

Behavioral Tech, LLC Trainer Biosketch

Emily Cooney, Ph.D. received her doctoral degree and diploma in clinical psychology from the University of Otago, New Zealand, where she won awards for her masters and dissertation projects. Since completing her training, she has provided individual and group therapy to children, adolescents, and adults in the United Kingdom and New Zealand before taking a postdoctoral fellowship at the EBT Center of Seattle. Dr. Cooney has published a chapter on working with suicidal adolescents, and has served as a research therapist on two trials of DBT under Dr. Marsha Linehan at the University of Washington. Dr. Cooney has been a chartered clinical psychologist in Great Britain, in addition to a licensed psychologist in Washington State. She is currently working as research co-ordinator and clinical psychologist at an outpatient Child & Adolescent Mental Health Service in New Zealand. She is the principal investigator on a government-funded feasibility study comparing DBT with treatment as usual for self-harming adolescents, as well as PI on a small pilot study evaluating outcomes of a DBT skills training group for men with anger problems.