

## **Behavioral Tech, LLC Trainer Biosketch**

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Jill H. Rathus, PhD, is Professor of Psychology at Long Island University/CW Post Campus in Brookville, New York, Director of the Family Violence Program at CW Post, and co-founder of Cognitive Behavioral Associates in Great Neck, New York, where she directs the Dialectical Behavior Therapy Program. She has developed and conducted programs in DBT for adolescents and adults as well as males referred for intimate partner violence, and received foundation and university funding to study and adapt DBT. She co-authored the primary text on adolescent DBT (*DBT with Suicidal Adolescents*, Guilford Press) and co-developed a new DBT skills module, *Walking the Middle Path*. She has also co-developed a DBT-informed treatment for youth exposed to trauma (Structured Psychotherapy for Adolescents Responding to Chronic Stress [SPARCS]), an approach now being evaluated widely. She serves as reviewer to several psychology journals, consults on treatment development, participates on National Institute of Mental Health grant review committees, and trains mental health professionals in DBT. Dr. Rathus received her undergraduate degree from Cornell University, completed her clinical internship at Albert Einstein College of Medicine/Montefiore Medical Center in Bronx, NY, and received her PhD from the State University of New York at Stony Brook. She has published dozens of peer-reviewed articles and chapters, most recently on DBT, adolescent suicidality, marital distress, and domestic violence. In addition to her book on DBT, she has published *Marital Distress – Cognitive Behavioral Interventions for Couples* (Jason Aronson); *Assessment of Family Violence – A Handbook for Researchers and Practitioners* (APA Press); *Assessment of Partner Violence – A Handbook for Researchers and Practitioners* (APA Press).