

**MODEL DRUG ABUSE DBT CONSULTATION TEAM EMERGENCY LIST**  
**CONFIDENTIAL**

<b>Client Name/ Phone &amp; Address</b>	<b>Therapist</b>	<b>Current Meds.</b>	<b>Special Info.</b>	<b>Significant Other(s)</b>	<b>ER Note</b>
<b>Tran Vinh</b> (H) 850-XXXX, (W) 477-XXXX (Clinic VM) 606-XXXX 77 Flying Fish Lane Ocean Park, 45888	Dr. Jane Doe 850-XXXX	LAAM 70/70/110	Skills Coach: FF Group 1 (9/15) Weight: 110 lbs. Height: 5'2"	Sang Vinh, Mother, 989-XXXX Beau Brown, SO, 585-XXXX April Day, Rmmate, 850-XXXX	Hx. of suicide attempts x4 w/ high lethality – attempted to hang self in 4/96. Suicidal ideation continues high. <i>Focus on distress tolerance, particularly distracting (by reading, focusing on breath) when feeling despondent. Generate hope and emphasize self-validation: What she knows about herself and her accomplishments does not require acknowledgement of others (although would be nice).</i>
<b>Freddy Franklin</b> (W) 555-XXXX, (Pgr) 867-XXXX (Clinic VM) 606-XXXX 99 – 1 <sup>st</sup> Ave, Apt. #4, Big City, 45795	Dr. Jane Doe 850-XXXX	LAAM 90/90/140	Skills Coach: AB Group 1 (9/15) Weight: 210 lbs. Height: 5'7"	Farrah Franklin, Stepsister, 663-XXXX Flick Franklin, Father, 394-XXXX; at work (Franklin Ent.) 547-XXXX xt. 2	One suicide attempt by shooting bleach in 1990. Brother is dying of AIDS; also had older brother who committed suicide when he was in high school. Never grieved for this brother but is beginning to now w/ PTSD Exposure begun in 11/97. <i>Reorient him to Wise Mind and importance of focusing on his breath. Validate the pain of the grieving process and of PTSD Exposure, but also remind him of his vision of a peaceful life as the reward.</i>
<b>Alma Mae Martinez</b> (H) 754-XXXX, (CellP) 399-XXXX (Clinic VM) 606-XXXX 842 Sheridan Circle Meadowland, 45882	Dr. Frank Fair 551-XXXX	LAAM 100/100/150	Skills Coach: JD Group 2 (10/6) Weight: 140 lbs. Height: 5'4"	Amber Wellington, Daughter, 434-XXXX Beau Wellington, Ex-Husband, 822-XXXX	Hx. of OD x3, with most recent in 1995. Parasuicides by head-banging; most recent parasuicide 9/97. Sound of ex-husband's new girlfriend's voice is cue for parasuicide; generates sadness and grief. <i>Remind her that it is normal to experience sadness/grief when exposed to reminders of loss and requires time. Reasons for living: Grandchildren Mona (age 10) and Michael (age 3). Remind her of her desire to stay drug-free in order to gain the trust of her daughter (Amber) so she can see her grandchildren, and of her previous long-term successes in staying off drugs.</i>
<b>Layla Ludlow</b> (H) 229-XXXX, *(Pgr) 484-XXXX (Clinic VM) 606-XXXX 1440 Jones Rd SW #301, Jamestown, 45848 *Use Pager	Dr. Frank Fair 551-XXXX	LAAM 90/90/130	Skills Coach: AB Group 2 (9/15) Weight: 160 lbs. Height: 5'5"	Merry Moore, SO, 229-XXXX; at work 555-XXXX (Downtown Deli) Lucinda Oberto, Neighbor, 229-XXXX	Two suicide attempts: 1 OD using prescription meds in 1984, 1 via carbon monoxide poisoning, 12/96. Multiple parasuicides, mainly cutting on arms, with most recent on 1/30/97, requiring 5 stitches. Precipitant events-usually fights w/SO; fear of abandonment. <i>Remind her of 1-year commitment to therapy before deciding to give up on treatment and herself; validate difficulty of persevering in treatment. Encourage her to focus on recent successes in job and therapy.</i>
<b>Albert Newton</b> (H) 333-XXXX (Clinic VM) 606-XXXX P.O. Box 44 Lynnville, 45897 Mailing Address Only	Dr. Ann Bow 686-XXXX	LAAM 70/70/110	Skills Coach: FF Group 1 (9/15) Weight: 160 lbs. Height: 5'4"	No Information Available	No hx. of suicide attempts or parasuicide, but extensive history of accidental overdoses. Last OD in 8/97. Alcohol intoxication always precedes lethal use of other drugs. <i>Remind him that it is very hard to make effective decisions when intoxicated. Tell him his daughters, Myra (age 10) and Lucy (age 15) need him and that he needs to ensure his safety. Ensure medical safety by active problem-solving and environmental intervention, if necessary.</i>

DBT CLINIC ANSWERING SERVICE: 865-XXXX. PSYCHIATRIST'S VM: 606-XXXX. MEDICATION ROOM: 606-XXXX. ROOM RESERVATIONS: 606-XXXX. GROUP ROOM EXT: 606-XXXX. CLINICAL EMERGENCIES: DIRECTOR'S CELL PHONE (DAY): 934-XXXX; HOME (NIGHT/WEEKENDS): 439-XXXX OR ANSWERING SERVICE; ASST. DIRECTOR'S PAGER: 346-XXXX; ON-CALL CELL PHONE: 759-XXXX. CRISIS CLINIC: 694-XXXX (FOR CLIENTS); 694-XXXX (FOR CLINICIANS). COMMUNITY INFORMATION LINE: 694-XXXX. GENERAL HOSPITAL: 793-XXXX (SWITCHBOARD); 793-XXXX (ER). UNIVERSITY HOSPITAL: 619-XXXX (SWITCHBOARD); 619-XXXX (ER). COUNTY MEDICAL CENTER: 683-XXXX (SWITCHBOARD); 683-XXXX (ER). WEB SITE FOR DRUG LETHALITY: [OD@DBT.COM](mailto:OD@DBT.COM). DBT CLINIC PHONE THERAPIST NOTIFICATION OF MISSED APPOINTMENT OR VACATION: 606-XXXX.