

Behavioral Tech, LLC Trainer Biosketch

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Professor Lynch is a research clinical psychologist and Professor of Clinical Psychology in the Mood Disorders Centre in the School of Psychology at the University of Exeter. He received his Ph.D. in clinical psychology at Kent State University (USA) and completed postdoctoral training at Duke University (USA). He was the Director of the Duke Cognitive Behavioral Research and Treatment Program and member of the Departments of Psychology and Psychiatry at Duke University from 1998-2007 and recently relocated to the University of Exeter. He has received five research grants from the National Institutes of Health (NIH USA), a National Alliance for Research on Schizophrenia and Depression (NARSAD) research award, an American Foundation for Suicide Prevention (AFSP) research award, and a John A. Hartford Foundation award. He currently is a Research Consultant/Adjunct Faculty at Duke University and was the Principal Investigator on two National Institute of Drug Abuse (NIDA R01s) of which data collection is ongoing at Duke University. One is a multi-site study of dialectical behavior therapy (DBT) for borderline personality disorder with opiate dependence in collaboration with Marsha Linehan (the developer of DBT). A NIH funded randomized controlled trial examining the efficacy of dialectical behavior therapy for emotionally constricted personality disorders has just been completed at Duke University (USA) and this work will continue at Exeter. He is a recipient of the John M. Rhoades Psychotherapy Research Endowment, is a Beck Institute Scholar, is a Grandfathered Fellow in the Academy of Cognitive Therapy, and has been an international trainer in DBT since 1996.