

Anthony P. DuBose, Psy.D.

Licensed Psychologist: State of Washington #PY2229

Education

Pacific University, School of Professional Psychology, Forest Grove, OR

- ❖ Doctor of Psychology, Clinical Psychology (APA accredited), January 1997
- ❖ Master of Arts, Clinical Psychology, May 1996

Tennessee State University, Nashville, TN

- ❖ Completed required coursework in Counseling Psychology for Certified Clinical Mental Health Counselor credential, January 1990 - August 1991

Loyola University, New Orleans, LA

- ❖ Master of Science, Guidance & Counseling, December 1988

St. Joseph Seminary College, St. Benedict, LA

- ❖ Bachelor of Arts, Liberal Arts, May 1983

Clinical Training

University of Washington, Seattle, WA

- ❖ Postdoctoral Fellow in Clinical Child Psychology, 1997 – 1998 (2000 hrs)
 - Department of Psychiatry & Behavioral Sciences
 - Child Study & Treatment Center, Lakewood, WA
 - *Supervisors: Jon McClellan, M.D.*
Chris McCurry, Ph.D.
Andrea Eisner, M.D.
Holly Galbreath, Ph.D.
Steve Curtis, Ph.D.
- Conducted individual and family psychotherapy for inpatient children, ages nine to eleven, and developed individualized behavior management programs for children with conduct disorder and developmental disabilities.
- Participated in adventure-based counseling groups for children between the ages of nine and sixteen years.
- Completed psychological assessments for clinical and research purposes, including testing related to neuropsychological functioning, diagnosis of psychotic processes, forensic questions, and treatment planning.
- Provided staff consultation and training regarding therapeutic interventions, milieu issues, and program development.
- Provided community consultation regarding treatment and discharge planning.
- Worked on National Institute of Mental Health funded grant studying the early onset of psychotic disorders in children and adolescents. Developed computerized database for management of research project.
- Prepared quality assurance reports for preadolescent unit of hospital.
- Organized “Brown Bag Lunch” for the discussion of issues related to the assessment of children.

Western State Hospital, Lakewood, WA

- ❖ Pre-doctoral Internship in Clinical Psychology (APA accredited), 1995 - 1996 (2000 hrs)
 - Adult Psychiatric Unit- Ward E-2, Admissions

- *Supervisor: Leslie Postovoit, Ph.D.*
 - Engaged in brief psychological treatment for stabilization of persons in acute phases of major mental disorders. Completed formal psychological evaluations targeted at refining psychiatric diagnoses. Assisted with diagnostic interviews and civil commitment evaluations.
 - Assisted in ward program coordination. Developed patient education curricula.
 - Taught staff in-service sessions.
- Adult Psychiatric Unit- Ward S-5, Extended Care
- *Supervisor: Larry E. Arnholt, Ph.D.*
 - Conducted Relapse Prevention Groups for mentally ill sex offenders. Provided individual psychotherapy. Completed psychological evaluations for treatment planning.
 - Provided consultation regarding patient diagnoses and treatment planning at treatment conferences.
 - Taught staff in-service sessions.
- Child Study & Treatment Center
- *Supervisor: Steven Marquez, Ph.D.*
 - Engaged in individual counseling, crisis management, and family therapy. Developed individualized behavior management programs for inpatient children with conduct disorder and developmental disabilities. Conducted therapeutic groups focused on social skills development. Completed psychological testing related to diagnostic concerns, forensic questions, and treatment planning.
 - Provided consultation regarding treatment planning, program development, and organizational climate.
- Legal Offender Unit, Community Placement Program
- *Supervisor: Daisuke B. Nakashima, Ph.D.*
 - Provided year-long psychodynamic psychotherapy.

Pacific University Psychological Service Center Portland, OR

❖ **Clinical Psychology Practicum, 1993 - 1994 (687 hrs)**

- *Supervisor: Sandra Jenkins, Ph.D.*
 - Engaged in psychotherapy with an adult outpatient population. Conducted psychological testing, including intelligence tests, objective personality questionnaires, projective techniques, and neuropsychological tests.

Reed College Counseling Center Portland, OR

❖ **Clinical Psychology Practicum, 1992 - 1993 (583 hrs)**

- *Supervisor: Ruth Parvin, JD, Ph.D.*
 - Provided individual counseling and psychotherapy to college students between 16 to 27 years of age. Conducted psychological testing related to personality, intellectual, and academic functioning.

Tulane University Counseling & Testing Center, New Orleans, LA

❖ **Counseling Practicum, 1988 (150 hrs)**

- *Supervisor: Nancy Y. Leinbach, Ph.D.*
 - Provided interpretation of vocational testing batteries. Engaged in counseling that primarily focused on college freshman and sophomores who had academic performance concerns and difficulties with choice of major field of study.

Employment History

Evidence Based Treatment Centers of Seattle, PLLC, Seattle, WA

Dialectical Behavior Therapy Center of Seattle

Anxiety and Stress Reduction Center of Seattle

- ❖ President & Chief Executive Officer, 2002 – present
 - Provide evidence based treatments to individuals, groups, couples and families, as well as ongoing consultation to academic and clinical professionals.
 - Serve as president of group of owners.
 - Serve as chief executive in daily administration and management of the practice.
 - Supervise postdoctoral fellows receiving advanced training in Dialectical Behavior Therapy.

University of Washington, Psychology Department, Seattle, WA

- ❖ Research Therapist, 2000 - present
- ❖ Clinical Instructor, 2005 - present
 - *Supervisor: Marsha Linehan, Ph.D.*
 - Served as co-leader of Dialectical Behavior Therapy skills training group for women with Borderline Personality Disorder in National Institute of Mental Health funded research project in the Behavioral Research and Therapy Clinics.
 - Served as a therapist in a component analysis of Dialectical Behavior Therapy funded by the National Institute of Mental Health.
 - Served as a therapist on a study of Dialectical Behavior Therapy for persons addicted to heroin funded by the National Institute of Drug Abuse.
 - Participated in weekly 2-hour training and consultation teams in Dialectical Behavior Therapy.
 - Supervised post-doctoral psychology fellows and psychology graduate students in Dialectical Behavior Therapy.

Behavioral Tech, LLC, Seattle, WA

- ❖ Trainer, 2004 - present
 - Trained and consulted to audiences of mental health professionals internationally in Dialectical Behavior Therapy.

University of Washington, Department of Psychiatry & Behavioral Sciences Seattle, WA

- ❖ Clinical Instructor, 1998 - present
 - Provided direct supervision to post-doctoral psychology fellows, psychiatry residents, and psychology interns.
 - On Dialectical Behavior Therapy Seminar faculty at Harborview Medical Center

Independent Practice of Psychology, Seattle, WA

- ❖ Licensed Psychologist, 1998 – 2002
 - Provided individual, couple, and family therapy for children, adolescents, and adults.

Children's Hospital & Regional Medical Center, Seattle, WA

- ❖ Attending Psychologist, 2001 – 2002 (6.5 hrs/wk)
 - Supervision of psychology and psychiatry residents in provision of individual, group, and family therapy for children and adolescents.

Child Study & Treatment Center, Lakewood, WA

- ❖ Program Director/Attending Psychologist, 1997 - 2001 (45 hrs/wk)
 - *Supervisor: Mary Lafond, CEO*

- Carried direct responsibility for 16 bed long-term older adolescent program in state psychiatric hospital for children, including oversight for clinical care, administration and budget of the unit. Coordinated and supervised clinical services provided by 29 FTE staff.
- Developed and evaluated unit milieu programs, and wrote quarterly quality improvement reports. Developed a computerized database to track the hospital's provision of various treatment services, and patient compliance with treatment.
- Active member of the allied professional staff. Attending level hospital privileges include individual psychotherapy, family therapy, group psychotherapy, supervision of staff psychologists, supervision of psychology students, provision of court testimony, mental status examinations, and writing of non-medical treatment orders.
- Coordinated and supervised hospital's forensic services. Developed protocol for use in juvenile forensic evaluations. Provided forensic evaluation services and court testimony. Reviewed legislation and served on workgroups related to juvenile forensic concerns.
- Set hospital policy as a member of the executive management team.
- Provided direct supervision to post-doctoral psychology fellows, psychiatry residents, and psychology interns. Provided in-house training and outreach on issues pertinent to childhood and adolescent psychopathology and its treatment, juvenile forensics, and the application of Dialectical Behavior Therapy in adolescent inpatient settings. Coordinated postdoctoral seminars in child and adolescent psychology and psychiatry.

RAMCO Consulting Services, Inc., Puyallup, WA

- ❖ Software Trainer, 1996 - 1997 (24 hrs/wk)
 - *Supervisor: Rose Ann McRoberts*
 - Provided instruction on Microsoft Windows® 95 operating system and Microsoft® Word word processing software to individual and corporate clients.

Pacific University, School of Professional Psychology, Forest Grove, OR

- ❖ Graduate Assistant, 1993 - 1994 (6 hrs/wk)
 - *Supervisor: Maryka Biaggio, Ph.D.*
 - Provided assistance with tracking and reviewing admissions applications.
 - Completed literature searches for research projects.

Family and Children's Service, Inc., Nashville, TN

All work done under supervision of State of Tennessee Licensed Clinical Social Workers.

- ❖ Family Service Worker I, 02/89 - 12/91
- ❖ Family Service Worker II, 01/92 - 08/92
 - *Supervisors: Marsanne C. Eyre, M.Ed., MSSW, LCSW
Judy Parks, MSSW, LCSW, Diplomate ABECSW*
 - Provided professional level outpatient counseling services to individuals, couples, and families in the core counseling program. Worked with clients presenting concerns such as adjustment disorders, schizophrenia, mood disorders, anxiety disorders (including post-traumatic stress disorder), sexual disorders, personality disorders, suicidality, homicidal ideation, and domestic violence. Provided court-ordered counseling (including probationary) related to child abuse, domestic violence, sexual offenses, embezzlement, and DUI.
 - Helped develop and lead psychotherapy and psychoeducational groups including interpersonal skill development, gay men's support groups, gay men's process-oriented groups, and general adult process-oriented groups.
 - Served as an intake counselor, providing crisis intervention, assessment of client needs and appropriateness for service, and information and referral. Trained incoming intake

staff and social work interns in administrative procedures and crisis intervention. Helped improve the tracking system for clients waiting for counseling appointments, and developed a computerized database for tracking the agency's information and referral base.

- Served on various committees, including Staff retreat committee, 1990, 1992 (1992 Chair); Study on computerization of centralized intake system; Long-range planning committee for Plays for Living, a community outreach program to families and youth, utilizing theater arts; Agency research committee; Planning committee for educational programs for Direct Service Workers; Committee to investigate and revise the agency's record keeping system.

St. Robert Bellarmine Church, Arabi, LA

- ❖ Organist, 1986 - 1988

Academy of the Holy Angels, New Orleans, LA

- ❖ Teacher and Choral Director, 1986 - 1988 (40 hrs/wk)
 - *Supervisor: Sr. Marie Noel, MSC, M.Ed.*

St. Cecilia School, New Orleans, LA

- ❖ Teacher, 1985 - 1986 (35 hrs/wk)
 - *Supervisor: James Bell, M.Ed.*

Our Lady of Seven Dolours Church, Welsh, LA

- ❖ Member of the Pastoral Staff, 1983 - 1984 (30 hrs/wk)
 - *Supervisor: Rev. Whitney Miller, M.Div.*

St. Joseph Seminary College, Library Circulation Department, St. Benedict, LA

- ❖ Student Supervisor, 1981 - 1982 (10hrs/wk)
 - *Supervisor: Jules Tate, MLS*

Presentations

Dialectical Behavior Therapy: Overview for Administrators. (March 13, 2009). Presented with Kate Comtois, Ph.D. for Behavioral Tech, LLC to Connecticut Division of Children and Families, Middletown, CT.

Skills Training in DBT: Intermediate Training. (March 11 & 12, 2009). 2 Day Course presented with Michael Hollander, Ph.D. for Behavioral Tech, LLC to Connecticut Division of Children and Families, Middletown, CT.

Individual Therapy in DBT: Intermediate Training. (March 9 & 10, 2009). 2 Day Course presented with Michael Hollander, Ph.D. for Behavioral Tech, LLC to Connecticut Division of Children and Families, Middletown, CT.

Dialectical Behavior Therapy: Overview for Administrators. (February 27, 2009). Presented for Behavioral Tech, LLC to British Columbia Ministry of Children and Family Development, Vancouver, BC, Canada.

Dialectical Behavior Therapy for Supervisors. (February 24 & 25, 2009). Presented with Laurence Katz, MD for Behavioral Tech, LLC to British Columbia Ministry of Children and Family Development, Vancouver, BC, Canada.

Dialectical Behavior Therapy Training and Consultation (January 21 – 23, 2009). Provided with Suzanne Witterholt, MD for Behavioral Tech, LLC to Prairie Ridge Treatment Center, Mason City, IA.

- Dialectical Behavior Therapy for Substance Use Disorders.* (November 6 & 7, 2008). Two day training with Linda Dimeff, Ph.D. for Behavioral Tech, LLC, Seattle, WA.
- Dialectical Behavior Therapy: Treating Adolescents with Multiple Problems.* 2 Day Course presented with Jennifer H.R. Sayrs, Ph.D. for Behavioral Tech, LLC. (October 22 & 23, 2008) Salt Lake City, UT (November 20 & 21, 2008), Portland, OR
- Advanced Training in Dialectical Behavior Therapy.* (September 22 – 26, 2008). 5 Day Course presented with Laurence Katz, MD for Behavioral Tech, LLC, to British Columbia Ministry of Children and Family Development, Vancouver, BC, Canada.
- Dialectical Behavior Therapy.* (September 15 – 19, 2008) DBT Foundations Training Course[®]. 5 Day Course presented with Alex Chapman, Ph.D. for Behavioral Tech, LLC, to British Columbia Ministry of Children and Family Development, Vancouver, BC, Canada.
- Dialectical Behavior Therapy Training and Consultation* (June 25 – 27, 2008). Provided with Jennifer H.R. Sayrs, Ph.D. for Behavioral Tech, LLC to Boulder County Mental Health Services, Boulder, CO.
- Skills Training in DBT: The Essentials.* (June 19 & 20, 2008). 2 Day Course presented with Shireen Rizvi, Ph.D. for Behavioral Tech, LLC, Portland, ME.
- Individual Therapy in DBT.* (May 1 & 2, 2008). 2 Day Course presented with Amy Wagner, Ph.D. for Behavioral Tech, LLC, Portland, OR.
- Skills Training in DBT: The Essentials.* (April 24 & 25, 2008). 2 Day Course presented with Ronda Reitz, Ph.D. for Behavioral Tech, LLC, Salt Lake City, UT.
- Dialectical Behavior Therapy: Treating Adolescents with Multiple Problems.* (March 13 & 14, 2008). 2 Day Course presented with Alec Miller, Psy.D. for Behavioral Tech, LLC, San Francisco, CA.
- Dialectical Behavior Therapy: Treating Adolescents with Multiple Problems.* (March 6 & 7, 2008). 2 Day Course presented with Adam Payne, Ph.D. for Behavioral Tech, LLC, Minneapolis, MN.
- Treating the Suicidal Adolescent: An Introduction to Dialectical Behavior Therapy.* (January 10 - 11, 2008) 2 Day Course presented with Jennifer H.R. Sayrs, Ph.D. to Loma Linda University Behavioral Medicine Center, Loma Linda, CA
- Strategies for Strengthening your DBT Program.* (November 15, 2007) Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), Philadelphia, PA
- Dialectical Behavior Therapy.* (October 2007 – October 2008) System Implementation 15 Day Course presented with Shari Manning, Ph.D. for Counties Manukau and Auckland District Health Boards, Auckland, New Zealand
- Dialectical Behavior Therapy: Treating Persons with Multiple Severe Disorders* (September 8, 2007) The Tree Group, Seoul, Republic of Korea
- Dialectical Behavior Therapy.* (August 2007 – September 2009) System Implementation 27 Day Course presented with Kate Comtois, Ph.D., Michael Hollander, Ph.D., & Elizabeth Dexter-Mazza, Psy.D. for Division of Children and Families, State of Connecticut, Harford, CT.

Dialectical Behavior Therapy for Borderline Personality Disorder: Implementation in Private Sector Settings (August 16, 2007) One day workshop presented with Marsha M. Linehan, Ph.D. for Division 12 of the American Psychological Association, San Francisco, CA

Dialectical Behavior Therapy. (May 28 – June 1, 2007) DBT Foundations Training Course[®]. 5 Day Course presented with Laurence Katz, MD for Behavioral Tech, LLC, Vancouver, BC, Canada.

Skills Training in DBT: The Essentials. 2 Day Course presented with Jennifer H.R. Sayrs, Ph.D. for Behavioral Tech, LLC,
(April 26 – 27, 2007) Cincinnati, OH.
(May 3 – 4, 2007) Milwaukee, WI
(May 17 – 18, 2007) Omaha, NE

Dialectical Behavior Therapy Training and Consultation (February 28 – March 2, 2007) Deschutes County, Bend, OR.

How to be a Skills Trainer in Dialectical Behavior Therapy. (December 7 – 8, 2006) 2 Day Course presented with Linda Dimeff, Ph.D. for Behavioral Tech, LLC, San Francisco, CA.

Grand Rounds: Dialectical Behavior Therapy (DBT) for Adolescents (December 1, 2006) University of Washington, Division of Child Psychiatry, Seattle, WA

Dialectical Behavior Therapy. (April – September 2006) DBT Intensive Training Course[®] 10 Day Course presented with Kathryn Korslund, Ph.D. for Behavioral Tech, LLC, Ann Arbor, MI.

Dialectical Behavior Therapy. (2005-2006) System Implementation 13 Day Course presented with Kate Comtois, Ph.D. for British Columbia Ministry of Children and Family Development, Vancouver, British Columbia, Canada.

Dialectical Behavior Therapy for Substance Use Disorders. (December 4 & 5, 2006). Two day training with Randy Wolbert, MSW for Behavioral Tech, LLC, Kalamazoo, MI.

DBT in the Private Sector (November 17, 2005). Presentation to the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), Washington, DC.

Dialectical Behavior Therapy for Borderline Personality Disorder. (October 25, 2005). One day training for Minnesota Association of Resources for Recovery and Chemical Health (MARRCH) Conference sponsored by Hazelden, Minneapolis, MN.

Skills Training in Dialectical Behavior Therapy. (September 23 & 24, 2005). Two day training with Robin McCann Ph.D. for Behavioral Tech, LLC, Phoenix, AZ.

Dialectical Behavior Therapy for Borderline Personality Disorder. (May 14, 2005). One day training for the Louisiana Psychological Association 2005 Annual Convention, Baton Rouge, LA.

Dialectical Behavior Therapy for Individual Psychotherapy. (September 14 & 15, 2004). Two day training for Behavioral Tech, LLC, Seattle, WA.

Treating the Multiple-Disordered Suicidal Patient. (September 13 & 14, 2004). Two day training with Marsha M. Linehan, Ph.D. for Behavioral Tech, LLC, Seattle, WA.

Keynote Address: Dialectical Behavior Therapy with Suicidal Adolescents. (September 12, 2003). Promising Strategies in Adolescent Mental Health. Jointly sponsored by Simon Fraser University and the Maples Adolescent Centre, Vancouver, British Columbia, Canada

Creating lives worth living: Dialectical Behavior Therapy (DBT) in the community of adolescents. (September 21 through November 2, 2000). Family and community education program at the Child Study & Treatment Center.

Applications of Dialectical Behavior Therapy with adolescents. (April 20 & May 18, 1999). University of Washington/Child Study & Treatment Center, Seminars in Child & Adolescent Psychology & Psychiatry.

Application of Dialectical Behavior Therapy in an adolescent residential treatment program. (February 10 & March 10, 1999) Ruth Dykeman Children's Center, Seattle, WA.

Juvenile forensic evaluations. (November 20, 1998). A presentation to the Postdoctoral Forensic Training Seminar of the Washington Institute for Mental Illness Research & Training, Western Branch, Lakewood, WA.

Self-understanding in a process oriented psychotherapy group for gay men. (June 8, 1997). A presentation to the Oregon Group Psychotherapy Society, Portland, OR.

The impact of HIV on the mental health of family/caring systems. (October 4, & November 1, 1994). SW Washington Health District HIV/AIDS Program, HIV Drop-in Support Group, Vancouver, WA.

A dialogue among the disciplines: How do we slice the mental health pie? (July 19, 1994). Coordinated and hosted a program with Tana Paget, MSW, including an Oregon State Senator and six leaders from the mental health community. Sponsored by the Student Association of the School of Professional Psychology, the Psychological Service Center, and the Division of Continuing Education of Pacific University, Portland, OR.

Issues specific to counseling gay male couples. (June 23, 1994). Guest speaker for GPSY803: Cross-cultural psychology (Dan McKittrick, Ph.D., instructor), School of Professional Psychology, Pacific University, Forest Grove, OR.

Staff training on AIDS/HIV Disease. (April 3, 1991). Family and Children's Service, Nashville, TN.

Staff training on homosexuality and homophobia. (February 13, 1991). Family and Children's Service, Nashville, TN.

Round-table discussion on child sexual abuse. (Spring 1990). Served as moderator for Direct Service Workers of Family & Children's Service, Nashville, TN.

Homosexuality and homophobia. (Fall 1988). Presented to a joint staff meeting of the counseling, testing and psychiatric staffs of the Department of Student Services, Tulane University, New Orleans, LA.

Writing/Research

Miller, A. L., Rathus, J. H., **DuBose**, A. P., Dexter-Mazza, E. T., & Goldklang, A. R. (2007) DBT for Adolescents. In L. A. Dimeff & K. Koerner (Eds.), *Dialectical Behavior Therapy in Clinical Practice: Adaptations across disorders and settings*, Guilford Press.

DuBose, A. P., & Linehan, M. M. (April 2005). Balanced therapy: How to avoid conflict, help 'borderline' patients. *Current Psychiatry*, 4(4), 13-26.

McClellan, J., McCurry, C., Snell, J., & **DuBose, A.** (1999). Early onset psychotic disorders: Course and outcome over a 2-year period. *Journal of the American Academy of Child and Adolescent Psychiatry*, 38(11), 1380-1388.

DuBose, A. P. (1996). *Self-understanding in a process oriented psychotherapy group for gay men*. Doctoral dissertation. Pacific University, Forest Grove, OR

Focus Group Facilitator. (July 18 & 19, 1995). SW Washington Health District HIV/ADS Program, Vancouver, WA. Gathered preliminary information on efficacy of community outreach programs.

DuBose, A. P. (Spring 1991). *A pilot study on the correlation of gender role with satisfaction in gay male couples*. Requirement for PSY 712, Tennessee State University, Nashville, TN.

Post-Doctoral Continuing Education

Ongoing training and supervision in Dialectical Behavior Therapy, University of Washington, Behavioral Research and Therapy Clinics, Seattle, WA, (September 2000- present)

Motivational Interventions for Substance Abuse, Mark B. Sobell, Ph.D., World Congress of Behavioral and Cognitive Therapies, Vancouver, BC, Canada, 7 clock hours (July 17, 2001)

Sexually Aggressive Youth, Tim Kahn, MSW, Secret Harbor School, Mt. Vernon, WA, 7 clock hours (September 13, 2000)

Dialectical Behavior Therapy, 1998-99 DBT Intensive Training Course®, The Linehan Training Group, Seattle, WA, 69.5 clock hours (September 24, 1998- April 12, 1999)

Postdoctoral Seminars in Psychiatry, Psychology, and the Law, The Washington Institute for Mental Illness Research & Training, Lakewood, WA, 24 clock hours (September 18, 1998- January 18, 1999)

Seminars in Child and Adolescent Psychology and Psychiatry, University of Washington, Child Study and Treatment Center, Lakewood, WA, 9 clock hours (July 28, 1998- May 18, 1999)

Explosive/Noncompliant Children & Adolescents: A New Conceptual and Practical Approach, New England Educational Institute, Ross Greene, Ph.D., Portland, OR, 6 clock hours (May 9, 1998)

Treating the Effects of Severe Trauma in Adults and Children: An Advanced Clinical Workshop, Donald Meichenbaum, Ph.D., Seattle, WA, 12 clock hours (April 23-24, 1998)

Postdoctoral Seminars in Psychiatry, Psychology, and the Law, The Washington Institute for Mental Illness Research & Training, Lakewood, WA, 42 clock hours (September 12, 1997- June 12, 1998)

Awards & Honors

- ❖ Pacific 150- One hundred and fifty distinguished alumni of Pacific University, University Sesquicentennial, 2000
- ❖ Governor's Blue Book of Excellence: *Governing for Results 5*, for service on the Child Study and Treatment Center Juvenile Forensic Service Evaluation Team, 1999

- ❖ Outstanding Employee, Statewide, Washington State Department of Social & Health Services, 1998
- ❖ Outstanding Employee, Region 5, Washington State Department of Social & Health Services, 1998
- ❖ Outstanding Employee, Child Study & Treatment Center, Lakewood, WA, 1998
- ❖ Recipient of Service Scholarship for intention to work with under-served populations, Pacific University, Forest Grove, OR 1993 - 1994
- ❖ Departmental Award- Outstanding Student in Guidance and Counseling, Loyola University New Orleans, 1988
- ❖ Chi Sigma Iota Counseling Academic and Professional Honor Society International, Chapter Secretary, Loyola University New Orleans, 1988
- ❖ Masonic Award for Honesty & Integrity, South Beauregard High School, Longville, LA, 1979

Professional Associations

- ❖ American Psychological Association
- ❖ Association for the Advancement of Behavior Therapy

Volunteer & Civic Activities

- ❖ Pacific University, School of Professional Psychology, Forest Grove, OR
 - Human Diversity Committee Student Representative, 1992 - 1994
- ❖ Tennessee Gay and Lesbian Alliance, Nashville, TN
 - Board of Directors, 1990
- ❖ Concert Choir of New Orleans, Inc., New Orleans, LA
 - Board of Directors Vice-president, Tenor Section Leader, 1985 - 1988
- ❖ NO/AIDS Task Force, New Orleans, LA
 - Trained as an HIV Counselor, 1988
- ❖ Up With Youth, HCA DePaul Hospital, New Orleans, LA
 - Group Leader, 1987
- ❖ Southeast Louisiana Hospital, Mandeville, LA
 - Student Volunteer, 1981 - 1983
- ❖ Forest Manor Nursing Home, Covington, LA
- ❖ Pianist for a musical troupe, 1980 - 1983