

Transforming Difficult Moments in Therapy

Effective Strategies with **Dr. Marsha Linehan** and Other DBT Experts

Treating clients with multiple disorders is already difficult. When clients challenge therapists with severely dysfunctional behaviors it can become extremely difficult to continue with effective treatment. This training is designed to address difficult moments in therapy with effective and compassionate responses to problematic in-session client behaviors.



“I wish all my CE courses were like this.” “I loved how different activities got unlocked (felt like a computer game) and gave me a sense that I was accumulating skills and achieving something.” **“1:1 learning with Marsha Linehan: pure gold!”**



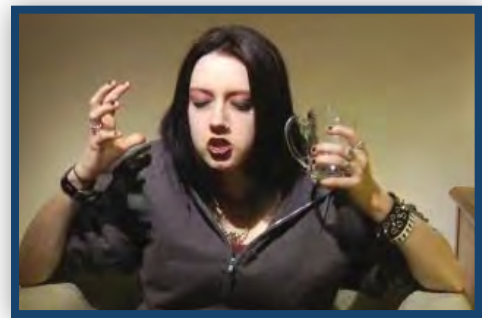
Learn from Marsha

Four hours of new content are taught by Marsha M. Linehan, Ph.D., ABPP in 10-minute, screen-cast video clips. After each screen-cast, new sections of the course unlock for interactive practice and application of techniques.



Practice Your Tone

Interactive practice of phrases, tones and styles are explored in a variety of scenarios with examples from eight DBT experts. Simulated client conversations guide your responses to decrease therapy interfering behaviors.



Apply Your Skills

Clinicians with a wide range of experience can immediately apply these strategies to their practice. Help clients more fully achieve their goals and reduce therapist burn out through effective and compassionate responses.



For more information visit www.behavioraltech.org/ol