

## **Behavioral Tech, LLC Trainer Biosketch**

Kate Comtois is Associate Professor in the Department of Psychiatry and Behavioral Sciences and Adjunct Associate Professor in the Department of Psychology at the University of Washington (UW). She received her Ph.D. in clinical/community psychology from the University of Maryland in 1992. Dr. Comtois conducts research evaluating mental health and substance abuse treatment services provided prior or following suicidal behavior and dissemination of evidence based practices in large health systems. Her current studies evaluate the quantity, type, and quality of usual care services provided for suicidal behavior and co-occurring disorders (NIMH K01), treatment development of Dialectical Behavior Therapy to reduce suicidal behavior and increase employment among psychiatrically disabled patients (NIMH R34), and treatment development of brief outpatient treatment following a suicide-related hospital admission (Distinguished Investigator Award from the American Foundation for Suicide Prevention). She has also consulted on DBT research including modifying Multi-Systemic Therapy to include Dialectical Behavior Therapy interventions for co-occurring disorders in juvenile offenders and is co-investigator on Dr. Linehan's clinical trials of DBT. Dr. Comtois has directed a DBT program in community mental health for 11 years and been awarded once for this program and three times for her teaching and mentoring at UW. She trains and consults internationally on implementation of DBT in public mental health, children's services, substance abuse treatment, juvenile justice, and private practice.