled studies*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.
- Mendelson, T., **Robins, C. J.**, & Johnson, C. S. (1999, November). *Relations of sociotropy and autonomy to developmental experiences among psychiatric patients*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Morse, J. Q., **Robins, C. J.**, Gittes-Fox, M. (1999, November). *Relations between sociotropy, autonomy and DSM-III-R personality disorders*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Krause, E. D., **Robins, C. J.**, & Lynch, T. R. (1999, November). *A mediational model of sociotropy, conflict over emotional expression, and eating disordered symptomatology*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.

- Johnson, C. S., **Robins, C. J.** & Mendelson, T. (1999, November). *Borderline personality disorder: The influence of childhood trauma and family environment and their associations with different representations of the disorder criteria*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Lynch, T. R., Compton, J. S., Mendelson, T., & **Robins, C. J.** (1999, November). *Anxious depression among the elderly: Diagnostic and prognostic correlates*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Compton, J. S., Lynch, T. R., & **Robins, C. J.** (1999, November). *Communication and intimacy in the couple relationships of depressed older adults*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Robins, C. J.** (1999, November). Zen principles and practice in dialectical behavior therapy. In P. E. Campos (Moderator), *Buddhist philosophy and cognitive behavior therapy*. Panel discussion conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Robins, C. J.** (2000, June). *Modern psychological treatments for personality disorders*. Paper presented at the biannual meeting of the Association for Research in Personality Disorders, Stanford University School of Medicine, Stanford, CA.
- Robins, C. J.** (2000, June). *Is there evidence of long-term efficacy for treatment of borderline personality disorder*. Debate with Kenneth Silk at the biannual meeting of the Association for Research in Personality Disorders, Stanford University School of Medicine, Stanford, CA.
- Robins, C. J.** (2001, May). An independent randomized controlled trial of dialectical behavior therapy. In J. H. Reich (Chair), *Treatments reducing personality dysfunction*. Symposium conducted at the annual meeting of the American Psychiatric Association, New Orleans, LA.
- Mendelson, T., **Robins, C. J.**, Johnson, C. S., & Morse, J. Q. (2001, November). *Relations of sociotropy and autonomy to DSM-IV Cluster B personality disorders in psychiatric inpatients*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Robins, C. J.** (2002, September). *Psychotherapies for personality disorders*. Gold Medal Lecture presented at the conference on *Personality Disorder Research and Treatment: An Update*, Stanford University School of Medicine, Stanford, CA.
- Robins, C. J.** (2002, September). *Dialectical behavior therapy for borderline personality disorder*. Paper presented at the conference on *Personality Disorder Research and*

Treatment: An Update, Stanford University School of Medicine, Stanford, CA.

Mendelson, T., **Robins, C. J.**, & Strauman, T. J. (2002, September). *Sociotropy, autonomy, and self-discrepancy with gendered ideals: Gender differences in vulnerability to depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, San Francisco, CA.

Mendelson, T., **Robins, C. J.**, & Strauman, T. J. (2002, November). Gender, sex typing, and depressive vulnerability: Patterns of self-discrepancy in college men and women. In T. Mendelson & E. D. Krause (Chairs), *Gender and vulnerability to depression*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Morse, J. Q., & **Robins, C. J.** (2002, November). *The personality style-life events congruence hypothesis tested in late-life depression*. Paper presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Koons, C. R., Betts, B. B., Chapman, A. L., O'Rourke, B., Morse, N., & **Robins, C. J.** (2003, November). *DBT for vocational rehabilitation*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Ekblad, A. G., Keng, S-L., Lungu, A., Robins, C., Brantley, J., & Lynch, T. R. (2007, November). *Emotional and physiological responding to a brief mindfulness task*. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Philadelphia, PA.

Robins, C. J., Keng, S-L., Ekblad, A. G., Brantley, J. & Cozza, C. M. (2009, March). *The effects of mindfulness-based stress reduction on mindfulness and psychological functioning*. Poster presented at the Sensation to Emotion Conference, New York, NY.

Symposia Chaired at Scientific and Professional Meetings

Robins, C. J. (1987, August). *Dependency, self-criticism, sociotropy and autonomy as subtypes of depression*. Symposium conducted at the annual meeting of the American Psychological Association, New York., NY

Robins, C. J. (1993, November). *Integration of cognitive-behavioral and other approaches in the treatment of borderline personality disorder*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

Robins, C. J. (1997, August). *Bridging cognitive and interpersonal approaches to depression*. Symposium conducted at the annual meeting of the American Psychological Association, Chicago, IL.

Robins, C. J. (1998, November). *Dialectical behavior therapy: Dissemination and efficacy across sites and populations*. Symposium conducted at the annual meeting of the

Association for Advancement of Behavior Therapy, Washington, DC.

Robins, C. J., (1999, November). *Dialectical behavior therapy for multi-problem patients: Findings from controlled studies*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.

Symposium Discussant

In K. S. Dobson & Z. V. Segal (Chairs), *A report from the consensus conference on cognitive models of depression*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA, November, 1990.

In C. J. Robins (Chair), *Bridging cognitive and interpersonal approaches to depression*. Symposium conducted at the annual meeting of the American Psychological Association, Chicago, IL, August, 1997.

In C. Swenson (Chair), *Recent research in dialectical behavior therapy*. Symposium conducted at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Toronto, Canada, November, 1999.

In K. L. Gratz & A. L. Chapman (Chairs), *New directions in research on deliberate self-harm*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL, November, 2006.

Invited Presentations at Universities and Medical Centers

Cognitive processing of social information as a function of anxiety. Colloquium at the Department of Psychology, Arizona State University, February, 1982.

Personality and depression: The role of concerns about attachment, achievement and autonomy. Keynote Address at the 2nd Annual Psi Chi Undergraduate Research Conference, New York University, 1984.

The role of personality and life experiences in depression. Grand Rounds at the Department of Psychiatry, Coney Island Hospital, Brooklyn, October, 1985.

The coming of age of cognitive-behavior therapy. Presentation to the Special Interest Group on Cognitive-Behavior Therapy, at the annual meeting of the Association for the Advancement of Behavior Therapy, Houston, November, 1985.

Toward a multivariate interactional model of the etiology of unipolar depression. Colloquium at the Department of Psychology, State University of New York at Binghamton, October, 1986.

The role of cognitive and personality characteristics in the etiology and clinical presentation of unipolar depression. Colloquium at the Department of Psychiatry, Duke University

Medical Center, April, 1987.

Diagnosis and treatment of panic disorder. Presentation to the Department of Community and Family Medicine, Duke University Medical Center, March 1992.

Interpersonal and achievement concerns as vulnerabilities to psychopathology. Colloquium at the Department of Psychology, University of North Carolina at Greensboro, NC, November, 1992.

Introduction to dialectical behavior therapy. Presentation to Counseling and Psychological Services, Duke University, November 20th, 1995.

The relation of personality to depression vulnerability, clinical features, and treatment response. Colloquium at the Department of Psychology: Social and Health Sciences, Duke University, November 16th, 1995.

Introduction to dialectical behavior therapy. Presentation to Student Counseling Services, North Carolina State University, Raleigh, NC, October 30th, 1996.

Dialectical behavior therapy for borderline personality disorder: Outcome data from controlled trials. Grand Rounds at the Department of Psychiatry, Medical College of Georgia, Augusta, GA, May 14th, 1998.

Dialectical behavior therapy: Recent findings from controlled trials. Grand Rounds at the Department of Psychiatry, Duke University Medical Center, Durham, NC, January 14th, 1999.

Bipolar disorder: Current diagnosis and treatment. Presentation at Heritage Hospital, Tarboro, NC, April 25th, 2000.

Cognitive behavioral treatments for borderline personality disorder. Presentation at the Beck Institute for Cognitive Therapy and Research, Bala Cynwyd, PA, May 21st, 2000.

Efficacy of dialectical behavior therapy for borderline personality disorder. Grand Rounds at the Department of Psychiatry, Eastern Virginia School of Medicine, Norfolk, VA, October 26th, 2001.

Dialectical behavior therapy for borderline personality disorder. Presentation to the Department of Social Work, Duke University Medical Center, December 12th, 2001.

Efficacy of dialectical behavior therapy for borderline personality disorder. Grand Rounds at the Department of Psychiatry, University of Michigan, Ann Arbor, MI, February 20th, 2002.

Psychotherapies for personality disorders: The state of the evidence for efficacy. Grand Rounds at the Department of Psychiatry and Behavioral Sciences, Duke University, Durham, NC, October 31st, 2002.

Psychotherapies for personality disorders: The state of the evidence for efficacy. Grand Rounds at John Umstead Hospital, Butner, NC, October 31st, 2002.

Efficacy of dialectical behavior therapy for borderline personality disorder. Grand Rounds at the Department of Psychiatry and Behavioral Neurobiology, University of Alabama at Birmingham, Birmingham, AL, April, 13th, 2004.

Inpatient treatment and management of patients with borderline personality disorder. Grand Rounds at John Umstead Hospital, Butner, NC, July 8th, 2004.

Mindfulness practice as a psychotherapy intervention. Grand Rounds at the Department of Psychiatry and Behavioral Neurobiology, University of Alabama at Birmingham, May 3rd, 2005.

Efficacy of dialectical behavior therapy for borderline personality disorder. Grand Rounds at the Department of Psychiatry, University of Pennsylvania, Philadelphia, PA. January 24th, 2008.

Dialectical behavior therapy for borderline personality disorder. Grand Rounds at the Department of Psychiatry and Behavioral Medicine, Wake Forest University School of Medicine, Winston-Salem, NC, May 2nd, 2008.

Public Presentations

Psychotherapies for depression. Presentation to the Depression and Manic-Depression Support Group of Durham County, Durham, NC, November 1990.

Cognitive therapy for panic disorder. Presentation to the Triangle Anxiety Disorders Support Group, Durham, NC, April, 1992.

Cognitive therapy for panic disorder. Presentation to the Duke Diet and Fitness Center, Durham, NC, May, 1992.

Dialectical behavior therapy: Hope for patients with borderline personality disorder and their families. Presentation at the NAMI North Carolina Spring Conference, Winston-Salem, NC, May 12th, 2000.

Understanding borderline personality disorder. Public lecture presented for the Department of Counseling and Human Resources, South Dakota State University, Sioux Falls, SD, February 21st, 2002.

Workshops for Professionals

Dialectical Behavior Therapy: Half-Day Introductory Workshops

Orange-Person-Chatham Counties Mental Health Center, Chapel Hill, NC, September, 1993
(with Spencer Lyerly, Meggan Moorhead, & J. Lindsay Tweed).

Third Annual North Carolina Collaborative Community Psychiatry Conference, Southern Pines, NC, June 11th, 1994 (with J. Lindsay Tweed).

Clinical Update Series, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, January 16th, 1999 (with Ingrid Kemperman).

Behavioral Health Clinical Care Management Conference, Research Triangle Park, September 23rd, 1999.

Department of Psychiatry, Eastern Virginia Medical School, Norfolk, VA, October 26th, 2001.

Dialectical Behavior Therapy: One-Day Introductory Workshops

Presteria Mental Health Center, Huntington, WV, September 30th, 1993.

Greensboro Area Health Education Center, Greensboro, NC, October 11th, 1994 (with J. Lindsay Tweed).

Northwest Area Health Education Center, Winston-Salem, NC, October 24th, 1995 (with J. Lindsay Tweed).

Coastal Area Health Education Center, Wilmington, NC, February 1st, 1996 (with J. Lindsay Tweed).

Charter-Pines Behavioral Health System, Charlotte, NC, July 26th, 1996 (with Cedar Koons).

American Continuing Education, Inc., Dallas, TX, May 21st, and Houston, TX, May 22nd, 1997
(with Elizabeth Simpson).

American Continuing Education, Inc. St. Cloud, MN, August 11th, and Saint Paul, MN, August 12th, 1997.

Coastal Area Health Education Center, Wilmington, NC, April 3rd, 1998.

Medical College of Georgia, Department of Psychiatry, Augusta, GA, May 14th, 1998.

Kentucky State Psychological Association, Louisville, KY, November 4th, 2000.

Luther Midelfort Behavioral Health, Eau Claire, WI, May 7th, 2001.

Georgia Department of Corrections, Forsyth, GA, June 26th, 2001.

Cherry Hospital and Eastern Region Area Health Education Center, Goldsboro, NC, December

10th, 2001.

Department of Counseling and Human Resource Development, South Dakota State University, Sioux Falls, SD, February 22nd, 2002.

Marquette General Hospital, Marquette, MI, May 3rd, 2002.

Summer Institute for Advanced Social Work Practice and Addictions Studies, State University of New York at Buffalo, Buffalo, NY, July 15th, 2002.

Sandhills Center for Mental Health and Substance Abuse Treatment, at Sandhills Community College, Southern Pines, NC, November 19th, 2002.

Crossroads Behavioral Health, Elkin, NC, August 21st, 2003.

Mississippi State Psychological Association, Biloxi, MS, September 24th, 2003.

Mecklenburg County Area Mental Health, Charlotte, NC, February 5th, 2004.

Salisbury Veterans Administration Medical Center and Northwest Area Health Education Center, Salisbury, NC, May 28th, 2004.

Mecklenburg County Area Mental Health, Charlotte, NC, August 17th, 2004.

St Joseph's Health Care and London Health Sciences Center, London, Ontario, September 27th, 2004.

Northwest Area Health Education Center, Winston-Salem, NC, September 14th, 2006.

Mountain Area Health Education Center, Asheville, NC, April 26th, 2007.

Southeast Area Health Education Center, Wilmington, NC, February 26th, 2009

Dialectical Behavior Therapy: Two-Day Introductory Workshops

Fayetteville Area Health Education Center, Pinehurst, NC, November 3rd and 4th, 1994 (with J. Lindsay Tweed).

Fairview Behavioral Health Systems, Minneapolis, MN, March 28th and 29th, 1996 (with Marsha Linehan).

Greensboro Area Health Education Center, Carrboro, NC, May 9th and 10th, 1996.

North Carolina Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, John Umstead State Hospital, October 31st and November 1st, 1996 (with Meggan Moorhead and Thomas Lynch).

Eastern Area Health Education Center, Greenville, NC, November 7th and 8th, 1996 (with Thomas Lynch).

Fayetteville Area Health Education Center, Fayetteville, NC, December 11th and 12th, 1996.

North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services and Charter Behavioral Health Systems, Winston-Salem, NC, May 14th and 15th, 1997 (with Thomas Lynch).

American Continuing Education, Inc. in Saint Paul, MN, September 8th and 9th, 1997 (with Elizabeth Simpson).

Addiction Research Foundation, Toronto, March 9th and 10th, 1998 (with Linda Dimeff).

Crossroads Behavioral Health Systems, Elkin, NC, June 3rd and 17th, 1998.

Zon und Schild Psychiatric Center, Amersfoort, Netherlands, June 25th and 26th, 1998.

Tulane University Medical Center, New Orleans, LA; August 28th and 29th, 1998 (with Thomas Lynch).

Southern Regional Area Health Education Center, Fayetteville, NC; September 24th and October 1st, 1998 (with Thomas Lynch).

Institute Victoria, Montreal, Canada, December 4th and 5th, 1998 (with Cedar Koons).

Southern Regional Area Health Education Center, Lumberton, NC, March 14th and 21st, 2000.

Behavioral Technology Transfer Group, Albuquerque, NM, June 8th and 9th, 2000 (with Cedar Koons).

Southern Regional Area Health Education Center, Fayetteville, NC, September 20th and 21st, 2001.

Idaho State University, Department of Psychology and Department of Counseling, Pocatello, ID, September 28th and 29th, 2001.

Behavioral Technology Transfer Group, Omaha, NE, October 15th and 16th, 2001 (with Thomas Lynch).

Behavioral Technology Transfer Group, Milwaukee, WI, October 18th and 19th, 2001 (with Cedar Koons).

Coastal Area Health Education Center, Wilmington, NC, October 10th and 11th, 2002.

University of Colorado Health Sciences Center, Denver, CO, April 21st and 22nd, 2006.

Individual Psychotherapy in DBT

Crossroads Behavioral Health, Elkin, NC, September 4th, 2003.

Mecklenburg County Area Mental Health, Charlotte, NC, February 6th, 2004.

Mecklenburg County Area Mental Health, Charlotte, NC, August 18th, 2004

Mountain Area Health Education Center, Asheville, NC, June 8th and 9th, 2007.

Southeast Area Health Education Center, Wilmington, NC, March 12th, 2009.

Skills Training in Dialectical Behavior Therapy

Behavioral Technology Transfer Group, Boston, MA, June 4th and 5th, 2001 (with Elizabeth Simpson).

Behavioral Technology Transfer Group, Portland, ME, June 14th and 15th, 2001 (with Elizabeth Simpson).

Southern Regional Area Health Education Center, Fayetteville, NC, March 21st, 2002

Behavioral Technology Transfer Group, Novi, MI, April 25th and 26th, 2002 (with Katherine Comtois).

Hackensack University Medical Center, Hasbrouck Heights, NJ, June 3rd and 4th, 2002 (with Cynthia Sanderson).

Behavioral Technology Transfer Group, Atlanta, GA, June 6th and 7th, 2002 (with Sharon Manning).

Behavioral Technology Transfer Group, Raleigh, NC, September 23rd and 24th, 2002 (with Jill Compton).

Coastal Area Health Education Center, Wilmington, NC, August 18th and 19th, 2003.

Crossroads Behavioral Health, Elkin, NC, September 18th, 2003

Mecklenburg County Area Mental Health, Charlotte, NC, February 12th and 13th, 2004.

Mecklenburg County Area Mental Health, Charlotte NC, August 31st and September 1st, 2004.

Department of Psychiatry and Behavioral Neurobiology, University of Alabama at Birmingham Medical School, May 3rd, 2005.

Mountain Area Health Education Center, Asheville, NC, May 11th and 12th, 2007.

Southeast Area Health Education Center, Wilmington, NC, April 6th, 2009.

Dialectical Behavior Therapy: Advanced Training

Prester Mental Health Center, Huntington, WV, February 15th - 17th, 1995.

Northwest Area Health Education Center, Winston-Salem, NC, November 30th, December 1st and 11th, 1998 (with Thomas Lynch).

Sandhills Center for Mental Health and Substance Abuse Treatment, Pinehurst, NC, May 21st and 28th, June 1st, 1999.

Sandhills Center for Mental Health and Substance Abuse Treatment, Pinehurst, NC, June 2nd, 16th, and 23rd, 2000.

American Board of Professional Psychology Summer Institute for Postgraduate Study, Portland, Oregon, June 26th - 28th, 2000.

Brunswick Community Hospital Psychiatric Unit, Wilmington, NC, August 10th and 11th, 2000.

Dialectical Behavior Therapy Adapted for an Acute Inpatient Setting. For Coastal Area Health Education Center and The Oaks Psychiatric Hospital, Wilmington, NC, July 13th and 14th, 2005.

Carolinas Medical Center, Behavioral Health Division, Charlotte, NC, October 10th - 14th, 2005.

Dialectical Behavior Therapy for Substance Abuse and Borderline Personality Disorder, for Coastal Area Health Education Center, Wilmington, NC, January 10th, 2006.

Dialectical Behavior Therapy: Intensive Trainings (all for the Behavioral Technology Transfer Group)

Seattle, WA, September 21st - September 25th, 1997 (part I only, with Marsha Linehan and Elizabeth Simpson).

Cumberland County Dual Diagnosis Collaborative, Portland, ME, October 29th - November 2nd, 1997 and April 22nd - 26th, 1998 (with Cynthia Sanderson).

Guilford County Mental Health Center, Greensboro, NC. December 16th - 20th, 1998 and June 23rd - 27th, 1999 (with Kelly Koerner and Linda Dimeff).

Durham, NC, May 7th - 11th (with Cynthia Sanderson), October 2nd - 5th (group A, with Thomas Lynch), and October 16th - 19th, 2000 (group B, with Meggan Moorhead).

Rochester, NY, November 1st - November 5th, 2001 (part II only, with Cynthia Sanderson).

State of Vermont Division of Mental Health, Montpelier, VT, June 10th - June 14th (with Cynthia Sanderson) and Essex Junction, VT, October 21st – 25th, 2002 (with Katherine Comtois).

Community Counseling Center, Portland, Maine, June 16th – 20th, 2003 (with Meggan Moorhead)

Northampton, MA, January 12th-16th, July 12th-16th (group A), and July 26th-30th, 2004 (group B) (with Charles Swenson)

Northampton, MA, January 10th-14th, June 27th-July 1st (Group A), and July 25th-29th, 2005 (Group B) (with Charles Swenson)

Northampton, MA, January 23rd-27th, 2006 (Part I only, with Charles Swenson)

Northampton, MA, January 8th-12th, June 25th-29th (Group A) and July 23rd-27th, 2007 (Group B) (with Charles Swenson)

Consultations on Systems Implementation of Dialectical Behavior Therapy

Pretera Mental Health Center, Huntington, WV, December 9th, 1994.

Guilford County Mental Health Center, Greensboro and High Point, NC, August 4th and November 3rd, 2000, April 6th and May 2nd, 2001.

Luther Midelfort Behavioral Health, Eau Claire, WI, May 8th, 2001.

St Joseph's Health Care and London Health Sciences Center, London, Ontario, September 28th, 2004.

University of Colorado Hospital, Denver, CO, April 21st, 2006.

Carolinas Medical Center, Behavioral Health Division, Charlotte, NC, May 22nd and 23rd, 2007.

Other Workshops

Introduction to Clinical Behavior Therapy. Fundamentals course given at annual meetings of the Association for Advancement of Behavior Therapy, Chicago, November, 1986 and Boston, November, 1987.

Longer-term Cognitive Therapy for Chronic Depression. Workshop at the World Congress on Cognitive Therapy, Toronto, June, 1992.

The other 99% of their time: Homework assignments. One day workshop for Fayetteville Area

- Health Education Center, Fayetteville, NC, October 17, 1995.
- Cognitive-Behavioral Therapy*. One day workshop in the Clinical Update Series, Department of Psychiatry, Duke University Medical Center, March 16th, 1996 (with John Curry, Francis Keefe, and John Lochman).
- Assessment and Psychological Treatment of Personality Disorders*. One day workshop for the Veterans Affairs Medical Center, Department of Psychology, Salisbury, NC, April 19th, 1996.
- Borderline Personality Disorder*. Half-day workshop in the Clinical Update Series, Department of Psychiatry, Duke University Medical Center, February 21st, 1998.
- Psychosocial assessment tools in primary care*. Presentation for Southern Area Health Education Center, Fayetteville, NC, August 17th, 1999.
- Brief Cognitive Therapy: Practice Tools for the New Millennium*. One day workshop for Eastern Area Health Education Center, Greenville, NC, June 22nd, 2000.
- Treating Anxiety Disorders in Adults*. One day workshop for Southern Area Health Education Center, Fayetteville, NC, December 5th, 2000.
- Cognitive Therapy for Depression*. One day workshop for Southern Area Health Education Center, Fayetteville, NC, February 21st, 2001.
- Cognitive-Behavioral Treatment of Obsessive-Compulsive Disorder*. One day workshop and one day consultation for Sandhills Center for Mental Health and Substance Abuse Treatment, Pinehurst, NC, September 6th and December 6th, 2001.
- The Problem of Suicide*. Half-day presentation in the Clinical Update Series, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, March 9th, 2002 (with Dan Blazer and Thomas Lynch).
- Treatment of Obsessive Compulsive Disorder*. One day workshop for Area L Area Health Education Center, Roanoke Rapids, NC, May 16th, 2002.
- Treatment of Anxiety Disorders in Adults*. One day workshop for Eastern Area Health Education Center, Greenville, NC, Sept 12th, 2002.
- Best Practices in Treatment of Depression*. One day workshop for Southern Regional Area Health Education Center, Fayetteville, NC, May 28th, 2003.
- Diagnosing and Treating Obsessive Compulsive Disorder: A Refresher Course for the Advanced Clinician*. One day workshop for Mountain Area Health Education Center, Asheville, NC, December 12th, 2003.

Adding Cognitive-Behavioral Strategies to Your Clinical Practice. Presentation at *The Anxiety-Depression Interface: From Diagnosis to Psychotherapy*, a program sponsored by PsychCME, the Program in Continuing Medical Education, Department of Psychiatry and Behavioral Sciences, Duke University, in Albany, NY, March 12th, Durham, NC, March 20th, Orlando, FL, March 26th, and Miami, FL, March 27th, 2004.

Diagnosis and Treatment of Obsessive-Compulsive Disorder. One day workshop for the North Carolina Psychological Association, Chapel Hill, NC, October 1st, 2004.

Cognitive Behavior Therapy for Depression. One day workshop for Southern Regional Area Health Education Center, Fayetteville, NC, March 16th, 2005.

Best Practices in the Psychotherapy of Anxiety Disorders. One day workshop for Southern Regional Area Health Education Center, Fayetteville, NC, August 19th, 2005.

Cognitive Behavior Therapy. One day workshop for Coastal Area Health Education Center, Wilmington, NC, October 20th, 2005.

Psychosocial Treatment of Anxiety Disorders. Presentation at the *4th Annual Comprehensive Psychiatry Update*, sponsored by PsychCME, program in Continuing Medical Education developed at Duke University Medical Center, Orlando, FL, December 15th, 2005.