

Behavioral Tech, LLC Trainer Biosketch

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Dr. Shearin is currently Associate Professor at the American School of Professional Psychology located at Argosy University, Washington, DC, where he teaches Behavior Therapy and Dialectical Behavior Therapy (DBT) along with other graduate courses. He is also a senior trainer for Behavioral Tech. He has taught numerous DBT workshops as well as published several journal articles and book chapters on DBT and related topics. His work with Borderline Personality Disorder and severe psychopathology spans 21 years beginning in 1982 with graduate training at the University of Washington with Dr. Marsha Linehan. He spent five years at the New York Hospital-Cornell Medical Center where he became Senior Psychologist on the DBT inpatient unit. While at New York Hospital, he consulted with the Connecticut Department of Mental Health and its associated treatment sites during the initial phases of the state transition to DBT, and also maintained a private practice treating BPD patients. Prior to his move to ASPP in 1996, Dr. Shearin spent a year at the Baltimore VA Medical Center treating patients with personality disorder and substance abuse problems. At ASPP, he was director of the clinical psychology program from 2000 to 2002.