

Behavioral Tech, LLC Trainer Biosketch

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Elizabeth B. Simpson, M.D., clinical instructor in psychiatry at the Harvard Medical School, is Director of the DBT program at Massachusetts Mental Health Center (MMHC) in Boston. The MMHC offers partial hospital, outpatient, and residential DBT services to chronically mentally ill people diagnosed with borderline personality disorder. Previously, Dr. Simpson created and directed the Women's Partial Program at Butler Hospital in Providence, RI, an innovative 5-day DBT-based partial hospital program for women with personality disorders and other severe problems. As a clinician/administrator, she has a unique perspective on the relationship between behaviorally disordered individuals and the systems that treat them.