



BEHAVIORAL TECH, LLC

Compassionate and scientifically valid treatments made available to every person with complex and severe mental disorders

Advanced Intensive Training In Dialectical Behavior Therapy (DBT) Seattle, WA: August 16-20, 2010

Behavioral Tech, LLC is pleased to offer an Advanced Intensive Training led by Marsha Linehan, Ph.D., ABPP and Shari Manning, Ph.D. This course is specifically designed for advanced practitioners of DBT. This workshop is designed only for those mental health professionals who are conducting individual DBT psychotherapy and have completed the 10-day Intensive Training course through Behavioral Tech, LLC. We invite you to take this training as an individual or with your team.

Dr. Linehan and Dr. Manning will teach the latest on topics that are the toughest and most relevant to individual psychotherapists (e.g., conducting a competent behavioral analysis including accurate problem definition, behavioral assessment and chain analysis). Time each day will also be spent in an actual consultation team. Teaching topics will be interwoven with role-plays and experiential practices that will strengthen participants' capacity to do specific DBT strategies.

Workshop Objectives:

To be determined by participants.

Course Instructors:

Marsha M. Linehan, Ph.D., ABPP, Treatment Developer & Master Clinician
Shari Manning, Ph.D.

Training Schedule:

8:00am - 8:30am	Registration, CE/CME Check-in, Continental Breakfast
8:30am - 12:00pm	Training
12:00pm - 1:15pm	Lunch (on your own)
1:15pm - 4:30pm	Training

Training Dates:

August 16-20, 2010

Training Location:

Lake Washington Rowing Club, 910 N. Northlake Way, Seattle, WA 98103

Application Fee:

\$50.00 for each individual. Application fees are non-refundable and are not a credit towards the tuition. Applications without application fees will not be considered.

Application Deadline:

The application deadline for this training is July 16, 2010. Notification of acceptance will be sent on a rolling basis but please allow time for review and processing. Applications will be prioritized in the order that they are received.

Application Submission:

The following two items must be mailed (in ONE envelope) or faxed, by July 16, 2010:

Behavioral Tech, LLC
Attn: Intensive Training Coordinator
2133 Third Avenue, Suite 205, Seattle, WA 98121
Fax: (206)675-8590

1. Individual Application
2. Application Fee (\$50.00 for each individual team member). If faxing be sure to complete the credit card information listed on the application.



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Continuing Education Credit Information:

This offering meets the requirements for the following hours by discipline. Licensing/continuing education requirements vary by state. Please contact your state's regulatory authority to verify if this course meets your licensing/continuing education requirements. Inquiries regarding CE for other disciplines not listed may be directed to Behavioral Tech at (206) 675-8588, x105 or via email at ceinfo@behavioraltech.org

Alcohol and Drug Abuse Counselors: Behavioral Tech, LLC is approved by the NAADAC – the Association for Addiction Professionals, Provider # 359. This activity is approved for **31** contact hours. Behavioral Tech will mail you a letter documenting your attendance upon successful completion of the activity.

Mental Health Counselors: Behavioral Tech, LLC is approved by the National Board for Certified Counselors to offer continuing education activities for National Certified Counselors. We adhere to NBCC continuing education guidelines, NBCC Authorization # 5885. This activity is approved for **31** credit hours. Behavioral Tech will mail you a letter documenting your attendance upon successful completion of the activity.

Nurses: Behavioral Tech is an approved provider of continuing nursing education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Behavioral Tech has allocated **31** contact hours for this activity and will mail a certificate of attendance upon 100% completion of this activity.

Psychiatrists: Behavioral Tech, LLC is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Behavioral Tech designates this educational activity for a maximum of **31** AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

At the end of the training, each M.D. must sign the provided NCR form. Keep the yellow copy & return the white copy to Behavioral Tech.

Psychologists: Behavioral Tech, LLC is approved by the American Psychological Association to offer continuing education for psychologists. Behavioral Tech maintains responsibility for the program and its content.

Behavioral Tech has allocated **31** hours of CE within APA guidelines. Behavioral Tech will mail you a letter documenting your attendance after successful completion of the program.

Social Workers: Behavioral Tech is an approved provider by the NASW, WA chapter, provider #1975-166. This workshop has been approved for **31** hours of CEUs. Certified Social Workers, Certified Marriage and Family Therapists, and Certified Mental Health Counselors are Eligible. Behavioral Tech will mail you a certificate of attendance upon 100% completion of the program.

Instructors:

Marsha M. Linehan, Ph.D., ABPP is a Professor of Psychology, Adjunct Professor of Psychiatry and Behavioral Sciences at the University of Washington and Director of the Behavioral Research and Therapy Clinics, a consortium of research projects developing new treatments and evaluating their efficacy for severely disordered and multi-diagnostic populations. Her primary research is in the application of behavioral models to suicidal behaviors, drug abuse, and borderline personality disorder. She is also working to develop effective models for transferring efficacious treatments from the research academy to the clinical community.

She has received several awards recognizing her clinical and research contributions, including the Louis I. Dublin Award for Lifetime Achievement in the Field of Suicide and the Distinguished Scientist Award from the Society for a Science of Clinical Psychology, American Psychological Association, as well as awards for Distinguished Research in Suicide (American Foundation of Suicide Prevention), Distinguished Contributions to the Practice of Psychology (American Association of Applied and Preventive Psychology), Distinguished Contributions for Clinical Activities, (Association for the Advancement of Behavior Therapy), Distinguished Scientific Contributions to Clinical Psychology (Society of Clinical Psychology) and Lifetime Achievement Award (Clinical Emergencies and Crises Section, American Psychological Association). She is the past-president of the Association for the Advancement of Behavior Therapy, fellow and president-elect of the Society of Clinical Psychology, American Psychological Association, a fellow of the American Psychopathological Association and a diplomat of the American Board of Behavioral Psychology.



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The treatment she has developed combines the technology of change derived from behavioral science with the radical acceptance, or "technology of acceptance," derived from both eastern zen practices and western contemplative spirituality. The practice of mindfulness, willingness, and radical acceptance form an important part of her treatment approach.

She has written three books, including two treatment manuals: Cognitive-Behavioral Treatment for Borderline Personality Disorder and Skills Training Manual for Treating Borderline Personality Disorder. She serves on a number of editorial boards, and has published extensively in scientific journals.

She is founder of Marie Institute of Behavioral Technology, a non-profit organization that owns the company she founded, Behavioral Tech LLC, a behavioral technology transfer group. With them she is actively involved in developing effective models for transferring efficacious treatments from the research academy to the clinical community.

Shari Manning, Ph.D is President and CEO of Behavioral Tech, LLC and Behavioral Tech Research, Inc. She has previously been a partner, clinician, and President of the South Carolina Center for Dialectical Behavior Therapy, PC, a private practice clinic that provides Intensive Outpatient and Outpatient DBT for Adults and Adolescents. Dr. Manning has been involved in grant-funded projects to research innovative ways of training therapists in Dialectical Behavior Therapy, Prolonged Exposure Therapy, and Interpersonal Psychotherapy. She has trained clinicians in DBT since 1993 and is a clinical supervisor at the Behavioral Research and Therapy Clinics, Dr. Marsha Linehan's clinic at the University of Washington, as well as at the Psychological Services Center at the University of South Carolina. Dr. Manning has extensive experience training and implementing DBT in public and private mental health, inpatient, outpatient, and correctional settings, and has written several articles and chapters on DBT.

**Faculty Disclosure Statement: Marsha M. Linehan, Ph.D., ABPP, and Shari Manning, Ph.D. are not affiliated with nor have any significant financial interest in any organization(s) that may have a direct interest in the subject matter of the presentation or may be co-sponsoring or offering financial support to the course.*

Behavioral Tech Policies Regarding Faculty Disclosure and Disclaimers

Conflict of interest definition

A conflict of interest may be considered to exist if a continuing education course faculty is affiliated with, or has any significant financial interest, in any organization(s) that may have a direct interest in the subject matter of the presentation or may be co-sponsoring or offering financial support to the course. Situations involving a potential conflict of interest are not inherently bad or wrong, but in accordance with standards for continuing medical education we would like you to be aware of the affiliation/financial interest of your instructors.

Faculty Disclaimer

When an unlabelled use of a commercial product, or an investigative use not yet approved for any purpose is discussed during an educational activity, we shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigative

Notice of requirements for successful completion

Participants must attend 100% of the training to receive a certificate of successful completion. This includes signing in and out each day of the event.

Commercial support or sponsorship

There is no commercial company support for this CME/CNE/CE event.

Noncommercial Sponsor Support

There is no noncommercial sponsor support for this CME/CNE/CE activity.

Non-Endorsement of Products

The Behavioral Tech approval status refers only to continuing nursing education activities and does not imply that there is real or implied endorsement of any product, service, or company referred to in this activity nor of any company subsidizing costs related to the activity.

Off-Label Product Use

This CNE activity does not include any unannounced information about off-label use of a product for a purpose other than that for which it was approved by the Food and Drug Administration (FDA).



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Advanced Intensive Training in Individual Dialectical Behavior Therapy (DBT) Application Form

Seattle, WA: August 16-20, 2010

Tuition: \$2750 (+\$50 non-refundable application fee) per person

Groups of 2 or more: \$2550 (+\$50 non-refundable application fee) per person
All group applications and fees must be received together.

This workshop has very limited capacity. Please apply early.
The tuition fee includes 5 days of training, continental breakfast and afternoon snacks each day.

Name: _____

Address: _____ Home Office

City, State, Zip: _____

Work Phone: _____ Home Phone: _____

Fax: _____ Email: _____ Yes! Sign me up on your email list

10-Day Intensive Training attended:

Dates: _____ City: _____ State: _____

Instructors: _____

To ease the application process, please attach a copy of your 10-Day Intensive Training certificate. If this is not possible, please ensure that the dates and location you list above are accurate.

Application fee:

(Please note: we are unable to accept purchase orders or American Express)

Check enclosed for \$ _____ **OR** Charge my credit card: Discover MasterCard VISA

Cardholder Name: _____

Card Number: _____ Exp. Date: _____

Signature: _____

Upon acceptance, each participant will receive a credit card form and invoice, if needed, for the tuition payment.

Check Occupation for CE/CME Credit:

Counselor Nurse Psychiatrist Psychologist SW Other: _____

Degree you would like listed on your certificate: _____



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Have you had supervision by a DBT expert? Yes _____ No _____

If so, by whom? How much? _____

Have you had session tapes reviewed? Yes _____ No _____

Do you have a personal mindfulness practice? If so, describe. _____

Are you a team leader? If so, what are the three greatest obstacles you face as a leader?

1. _____

2. _____

3. _____

If accepted, list four DBT didactic topics you would like to see covered in two hour training segments.

1. _____

2. _____

3. _____

4. _____

Once you have completed this application, please submit to Dena Gillette, Intensive Training Coordinator, via fax at 206.675.8590 or via mail to 2133 3rd Ave, Suite 205 Seattle, WA 98121.