

Behavioral Tech, LLC Trainer Biosketch

Adam Payne, Ph.D.
Center for Cognitive and Dialectical Behavior Therapy
1981 Marcus Avenue
Suite C119
Lake Success, NY 11042

Adam Payne, Ph.D., received his doctorate in clinical psychology from the State University of New York at Stony Brook in 1996. Dr. Payne is a founding member of the Center for Cognitive and Dialectical Behavior Therapy (CCDBT). The CCDBT aims to provide effective, evidence-based, psychotherapeutic treatments for children, adolescents, and adults. The main office of this center is in Lake Success, NY on Long Island.

The cornerstone of the CCDBT is a program in Dialectical Behavior Therapy (DBT) for adolescents. Prior to the formation of the CCDBT, Dr. Payne served as the Clinical Coordinator of the Adolescent DBT Program at Schneider Children's Hospital. Beginning in 1999, his team developed a comprehensive Adolescent DBT program at Schneider Children's Hospital, part of the North Shore – Long Island Jewish Health System. Dr. Payne is an international trainer for Behavioral Tech, LLC. More locally, Dr. Payne has been an invited speaker to school districts and mental health settings to present information about the application of DBT to adolescent populations.

Dr. Payne also previously served as the staff psychologist of the Adolescent Treatment Team of the Child and Adolescent Day Hospital at Zucker Hillside Hospital. Prior to the formation of the CCDBT, Dr. Payne also maintained a faculty practice for treatment of children, adolescents, and adults within Zucker Hillside Hospital on Long Island.